



# C.O.R.E. CENTER

CONNECTING TO OPPORTUNITIES  
FOR RECOVERY AND ENGAGEMENT



The ***Wellness Communities*** throughout LA County offer a place for community members to gather, find resources, or participate in wellness activities. Support includes mental health, substance use, and general health and wellness resources. All activities are **FREE** and open to the community.

#### MENTAL HEALTH



Healing & Trauma Prevention activities include support groups, healing art workshops, classes, and resources to support the local community. Staff include a mental health expert so visitors can connect to mental health services and resources.

#### SUBSTANCE USE



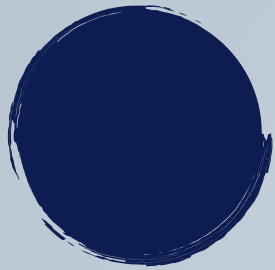
CORE offers a welcoming environment where visitors can ask questions about Substance Use Disorders (also known as addictions) and get connected to prevention and treatment services.

#### HEALTH & WELLNESS



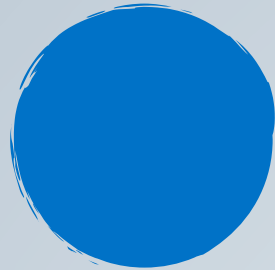
Health and wellness programs are designed to improve connections and health outcomes. In addition, clinic services such as immunizations are offered to those who do not have health insurance or a regular provider.

The C.O.R.E. Center is a part of the Department of Public Health/Substance Abuse Prevention and Control (SAPC). Our main goal is to educate, connect, and provide prevention services to LA County. We are a collaborative program located throughout the county. Services provided are completely free to the public.



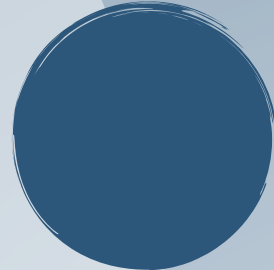
### Prevention

Information on alcohol and drug prevention, and community advocacy opportunities.



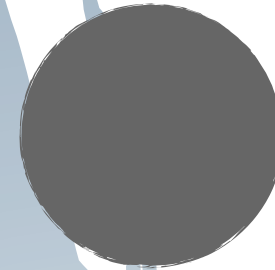
### Workshops

Presentations such as preventing teen substance use and vaping, understanding substance use disorders and treatment services, and recognizing signs of relapse.



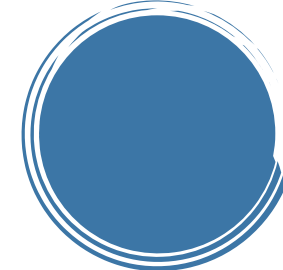
### Support

Peer-to-peer support for families of loved ones using alcohol or drugs.



### Opioid Overdose

Training on how to administer medication (naloxone) to reverse an opioid overdose.



### Screenings & Referrals

Screenings and referrals to no-cost treatment services for Medi-Cal and My Health LA clients.

# Who would benefit from the C.O.R.E. Center?

---

- At risk youth and teens
- People who want to learn more about substance use, abuse, prevention, and treatment.
- Individuals who need to be referred to substance abuse treatment programs.
- All members of the community.



# EDUCATIONAL WORKSHOPS

- SUBSTANCE USE IN YOUR COMMUNITY.
- BEING AT RISK FOR SUD
- HARM REDUCTION AND SYRINGE EXCHANGE PROGRAMS
- HEALTH CONSEQUENCES OF SUBSTANCE USE
- HOW TO TALK TO YOUR LOVED ONES
- RECOGNIZING AND RESPONDING TO AN OVERDOSE WITH NALOXONE
- RELAPSE PREVENTION AND HEALTHY COPING
- STIGMA AND SUBSTANCE USE DISORDERS
- TREATMENT AND HEALTHCARE FOR PEOPLE WITH SUD
- UNDERSTANDING THE CONNECTION BETWEEN SUD AND MENTAL HEALTH
- UNDERSTANDING THE RISKS OF CANNABIS
- YOUR TEEN AND SUBSTANCE USE
- YOUR TEEN AND VAPING.

**ALL CORE CENTERS ARE  
LOCATED INSIDE OF LA  
COUNTY PUBLIC HEALTH  
CENTERS.**

**CORE WEBSITE:**

[http://publichealth.lacounty.gov/sapc/  
public/corecenter/?lang=en](http://publichealth.lacounty.gov/sapc/public/corecenter/?lang=en)

**SPA 1**

**ANTELOPE VALLEY HEALTH CENTER**

<http://publichealth.lacounty.gov/chs/avwc/>

**SPA 3**

**POMONA CENTER FOR PUBLIC HEALTH**

<http://phwebstg/chs/pwc.htm>

**SPA 4**

**HOLLYWOOD-WILSHIRE HEALTH CENTER**

<http://publichealth.lacounty.gov/chs/hwwc.htm>

**SPA 6**

**MARTIN LUTHER KING, JR. CENTER FOR PUBLIC HEALTH**

<http://publichealth.lacounty.gov/chs/spa6/MLKHealingCenter.htm>

**SPA 7**

**WHITTIER PUBLIC HEALTH CENTER**

<http://publichealth.lacounty.gov/chs/wwwc.htm>

**SPA 8**

**CURTIS TUCKER HEALTH CENTER**

<http://publichealth.lacounty.gov/chs/ctccw.htm>

# SPA 1 CORE Center



## Antelope Valley Wellness Community

335-B E. Ave. K6  
Lancaster, CA 93535

*Diana Quintero*  
661-471-4803  
[dquintero@ph.lacounty.gov](mailto:dquintero@ph.lacounty.gov)

*Melissa Longjohn*  
661-471-4802  
[mlongjohn@ph.lacounty.gov](mailto:mlongjohn@ph.lacounty.gov)



# SPA 3 CORE Center



## Pomona Wellness Community

750 S. Park Ave.  
Pomona, CA 91766

*Xochilt Godinez*  
909-802-2664  
[xgodinez@ph.lacounty.gov](mailto:xgodinez@ph.lacounty.gov)

*Sonia Rodriguez*  
909-802-2609  
[srodriguez@ph.lacounty.gov](mailto:srodriguez@ph.lacounty.gov)





# SPA 4 CORE Center

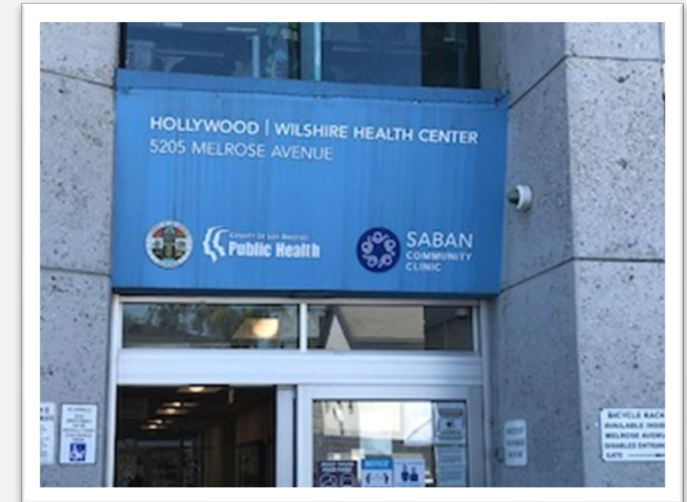


**Hollywood-Wilshire Wellness  
Community**

5205 Melrose Ave.  
Los Angeles, CA 90038

*Barbara LaBon*  
323-769-7842  
[blabon@ph.lacounty.gov](mailto:blabon@ph.lacounty.gov)

*Emilio Serrano*  
323-769-7884  
[emserrano@ph.lacounty.gov](mailto:emserrano@ph.lacounty.gov)



# SPA 6 CORE Center



## Martin Luther King, Jr. Healing Center

11833 S. Wilmington Ave.  
Los Angeles, CA 90059

*Luis Renteria*  
323-568-8188  
[lrenteria@ph.lacounty.gov](mailto:lrenteria@ph.lacounty.gov)



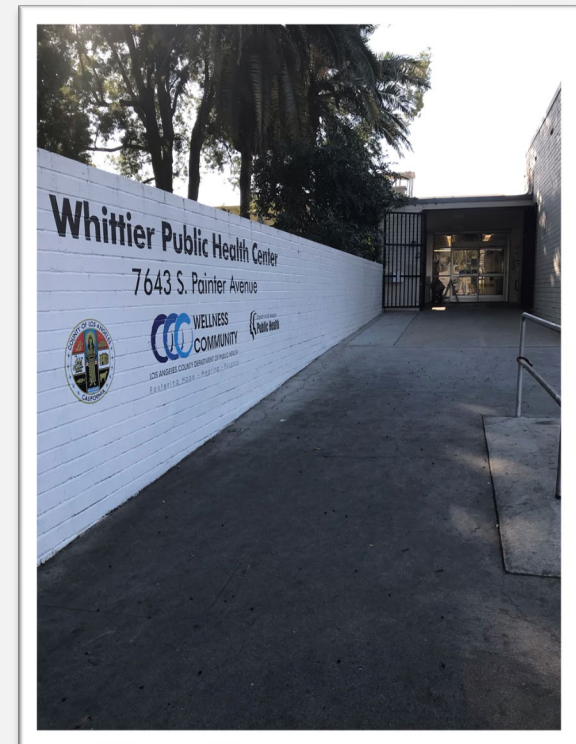
# SPA 7 CORE Center

## Whittier Wellness Community

7643 S. Painter Ave.  
Whittier, CA 90602

*Alma Romero*  
562-464-0052  
[aromero@ph.lacounty.gov](mailto:aromero@ph.lacounty.gov)

*Tracey Hill*  
562-464-2414  
[thill2@ph.lacounty.gov](mailto:thill2@ph.lacounty.gov)



# SPA 8 CORE Center

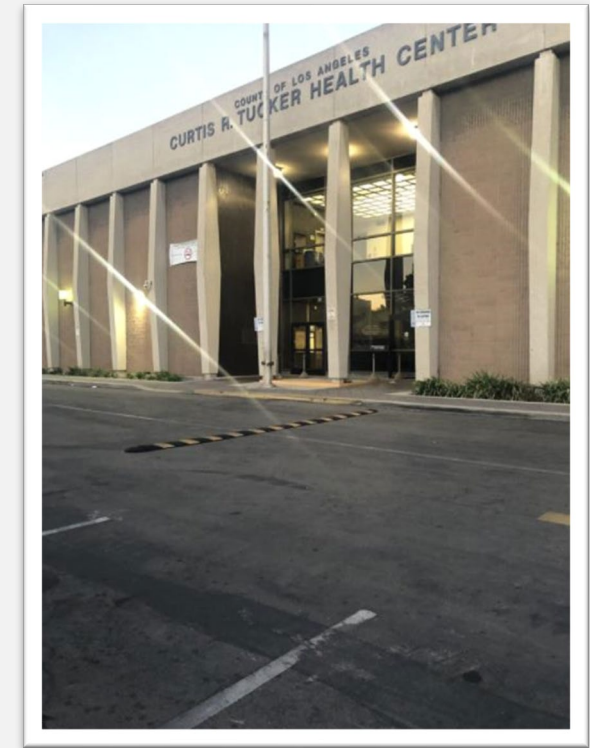


## Curtis Tucker Wellness Community

123 Manchester Blvd  
Inglewood, CA 90301

*Krystal Mousseau*  
310-330-1544  
[kmousseau@ph.lacounty.gov](mailto:kmousseau@ph.lacounty.gov)

*Steven Cagle Sr.*  
310-330-1541  
[scagle@ph.lacounty.gov](mailto:scagle@ph.lacounty.gov)





**THANK YOU**

