

Clinical Services Branch: Utilization Management & Quality Improvement Updates

Los Angeles County Department of Public Health All Provider Meeting November 7, 2023
Substance Abuse Prevention & Control



Agenda

- UM Auth Backlog Update
- Clinical Documentation Standards Reminder
- 30d / 60d Initial Engagement Authorizations
- Residential Re-Authorizations for Patients Experiencing Homelessness
- Bidirectional Referrals with Harm Reduction Agencies



UM Auth Backlog Update and Clinical Documentation Standards Reminder





Pending authorizations to be assigned

AUTH BLACKOUT LIFTED: 9/12/23

Date	Pending assignment for WM, Residential, RBH	Pending assignment for outpatient, IOP and OTP
9/18/2023	1721	1989
10/16/2023	1868	1249
11/3/2023	802	332



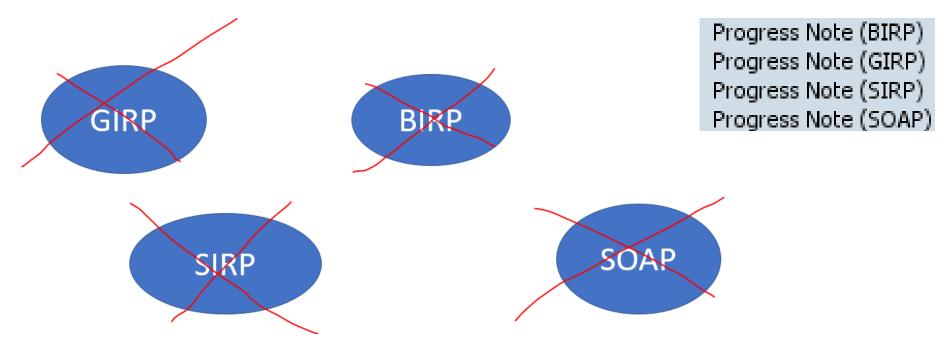
Clinical Documentation Reminder





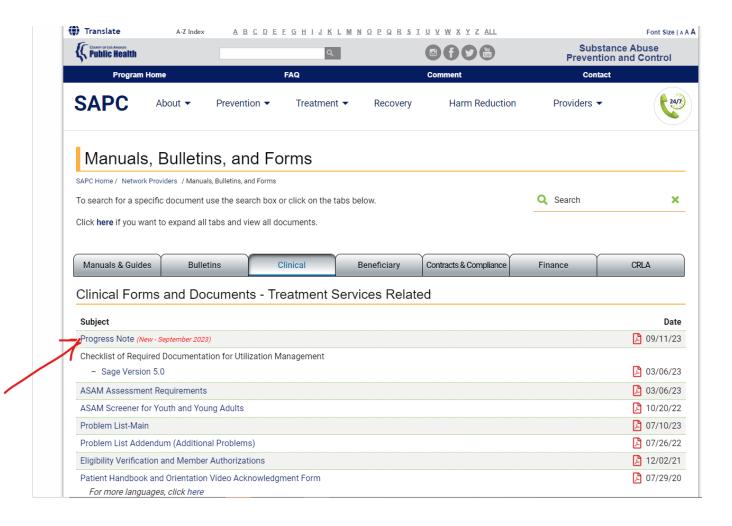
Progress Note

- For Primary Sage User, these providers will document in one single Progress Note.
- Secondary Sage User can continue to use their SAPC approved documentation.
- Secondary Sage Users onboarding period for Progress Note
- Tips for documenting in new Progress Note form
- Only "One" Form of Progress Note





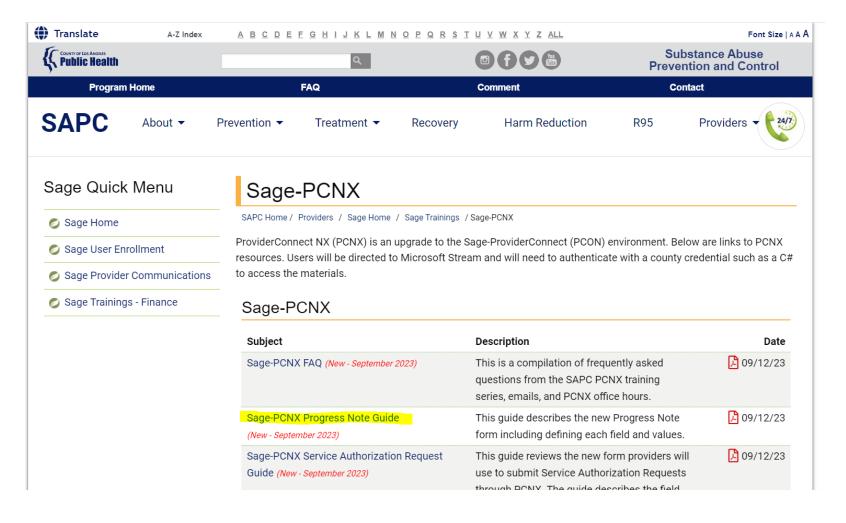
Please refer to the new form available on SAPC's website





For detailed instructions on completing the new Progress Note form please see the Sage-PCNX Progress Note Guide

http://publichealth.lacounty.gov/sapc/providers/sage/sage-pcnx.htm





Secondary Sage Users onboarding period for Progress Note

- Secondary Sage Users will need to work with SAPC to submit and have reviewed for approval a single Progress Note form.
- There will be a 60-day grace period starting from the lift of the blackout (9/12/23) during which SAPC will continue to accept documentation on a previously approved Misc. Note Template.
- Progress Note form submissions may be emailed to sapc.qi.um@ph.lacounty.gov for review.



Tips for documenting in new Progress Note form

*The following Service Types are options listed under the new Progress Note:

- Assessment
- Care Coordination
- Case Conference/Review
- Collateral Contact
- Consultation
- Contingency Mgmt- UDT Stimulant Positive
- Contingency Mgmt- UDT Stimulant Negative
- Counseling
- Discharge Planning/Summary
- Drug Testing
- Education
- Medical Necessity Justification
- Medication Handling/Safeguarding
- Med Services Admin and Observation
- Med Services- Training and Support
- Medication Services (MAT)
- Naloxone Handling/Distribution

- No Show
- Other
- Peer Services- BH Prevention Education
- Peer Services- Self- Help
- Peer Support Services-Plan of Care
- Prenatal Care, at risk assessment
- Problem List-Treatment PlanDevelopment/Review
- Recovery Services- Community support
- Recovery Services- Psychosocial Rehab
- Residential-Mental Health Services
- Residential-Physical Health Services
- Residential- Support Services
- Residential- Therapeutic Services
- Therapy
- Screening



Residential Re-Authorizations for Patients Experiencing Homelessness





Residential Re-Authorizations for Patients Experiencing Homelessness

- Patients experiencing homelessness at the time of admission to residential treatment are at increased risk of returning to problem substance use if they do not have a place to stay following discharge
- Providers should establish a housing plan for patients experiencing homelessness during their residential admission during the so that patients are discharged with a place to stay after discharge.
- SAPC recognizes that successful housing plans are more feasible for patients who are completing residential treatment as compared with patients who leave against treatment advice.



Residential Re-Authorizations for Patients Experiencing Homelessness

- SAPC Utilization Management criteria for approval of requests for continued residential admissions for patients experiencing homelessness who do not have a place to stay includes the following:
 - The patient's homelessness status is appropriately documented in CalOMS, on a current problem list finalized/signed by an LPHA (required every 30 days), and/or documented within the Patient's EMR
 - The patient agrees to ongoing residential admission and treatment
 - The provider has documented their efforts to establish a post-discharge housing plan for the patient
 - The above is documented within a (Medical Necessity Justification) Progress Note that is submitted alongside the request for residential level of care reauthorization

Discharge Planning for PEH



Within three (3) calendar days of admission, providers must initiate the following:

1. Develop a housing plan

2. Engage in Problem-Solving

- Identify options of maintaining current housing
- Identify immediate and safe housing alternative within patient's family.

3. Coordinated Entry System (CES)

- Conduct CES Triage Tools if patients have not completed one or existing information needs update
- CES Triage Tools are based on the Vulnerability Index Service Prioritization Decision Assistance Tool (VI-SPDAT)

4. Point of Contact in the Homeless Management Information System (HMIS)

5. Assist in Document Readiness

SAPC Provider Manual 7.0 pages 56-61



Reminder: Initial Engagement Authorizations for Non-Residential Levels of Care



Initial Engagement Authorizations for Non-Residential Levels of Care

- Submit a Full (Standard) Authorization When Medical Necessity Has Been Established
 - No need to wait 30/60d before submitting a full authorization request, but provides <u>flexibility for patients</u>
- For initial engagement authorizations prior to establishing medical necessity
 - Make explicit via designated PCNX radio button
 - Conduct an ASAM assessment when the patient is ready to participate, prior to submitting the auth request for the balance of the authorization duration



See DHCS Behavioral Health Information Notice (BHIN) 23-001:

http://www.dhcs.ca.gov/Documents/BHIN-23-001-DMC-ODS-Requirements-for-the-Period-of-2022-2026.pdf



Authorization Periods – Patients Aged 20 and Under or PEH



For NON-RESIDENTIAL SERVICES, initial authorizations for patients aged 20 and under and People Experiencing Homelessness (PEH) will be set at 60 days while they are being engaged and medical necessity is being established.



Initial 60-Day Engagement Authorization Period

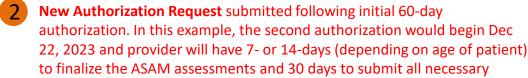
- Patient must be LA County Resident
- Must meet SAPC Financial Eligibility requirements
- Must meet age requirement of being 20 or under
- Documentation of homelessness status is required (if applicable)
- Does NOT need to meet medical necessity

Providers:

Should engage patient to try to complete ASAM
 assessment and establish medical necessity throughout
 the initial 60-day authorization, but if this is not possible,
 the timelines for ASAM assessments and establishing
 nedical necessity are the same as previously:

New Authorization Period – Approval Process Remains the Same

- 7- or 14-days to complete ASAM assessment upon the end of the initial 60-day authorization period depending on clients who are 21 and over (7-days) or aged 20 and under (14-days); and
- 30 days to submit all documentation to establish medical necessity and submit complete member authorization.



documentation to establish medical necessity, as per current requirements.

Total Authorization Length

- Outpatient Services* → 2 months for the initial authorization period for those aged 20 and under and PEH, and then 4 months for the new authorization once medical necessity is established (in this example, it would end on April 22, 2024)
- OTP Services** → 2 months for the initial authorization period for those aged 20 and under and PEH, and then 10 months for the new authorization once medical necessity is established (in this example, it would end on Oct 22, 2024)
 - *Total time will equal 6 months for outpatient services
 - **Total time will equal 12 months for OTP services



Authorization Periods – All Other Patients Aged 21 and Over Who Are Not Experiencing Homelessness

Dec 7, 2023 Nov 7, 2023 **Initial Engagement** New Authorization Period – Approval Process Remains the Same Authorization Period 30 days ASAM **Providers:** Should be engaging patient to try to complete ASAM Medical Necessity For NON-RESIDENTIAL SERVICES, initial assessment and establish medical necessity throughout authorizations for patients aged 21 and over the initial 30-day authorization, but if this is not possible, who are not experiencing homelessness will the timelines for ASAM assessments and establishing be 30 days while they are being engaged medical necessity are the same as previously: and medical necessity is being established. 7- or 14-days to complete ASAM assessment upon the end of the initial 60-day authorization period **Initial 30-Day Engagement Authorization Period** depending on clients who are 21 and over (7-days) • Patient must be LA County Resident or aged 20 and under (14-days); and • Must meet SAPC Financial Eligibility requirements 30 days to submit all documentation to establish Does NOT need to meet medical necessity medical necessity and submit complete member authorization.



New Authorization Request submitted following initial 30-day authorization. In this example, the second authorization would begin November 22, 2023 and provider will have 7- or 14-days (depending on age of patient) to finalize the ASAM assessments and 30 days to submit all necessary documentation to establish medical necessity, as per current requirements.

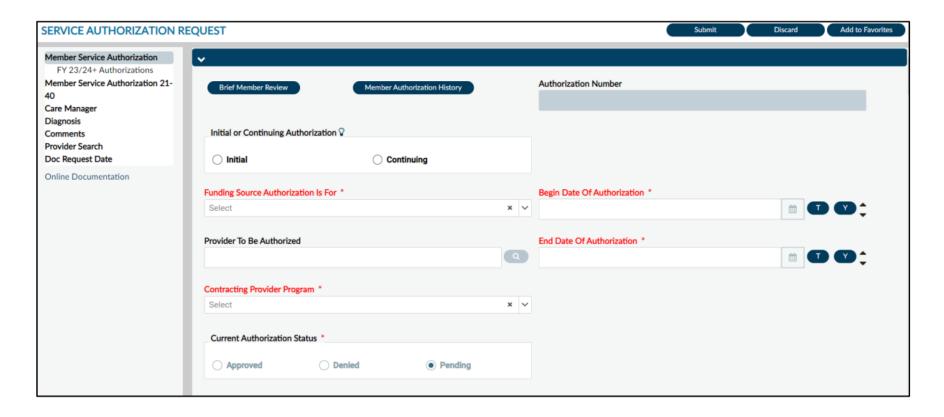
Total Authorization Length

- Outpatient Services* → 30 days for the initial authorization period for those aged 21 and over who are not homeless, and then 5 months for the new authorization once medical necessity is established (in this example, it would end on April 22, 2024)
- OTP Services** → 30 days for the initial authorization period for those aged 21 and over who are not homeless, and then 11 months for the new authorization once medical necessity is established (in this example, it would end on Oct 22, 2024)
 - *Total time will equal 6 months for outpatient services

^{**}Total time will equal 12 months for OTP services



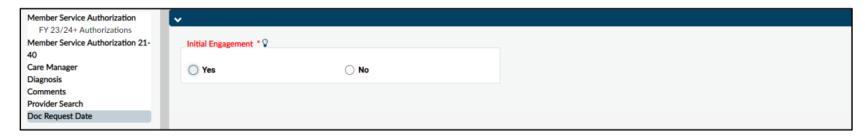
PCNX Authorization Requests



http://publichealth.lacounty.gov/sapc/providers/sage/sage-pcnx.htm Sage-PCNX Service Authorization Request Guide



PCNX Authorization Requests



Doc Request Date	
Initial Engagement	 Select Yes if the authorization is a Non-Residential initial authorization where the patient is in the initial assessment period and medical necessity has not yet been established.
	 Select No if This is a Residential Authorization This is a Withdrawal Management Authorization or Medical necessity has been established

http://publichealth.lacounty.gov/sapc/providers/sage/sage-pcnx.htm Sage-PCNX Service Authorization Request Guide



Lowering Barriers to Care
Bidirectional Referrals Between Harm
Reduction & Treatment Programs
R95 Capacity Incentives 2F-1 & 2F-2



Better Blending Treatment & Harm Reduction

- We know recovery is a continuum, but the separation and programmatic divide between treatment and harm reduction services is often wide and needs to be addressed to better match the continuum of SUD services with client experience.
- Better integrating treatment and harm reduction services within agencies is both a <u>cultural</u> and <u>operational</u> issue, with the cultural issue being the more challenging to address.
 - Achieving this goal will require addressing this from both angles and will require agency-level interventions on top of what SAPC focuses on given that agencies have different cultures and agency leadership know their culture best.
- Ingredients for culture change at the agency-level
 - 1. Knowing what we're dealing with Opening the door for discussions to explore staff thoughts/feelings around this topic (e.g., individual/supervision/staff meetings, office hours, etc.) --> **ESSENTIAL FOCUS!**
 - 2. Leadership making the end goal clear Aligning the agency and staff
 - 3. Evaluating progress How do we know when treatment and harm reduction service are more integrated?
 - 4. Adjusting approaches as needed Our evaluations will allow us to modify our interventions to more effectively achieve this integration



Harm Reduction Services



Harm Reduction Supplies Access



Syringe Exchange & Disposal



Naloxone and Test Strips



Medications for Addiction Treatment



Drop-In Centers



Linkage to Housing Services



Pharmacy Access



Referrals for Needed Services

- GOAL → Meeting people where they are, both figuratively and literally
 - While brick and mortar locations are needed, mobile services that go out to people who are unlikely to go to brick and mortar locations are also needed



HARM REDUCTION SYRINGE SERVICE PROGRAMS

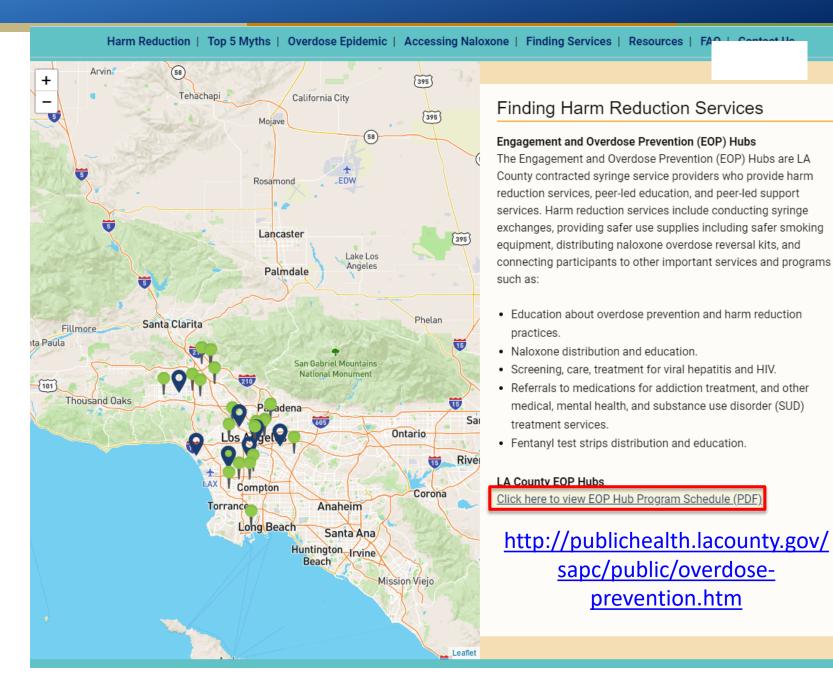
Harm Reduction Syringe Services Programs

Harm reduction syringe services programs provide access to naloxone, safer injection and smoking supplies, and education which:

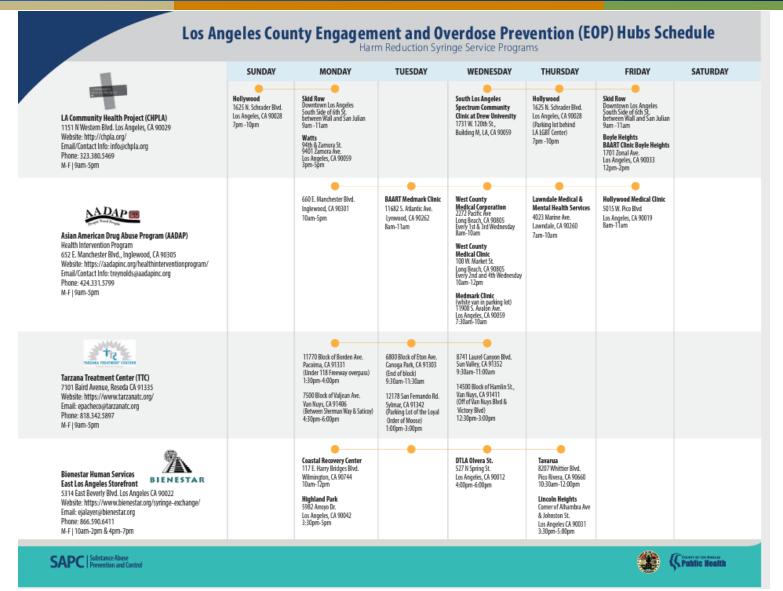
- Reduces the risk of fatal overdose
- Reduces the risk and spread of HIV infection
- Reduces the risk and spread of Hepatitis C
- Connects people to treatment and provides a gateway to recovery

Call to find out hours and days of operation.

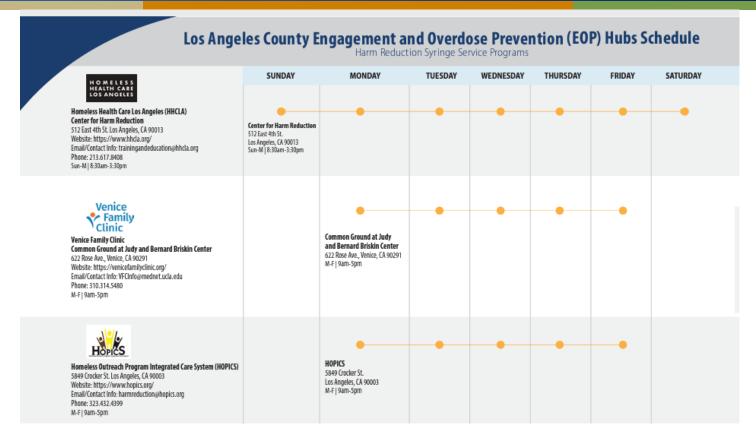












"Scheduled hours are subject to change without notice. Please contact the participating agency to confirm service hours and locations.

This program is supported in part by the County of Los Angeles, Department of Public Health. Please contact Substance Abuse Prevention and Control (SAPC) at harmreduction@ph.lacounty.gov







MOU: Required Components for Bidirectional Referrals Between Harm Reduction & Treatment Programs

1. Establish Clear Communication Protocols

Designated key points of contact with scheduled meetings

2. Defined Referral Pathway

Agreed-upon process for low-threshold initiation of services

3. Cross-Agency Training

Enhance mutual understanding of services

4. Information Security

Compliance with all applicable privacy regulations

5. Care Coordination

Ensure coordination of care for individuals served by each agency.

6. Service Recipient Feedback

 Feedback regarding participant experiences (evoking successes and information about barriers) is obtained and applied to quality improvement



Essential Contact Info

- For a specific authorization question, contact the care manager named in SAGE
- UM General number: (626) 299-3531 and email: <u>SAPC.QI.UM@ph.lacounty.gov</u>
- Netsmart Helpdesk for SAGE technical problems/questions: (855) 346-2392
- Phone Number to <u>file</u> an appeal: (626) 299-4532
- Providers or patients who have questions or concerns <u>after</u> receiving a Grievance and Appeals (G&A) Resolution Letter should contact the G&A number at (626) 293-2846

Clarification

Phone Number to <u>follow-up</u> with an appeal after receiving a resolution letter: (626)
 293-2846



Thank You!



"The opposite of addiction is not sobriety; the opposite of addiction is connection."

- Johann Hari