

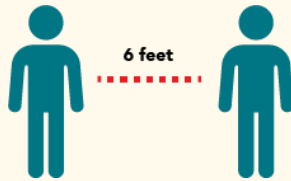
# THAI COMMUNITY

## What you need to know now about COVID-19

Los Angeles County is safely reopening in stages. As more businesses re-open, there are important things you should continue to do:



Wear a Cloth Face Covering



Practice Physical Distancing



Frequently Wash Your Hands



Self-isolation when sick & Self-quarantine when exposed

Are you concerned about going to the emergency room or calling 9-1-1 in an emergency?



### Emergency rooms and calling 9-1-1 is SAFE

Hospital emergency rooms are taking extra steps to make sure you stay safe.

Is what you're hearing from friends, family, and social media confusing?



### Remember, there is NO CURE for COVID-19

Talk to your doctor about any herbs or non-prescription drugs you are taking. Get your information from reliable places and avoid scams.

Do you have children?



### Keep your well-child appointments and get your children vaccinated for other diseases.

Your doctor's offices are taking extra steps to make sure you and your family stay safe.

# We are here to help

Interpretation services are available



## UNEMPLOYMENT CLAIM

- For help filing an unemployment claim, call the Employment Development Department: 1-800-300-5616 (English with Thai interpretation). For more information, call Asian Pacific Health Care Venture (<https://www.aphcv.org>): 323-644-3882 (say you speak Thai).

## EMOTIONAL AND MENTAL HEALTH SUPPORT

- Call the Los Angeles County Department of Mental Health's 24/7 Help Line: 1-800-854-7771 (Press 1) (English with Thai translation) or the Asian Pacific Counseling and Treatment Center (<https://www.apctc.org/contact-us.html>): 213-252-2100 (say you speak Thai).

## FOOD, HEALTH INSURANCE, AND CASH AID

- For help with CalFRESH, Medi-Cal, CalWORKS, or General Relief (<https://tinyurl.com/GenRef>), call Department of Public Social Services: 1-866-613-3777 (English with Thai interpretation) or Asian Pacific Health Care Venture (<https://www.aphcv.org>): 323-644-3882 (say you speak Thai).

## DOMESTIC VIOLENCE

- To get help, call the Center for the Pacific Asian Family (<https://tinyurl.com/DVThai>): 1-800-339-3940, 24-hours a day (say you speak Thai)

## HATE CRIMES

- To report a hate crime, go to: [www.a3pcon.org/stopaapihate](http://www.a3pcon.org/stopaapihate)