

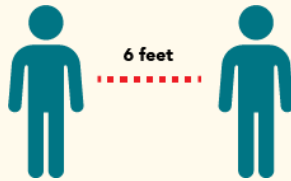
# CHINESE COMMUNITY

## What you need to know now about COVID-19

Los Angeles County is safely reopening in stages. As more businesses reopen, there are important things you should continue to do:



Wear a Cloth  
Face Covering



Practice Physical  
Distancing



Frequently Wash  
Your Hands



Self-isolate when sick &  
Self-quarantine when exposed

Are you concerned about going to the emergency room or calling 9-1-1 in an emergency?



**Emergency rooms and calling 9-1-1 are SAFE**

Hospital emergency rooms are taking extra steps to make sure you stay safe.

Is what you're hearing from friends, family, and social media confusing?



**Remember, there is NO CURE for COVID-19**

Talk to your doctor about any herbs or non-prescription drugs you are taking.

Get your information from reliable places and avoid scams (<https://tinyurl.com/ScamCHTrad>).

Do you have children?



**Keep your well-child appointments and get your children vaccinated for other diseases.**

Your doctor's offices are taking extra steps to make sure you and your family stay safe.

# We are here to help

Interpretation services are available



## **UNEMPLOYMENT CLAIM** (<https://tinyurl.com/unemplCHTrad>)

- For help filing an unemployment claim, call Employment Development Department: 1-800-547-3506 (Cantonese) and 1-866-303-0706 (Mandarin)

## **EMOTIONAL AND MENTAL HEALTH SUPPORT**

(<https://tinyurl.com/MentalHCHT>)

- Call the Los Angeles County Department of Mental Health's 24/7 Help Line: 1-800-854-7771 (Press 1, then 3, then 4 for 'Chinese').

## **FOOD, HEALTH INSURANCE, AND CASH AID**

- For help with CalFRESH, Medi-Cal, CalWORKS, or General Relief (<https://tinyurl.com/GenRef>), call the Department of Public Social Services: 1-866-613-3777 (say you speak Mandarin or Cantonese; hold times may be long)

## **DOMESTIC VIOLENCE**

- To get help, call the Center for the Pacific Asian Family (<https://tinyurl.com/DVCHTrad>): 1-800-339-3940, 24-hours a day (say you speak Mandarin or Cantonese)

## **CONFLICT RESOLUTION**

- For help, call the Asian Pacific American Dispute Resolution Center (APADRC): 1-213-250-8190 (say you speak Mandarin or Cantonese)

## **HATE CRIMES**

- To report a hate crime, go to: [www.a3pcon.org/stopaapihate](http://www.a3pcon.org/stopaapihate)