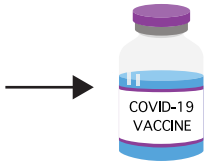




# COVID-19 Vaccines

## What Teens Need to Know



Ages 12 & up  
FULL DOSE

### CAN I GET A COVID-19 VACCINE?

**Yes! Anyone age 5 and older can get a Pfizer COVID-19 vaccine.**

- If you are 12 and older, you get the same Pfizer vaccine as adults. (Kids ages 5-11 get a version with a lower dose).
- The Pfizer COVID-19 vaccine is given as **2 doses 21 days apart**. It can be given at the same time as other vaccines.
- Vaccines are **free** for everyone. You don't need insurance and you will not be asked about your immigration status.
- If you are under 18, your parent or guardian needs to give consent.



### WHY GET VACCINATED FOR COVID-19

- Getting vaccinated is the best way to **protect yourself** from getting COVID-19.
- Most young people who get COVID-19 have mild or no symptoms. But even young, healthy people can get very sick or have lasting health problems if they get COVID-19.
- If you get COVID-19, you can spread the virus to others even if you don't feel sick. Help **protect your friends and family** by getting vaccinated.
- Getting vaccinated will make it safer to play sports, hang out with friends or travel to visit family. If you are fully vaccinated, you won't need to test to play sports. And you won't need to quarantine if you've been in contact with someone who has COVID-19.

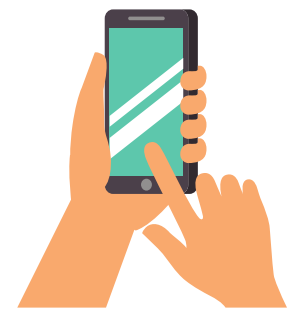


### WHERE CAN I GET A VACCINE?

COVID vaccines are available at many doctors' offices, clinics, schools, & pharmacies. Visit **VaccinateLACounty.com** to find a site near you. Make sure they have the Pfizer vaccine and ask how parent consent should be given.

Call the DPH Vaccine Call Center at **833-540-0473** if you need help finding a vaccine, need transportation to a site, or to request in-home vaccination if you are homebound. Open daily from 8am to 8:30pm.

Information is also available in many languages 24/7 by calling 2-1-1.





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## What Teens Need to Know

### WHAT ARE THE SIDE EFFECTS?

- Side effects are common and a sign that your immune system is **building protection**.
- They may include sore or red arm, feeling tired, fever, chills, headache or muscle ache. Not everyone will get them.



### ARE COVID-19 VACCINES SAFE?

- The Pfizer COVID-19 vaccine has been closely monitored and tested. It is safe and effective for teens. Since being authorized, more than **11 million 12 to 17-year-olds** have safely received the vaccine.
- Severe allergic reaction (anaphylaxis) can happen after any vaccine, including the COVID-19 vaccine - but this is **rare**.
- A small number of people, especially male teenagers and young adults have had inflammation of the heart (myocarditis and pericarditis) after getting a Pfizer vaccine. The condition is rare, and most cases are mild and respond well to treatment and rest. Your risk of myocarditis or other heart conditions is much higher if you get COVID-19.
- You **can't get COVID-19** from the vaccine. None of the vaccines have the virus that causes COVID-19.
- There is no evidence that the COVID-19 vaccine affects teenage development or your ability to have kids.

### BEFORE YOU GET VACCINATED

- Talk to your parent, guardian, or other trusted adult about the COVID-19 vaccine. Ask them any questions you may have.
- Be sure the vaccine clinic you are going to is giving the Pfizer vaccine.
- Don't forget about **parent consent**. Your parent or legal guardian will need to give their consent before you can get the vaccine.
- Get caught up on other vaccines. The COVID-19 vaccine can be given at the same time, before, or after other vaccines, such as HPV and flu.

