Cohorting describes the practice of grouping individuals together who have similar characteristics or levels of risk. Symptomatic/sick people can and should be cohorted with other symptomatic/sick people. People who are not sick and non-symptomatic but have been exposed to or in close contact with symptomatic/sick person(s) should be also be cohorted with other exposed but non-symptomatic. This protects others from getting sick in case the exposed person develops symptoms. Cohorting reduces transmission risks.

**Cohorting in Residential/Congregate Settings**

- **No symptoms** - Residents who have been exposed but have no symptoms.
  - **Clients**
    - In residential or congregate settings, clients who require quarantine should be separated from others for 14 days.
    - In nonresidential or non-congregate settings, clients should be sent home with QUARANTINE instructions and offered telehealth or telephone services, as available.
  - **Staff**
    - Home QUARANTINE for 14 days.
      - For critical shortages of essential workers, non-symptomatic staff may work with a mask during 14-day quarantine period AND self-monitor for fever and symptoms every 12 hours (including while at work).

- **Symptoms**
  - **Clients**
    - In residential or congregate settings, clients should be separated from those who have no symptoms or exposure until at least 10 days AND no fever for at least 3 days (72 hours) after recovery, defined as:
      - No fever without the use of fever-reducing medications;
      - Improvement in respiratory symptoms;
      - At least 10 days have passed since symptoms first appeared.
  - **Staff**
    - Home QUARANTINE for at least 10 days AND no fever for at least 3 days (72 hours) after recovery, defined as:
      - No fever without the use of fever-reducing medications;
      - Improvement in respiratory symptoms;
      - At least 10 days have passed since symptoms first appeared.

- **Exposed (exposed residents without symptoms)**
  - **Clients**
    - In nonresidential or non-congregate settings, clients should be sent home with ISOLATION instructions and offered telehealth or telephone services, as available.
  - **Staff**
    - Home QUARANTINE for 14 days.
      - For critical shortages of essential workers, non-symptomatic staff may work with a mask during 14-day quarantine period AND self-monitor for fever and symptoms every 12 hours (including while at work).

**Separation Details**

- **General Population**
- **High Risk** (> age 65, chronic medical conditions, pregnancy)

04/28/20 (English)