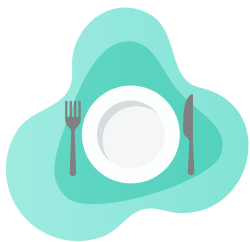




# Los Angeles County Senior Resource Guide



## The Los Angeles County and City Area Agencies on Aging

Providing free home-delivered meals for older adults age 60 and older who are impacted by the COVID-19 crisis.

**County AAA:** 1 (800) 510-2020

**LA City AAA:** 1 (213) 482-7252

**Meals on Wheels:** 1 (888) 998-6325



## Pharmacy delivery

Pharmacies offering free prescription medication deliveries on eligible prescription medications.

**CVS:** 1 (800) 237-2767

**Walgreens:** 1 (800) 797-3345

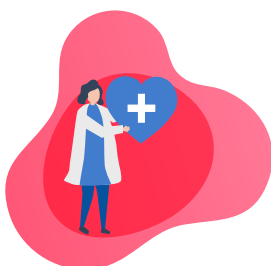
**Walmart:** 1 (800) 273-3455



## Healthcare

**Telemedicine** - Older adults who are managing chronic health conditions can stay in touch with their doctors' office through telemedicine. This enables doctors and patients to communicate over video, email or phone.

**Call your doctors' offices to check for telemedicine options.**



## Mental Health Services

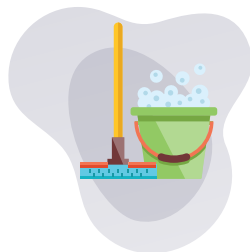
Los Angeles County Department of Mental Health, ACCESS Line. Available 24 hours/day and 7 days/week. Includes mental health screening, assessment, referrals and crisis counseling for those living in Los Angeles County.

**Call:** 1 (800) 854-7771 or **TEXT "LA"** TO 741741 or <https://locator.lacounty.gov/dmh>

**Mental Health Warm Line** - Provides telephone support services and live chat for those living in Los Angeles County.

**Monday -Friday:** 5 P.M. – 10 P.M. **Saturday-Sunday:** 11 A.M. – 4 P.M.

**English:** 1 (855) 952-9276 and **Español:** 1 (888) 448-4055



## Cleaning Supplies

Retailers Offering Delivery Services

**CVS:** [www.cvs.com](http://www.cvs.com)

**Walgreens:** [www.walgreens.com](http://www.walgreens.com)

**Target:** [www.target.com](http://www.target.com)

**Office Depot:** [www.officedepot.com](http://www.officedepot.com)

**Mrs. Meyer's Clean Day:** [www.mrsmeyers.com](http://www.mrsmeyers.com)

**Home Depot:** [www.homedepot.com](http://www.homedepot.com)

