

Outdoor Recreational Activities and COVID-19

Communities and individuals have raised many questions about whether certain outdoor activities are allowed as the County progresses through their recovery period. This set of frequently asked questions is designed to help answer some of the questions that have been raised related to outdoor recreational activities. This document will be updated as the county progresses through recovery and is permitted to expand on the activities that are currently allowed.

1. Can I attend an outdoor fitness or martial arts class at a community center or at the beach?

Fitness classes or martial arts classes like Zumba, Taekwondo, or Yoga that are held outdoors are permitted as long as there is appropriate physical distancing and the class is in compliance with the requirements outlined in the [Gym and Fitness Center](#) protocol. As much as possible, participants should wear their face coverings during activities. Martial Arts classes must be limited to non-contact skills training. No tournaments are allowed.

2. Are tandem hang-gliding, sky diving, or bungee jumping experiences allowed?

At this time only solo experiences are allowed. Instructors can provide information and guidance but cannot participate in the actual experience along with the client. Instructors and clients must wear face coverings and maintain physical distancing as much as possible while reviewing safety information or providing general instruction. Staff may come closer to clients as needed in order to ensure that the client is appropriately harnessed and to do other necessary safety checks. Face coverings are not required during the actual experience itself.

3. Can I participate in paintball activities?

This activity is currently not allowed. Paintball is an activity that may encourage close contact and team interaction among participants during play. There's concern that social distancing and infection control cannot be maintained at the levels needed to reduce the spread of COVID-19 in these spaces

4. Is snorkeling, scuba diving and free diving allowed from public beaches?

Yes, these activities are allowed. Be sure to comply with posted guidance related to [beaches](#). You must maintain at least six feet of physical distance from individuals that are not members of your household both in and out of the water.

5. Are skate parks currently allowed to be open?

Yes, these parks are allowed to be open. An organization overseeing these facilities may decide to keep the facility closed if they feel they do not have adequate staff or resources (e.g. signs providing guidance) to maintain infection control processes or ensure physical distancing.

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6. Are lawn games like Bocce ball and lawn bowling allowed?

Yes, these activities are allowed as long as participants maintain 6 feet of distance from non-household members at all times and use face coverings. Players should avoid sharing equipment or should sanitize the equipment before use by another player. No tournaments are allowed and no more than 4 players are allowed on the court or “green” at a time.

7. Can I charter a boat or take 1:1 sailing lessons?

A boat can be chartered in compliance with the public health guidance on [small water vessel charter](#) guidance which is posted. Sailing lessons may occur as long as both the student and instructor are wearing face coverings and maintain 6 feet of physical distancing and comply with the other restrictions noted in the water vessel charter guidance document noted above.

7. Who can I contact for more information?

If you have any questions, please contact 211 for assistance.

