# Los Angeles County Preconception Health Collaborative: Promoting Health through the Life Course



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#### Thank you to

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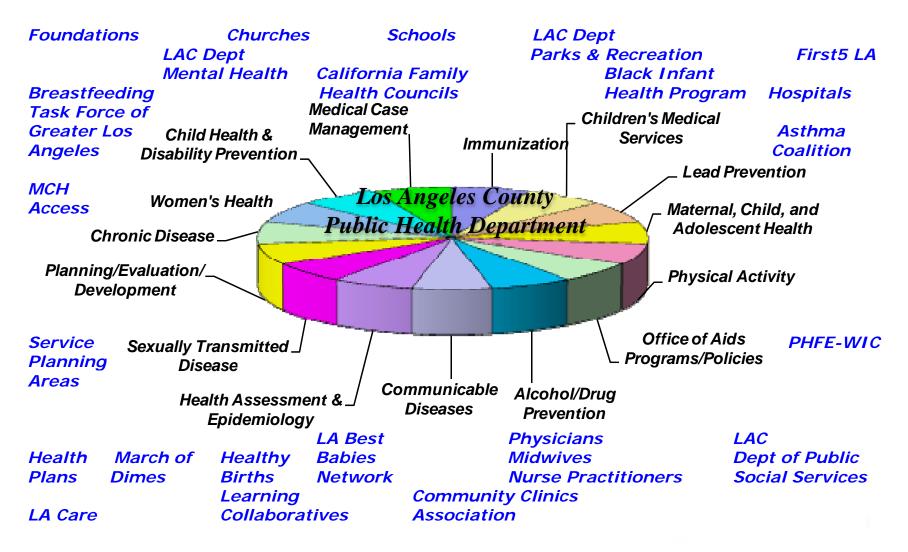
## Today's Presentation

- Los Angeles County Preconception Health Collaborative
  - Collaborative activities
  - Sustainability





#### Los Angeles County Preconception Health Community Profile



# Los Angeles County Preconception Health Collaborative

California Family Health Council LA Best Babies Network LA County Department of Public Health March of Dimes PHFE – WIC Program Perinatal Advisory Council – Leadership, Advocacy, and Consultation VA Greater Los Angeles Healthcare System

















# Los Angeles Preconception Health Collaborative Activities

- Workforce development
- Interconception care case management
- Integration with family planning clinics
- Community engagement
- Data development and evaluation
- Care Quality Improvement





## Workforce Development

- PH employees and community
- Preconception health knowledge base



The ABCDE'S to Envisioning a Healthy Future

A Guide to Preconception Health

Integrate preconception health into practice





# WIC Offers Wellness "WOW" Program









# Integrate Preconception Health into Title X Family Planning Clinics

- Assessed preconception care services by Title X clinics in Los Angeles, Yolo, and San Francisco counties
- Shared best practices and training opportunities with Title X family planning clinics in California
- California Title X clinics to offer reproductive life planning to all women served by 2012







# Community Engagement

- Palm cards, posters, and DVDs
  - *I Want my 9 Months*
  - Don't U Dare
  - Are You Ready for a Makeover?
  - Nine Questions to ask Before Becoming Pregnant
  - Folic Acid is Good for Me / Folic Acid is Good for Us





- Policy Briefs
- Reproductive Life Plan Toolkit





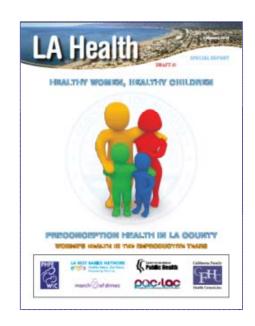






## Data Development and Evaluation

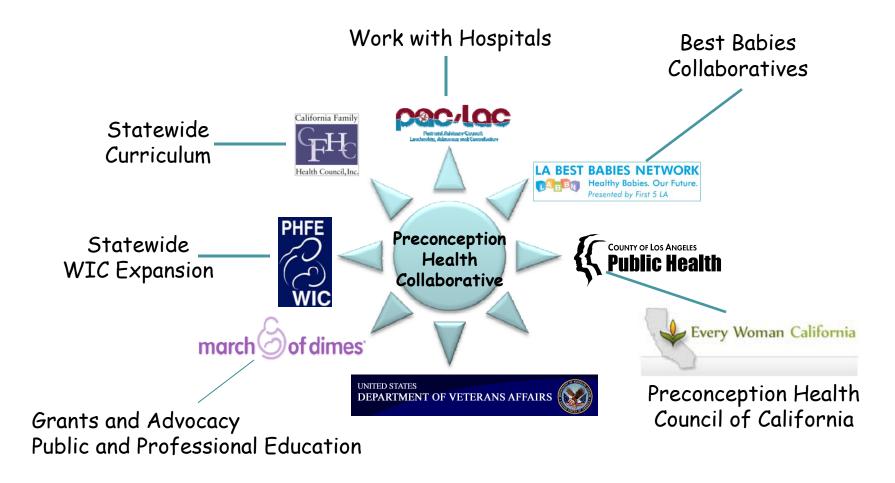
- Preconception Health Data Brief
  - Define preconception health indicators
  - Engage community
- Evaluation Matrix
  - Assess impact of efforts to improve local preconception health
  - Bench mark against Healthy People goals







## Spheres of Influence







## Sustaining Collaborative Efforts

