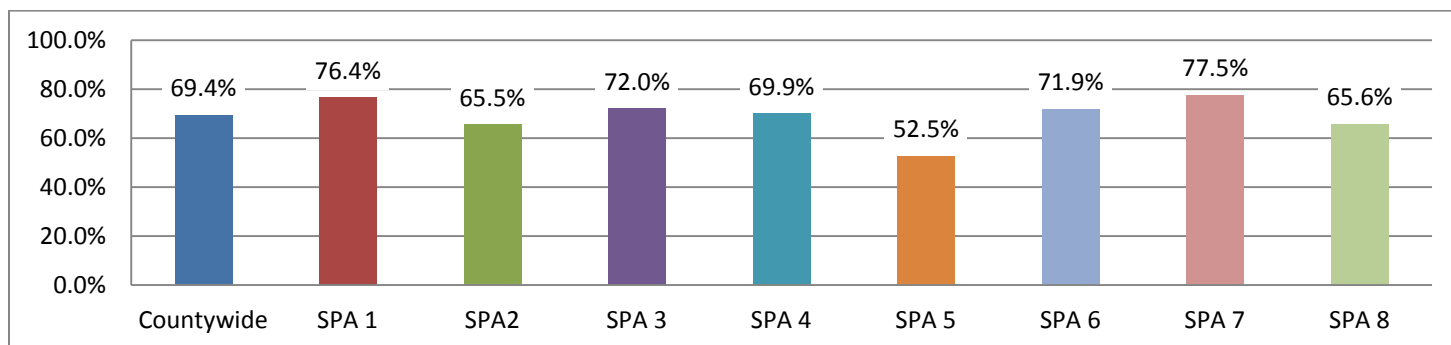


# Preconception Health Behaviors and Experiences: No health counseling

The 2010 LAMB Survey asked mothers if, during the six months before they got pregnant with their new baby, they talked to a doctor, nurse, or other health care worker about how to prepare for a healthy pregnancy and baby.

## A. By Service Planning Area (SPA)



## B. By Maternal Characteristic (%)

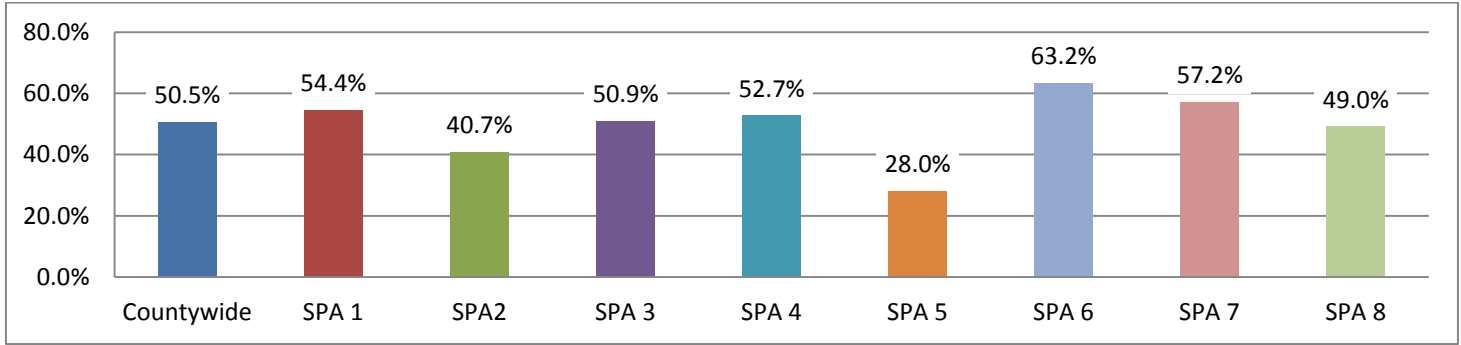
		%	95% CI		Survey Respondents	Estimated County total
<b>Countywide</b>		69.4	67.8	71.0	4,407	91,891
<b>Race/Ethnicity</b>	White	53.6	50.6	56.6	1,005	12,541
	Hispanic	76.3	74.1	78.6	1,675	61,894
	Black	66.0	62.6	69.3	768	6,980
	Asian/PI	60.9	57.7	64.1	748	9,647
<b>Maternal Age</b>	<20 Years old	78.9	76.4	81.4	1,082	9,094
	20-24 years old	78.9	75.2	82.6	681	20,151
	25-34 years old	67.8	65.5	70.1	1,894	46,496
	35+ years old	60.5	57.0	64.1	750	16,149
<b>Household Income</b>	<\$20,000	77.5	74.6	80.3	1,360	30,407
	\$20,000-\$39,999	78.7	75.2	82.2	829	19,890
	\$40,000-\$59,999	69.0	63.5	74.6	399	8,084
	\$60,000-\$99,999	53.4	48.6	58.2	459	7,551
	\$100,000 and more	42.5	38.7	46.3	477	7,414
<b>Marital Status</b>	Married	61.3	59.0	63.6	2,014	45,099
	Never Married-Living together	77.7	74.8	80.6	1,358	29,448
	Unmarried/Not living with partner	84.1	81.3	86.9	991	16,227
<b>Education</b>	Less than High School	78.9	75.7	82.1	936	25,076
	High School	78.3	75.1	81.4	1,089	24,726
	Greater than High School	61.1	58.9	63.3	2,243	40,471
<b>Birth Outcome</b>	Preterm	60.9	55.0	66.8	366	7,604
	Low Birth Weight	56.3	49.6	63.0	270	5,571

Note: Unmarried/Not living with a partner includes divorced, widowed, separated and never married living apart.

# Preconception Health Behaviors and Experiences: Not taking a multivitamin

The 2010 LAMB Survey asked mothers how many times a week they took a vitamin pill with folic acid or multivitamins during the month before they got pregnant with their new baby.

## A. By Service Planning Area (SPA)



## B. By Maternal Characteristic (%)

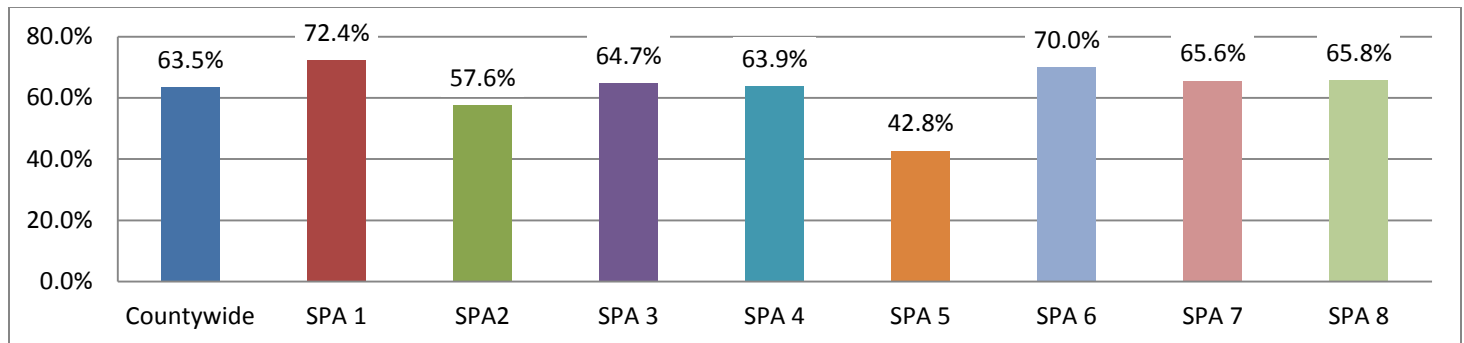
		%	95% CI		Survey Respondents	Estimated County total
<b>Countywide</b>		50.5	48.7	52.2	3,163	66,418
<b>Race/Ethnicity</b>	White	25.6	23.2	28.1	565	5,992
	Hispanic	59.2	56.5	61.8	1,361	47,567
	Black	54.8	51.3	58.3	603	5,813
	Asian/PI	41.4	38.2	44.6	509	6,555
<b>Maternal Age</b>	<20 Years old	72.1	69.3	74.8	978	8,356
	20-24 years old	69.1	64.9	73.4	583	17,574
	25-34 years old	45.6	43.0	48.2	1,215	31,141
	35+ years old	35.5	31.8	39.3	387	9,347
<b>Household Income</b>	<\$20,000	65.8	62.5	69.1	1,169	25,567
	\$20,000-\$39,999	57.3	53.0	61.5	582	14,401
	\$40,000-\$59,999	45.3	39.2	51.4	242	5,298
	\$60,000-\$99,999	25.1	21.0	29.2	233	3,511
	\$100,000 and more	17.0	14.2	19.8	190	2,968
<b>Marital Status</b>	Married	38.5	36.2	40.9	1,182	28,173
	Never Married-Living together	65.0	61.7	68.3	1,107	24,371
	Unmarried/Not living with partner	67.4	63.3	71.5	844	13,119
<b>Education</b>	Less than High School	63.6	59.6	67.5	807	19,831
	High School	66.6	62.9	70.2	921	21,102
	Greater than High School	36.9	34.6	39.2	1,353	24,331
<b>Birth Outcome</b>	Preterm	49.9	43.9	55.9	295	6,184
	Low Birth Weight	47.3	40.6	54.3	220	4,586

Note: Unmarried/Not living with a partner includes divorced, widowed, separated and never married living apart.

# Preconception Health Behaviors and Experiences: Lack of folic acid knowledge

The 2010 LAMB Survey asked mothers for the primary reason health experts say they should take folic acid before and during pregnancy.

## A. By Service Planning Area (SPA)



## B. By Maternal Characteristic (%)

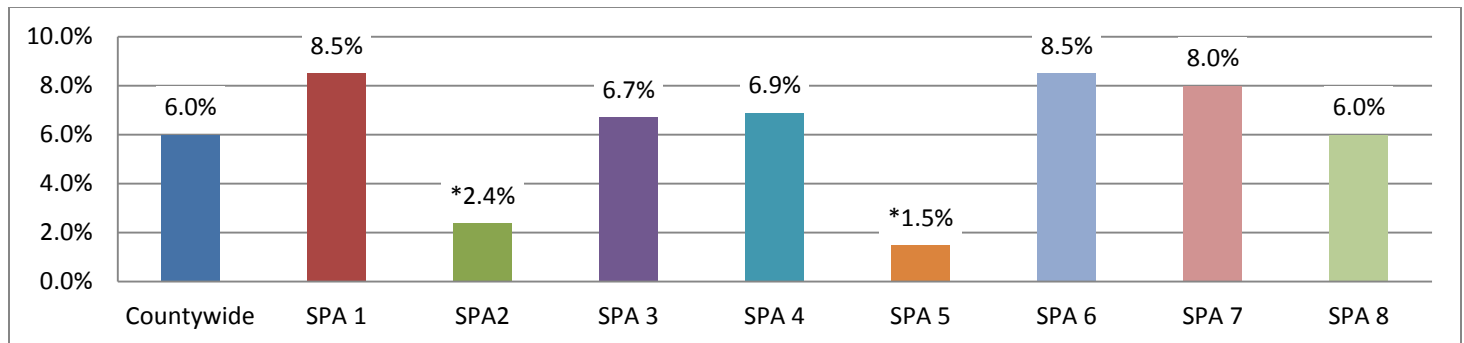
		%	95% CI		Survey Respondents	Estimated County total
<b>Countywide</b>		63.5	61.7	65.2	4,123	82,374
<b>Race/Ethnicity</b>	White	44.4	41.4	47.3	831	10,289
	Hispanic	69.8	67.3	72.4	1,605	55,249
	Black	74.6	71.6	77.6	823	7,752
	Asian/PI	52.7	49.4	56.0	651	8,265
<b>Maternal Age</b>	<20 Years old	88.5	86.6	90.5	1,172	9,993
	20-24 years old	78.5	74.6	82.4	672	19,640
	25-34 years old	59.6	57.1	62.1	1,696	40,326
	35+ years old	48.0	44.2	51.8	583	12,414
<b>Household Income</b>	<\$20,000	75.4	72.3	78.5	1,387	28,871
	\$20,000-\$39,999	66.2	62.0	70.4	723	16,487
	\$40,000-\$59,999	57.4	51.3	63.5	329	6,570
	\$60,000-\$99,999	43.2	38.5	47.9	383	6,077
	\$100,000 and more	35.5	31.7	39.2	379	6,158
<b>Marital Status</b>	Married	52.8	50.4	55.2	1,745	38,324
	Never Married-Living together	76.3	73.2	79.4	1,351	27,969
	Unmarried/Not living with partner	78.4	74.6	82.1	980	14,974
<b>Education</b>	Less than High School	77.5	73.9	81.0	976	23,535
	High School	74.3	70.7	77.9	1,102	22,900
	Greater than High School	52.1	49.7	54.4	1,907	34,254
<b>Birth Outcome</b>	Preterm	66.6	60.8	72.4	397	8,074
	Low Birth Weight	63.6	57.0	70.3	293	6,121

Note: Unmarried/Not living with a partner includes divorced, widowed, separated and never married living apart.

# Preconception Health Behaviors and Experiences: Did not have enough money for food

The 2010 LAMB Survey asked mothers if they had ever eaten less than they felt they should because there wasn't enough money to buy food in the six months before their pregnancy.

## A. By Service Planning Area (SPA)



## B. By Maternal Characteristic (%)

		%	95% CI		Survey Respondents	Estimated County total
<b>Countywide</b>		6.0	5.2	6.9	397	8,027
<b>Race/Ethnicity</b>	White	2.5	1.6	3.3	66	577
	Hispanic	7.2	5.8	8.6	164	5,850
	Black	9.0	7.0	10.9	104	957
	Asian/PI	3.7	2.4	4.9	45	581
<b>Maternal Age</b>	<20 Years old	9.7	8.0	11.5	145	1,134
	20-24 years old	7.5	5.2	9.8	77	1,920
	25-34 years old	4.8	3.7	6.0	119	3,334
	35+ years old	6.1	4.0	8.3	56	1,639
<b>Household Income</b>	<\$20,000	11.3	9.1	13.6	204	4,455
	\$20,000-\$39,999	5.0	3.2	6.7	63	1,261
	\$40,000-\$59,999	*2.5	0.5	4.5	13	291
	\$60,000-\$99,999	*0.5	0.1	0.9	8	70
	\$100,000 and more	*0.7	0.1	1.3	7	128
<b>Marital Status</b>	Married	3.4	2.5	4.3	99	2,519
	Never Married-Living together	10.3	8.1	12.4	175	3,898
	Unmarried/Not living with partner	8.1	5.9	10.3	121	1,592
<b>Education</b>	Less than High School	11.5	8.9	14.1	145	3,670
	High School	7.2	5.2	9.1	114	2,277
	Greater than High School	3.1	2.3	3.9	132	2,045
<b>Birth Outcome</b>	Preterm	5.1	2.6	7.5	38	634
	Low Birth Weight	*6.6	3.3	10.0	34	657

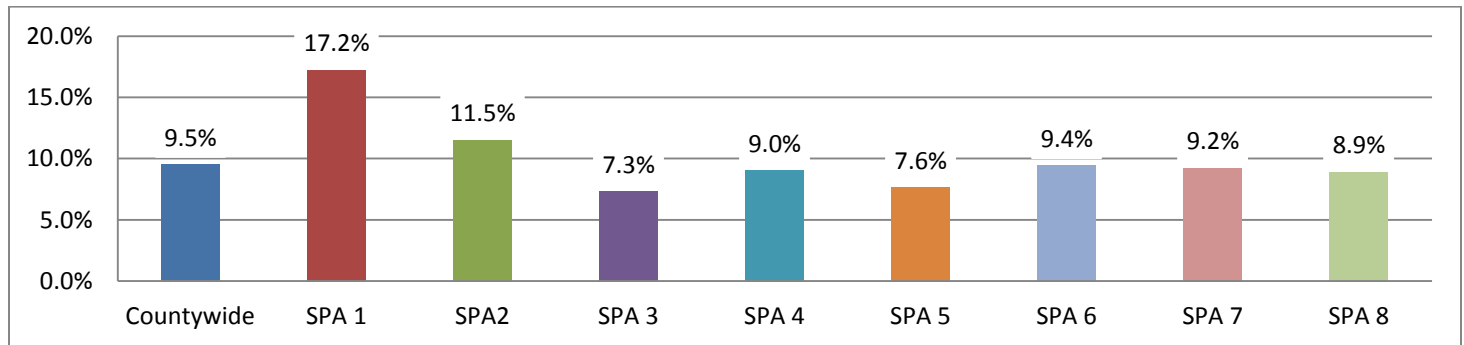
Note: Unmarried/Not living with a partner includes divorced, widowed, separated and never married living apart.

\*Signifies that estimate is statistically unstable (relative standard error > 25%) and therefore may not be appropriate to use for planning or policy purposes.

# Preconception Health Behaviors and Experiences: Smoking

The 2010 LAMB Survey asked mothers how many cigarettes did they smoke a day on average, in the 6 months before they found out they were pregnant with their new baby.

## A. By Service Planning Area (SPA)



## B. By Maternal Characteristic (%)

		%	95% CI		Survey Respondents	Estimated County total
<b>Countywide</b>		9.5	8.6	10.5	797	12,326
<b>Race/Ethnicity</b>	White	12.0	10.2	13.8	268	2,786
	Hispanic	7.6	6.1	9.0	166	5,964
	Black	20.5	17.5	23.5	201	2,107
	Asian/PI	8.3	6.5	10.0	114	1,278
<b>Maternal Age</b>	<20 Years old	9.5	7.9	11.1	183	1,052
	20-24 years old	13.0	10.1	16.0	145	3,254
	25-34 years old	9.0	7.6	10.3	344	6,055
	35+ years old	7.6	5.8	9.4	125	1,965
<b>Household Income</b>	<\$20,000	12.5	10.5	14.6	318	4,800
	\$20,000-\$39,999	10.4	8.0	12.8	156	2,601
	\$40,000-\$59,999	11.5	7.6	15.5	67	1,317
	\$60,000-\$99,999	7.6	5.3	9.9	77	1,058
	\$100,000 and more	4.8	3.2	6.4	57	828
<b>Marital Status</b>	Married	6.1	5.0	7.1	257	4,371
	Never Married-Living together	11.4	9.4	13.5	292	4,199
	Unmarried/Not living with partner	18.8	15.4	22.3	239	3,617
<b>Education</b>	Less than High School	6.2	4.5	7.9	138	1,900
	High School	14.3	11.6	16.9	250	4,364
	Greater than High School	9.0	7.7	10.2	384	5,872
<b>Birth Outcome</b>	Preterm	9.5	6.0	13.0	64	1,162
	Low Birth Weight	7.8	4.8	10.9	53	756

Note: Respondent choices were given as categories of number of cigarettes per day. All responses except, 'I didn't smoke then,' were considered smoking for this analysis. Unmarried/Not living with a partner includes divorced, widowed, separated and never married living apart.