

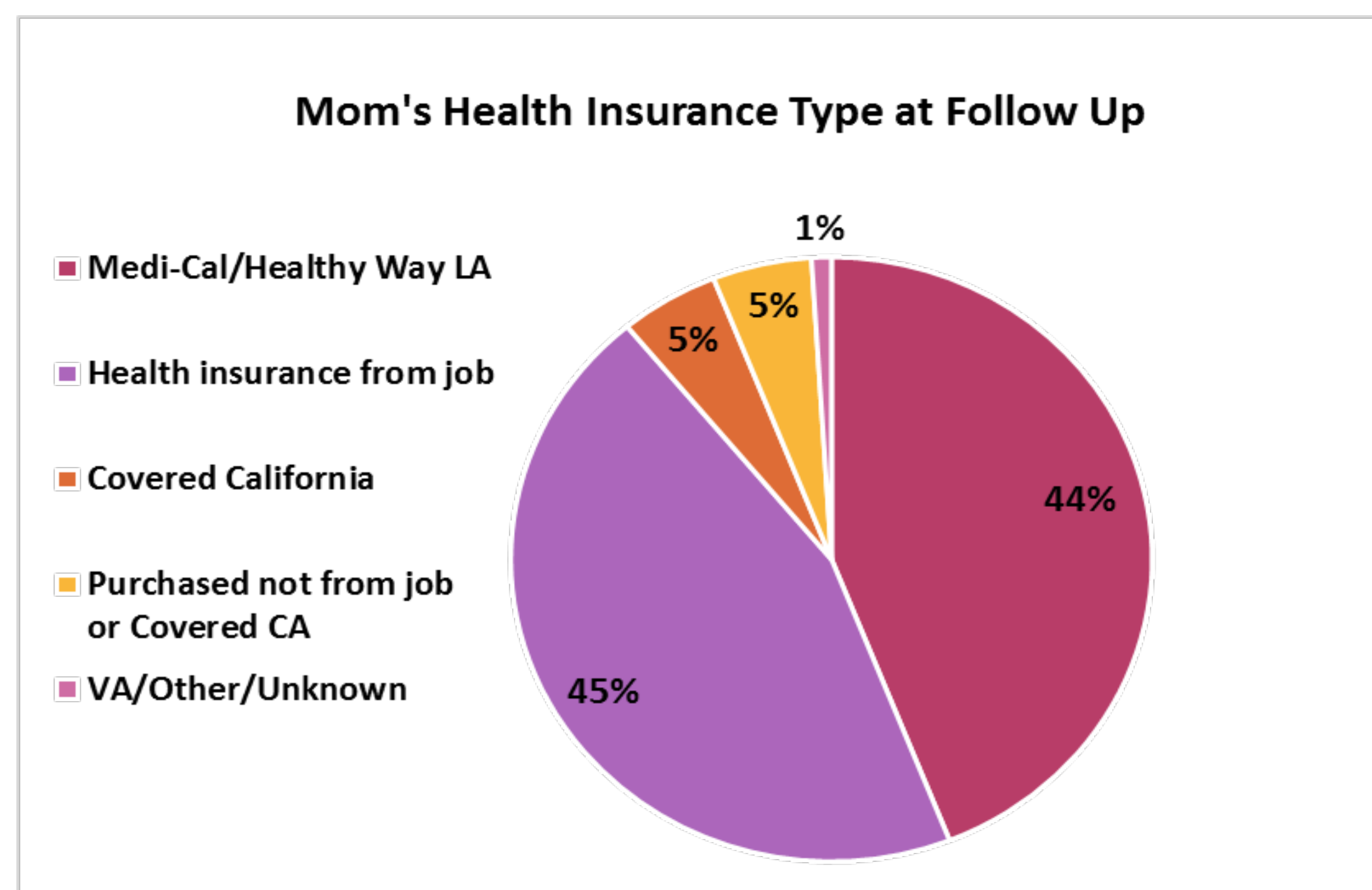


LAMB Project is funded in part by First 5 LA.

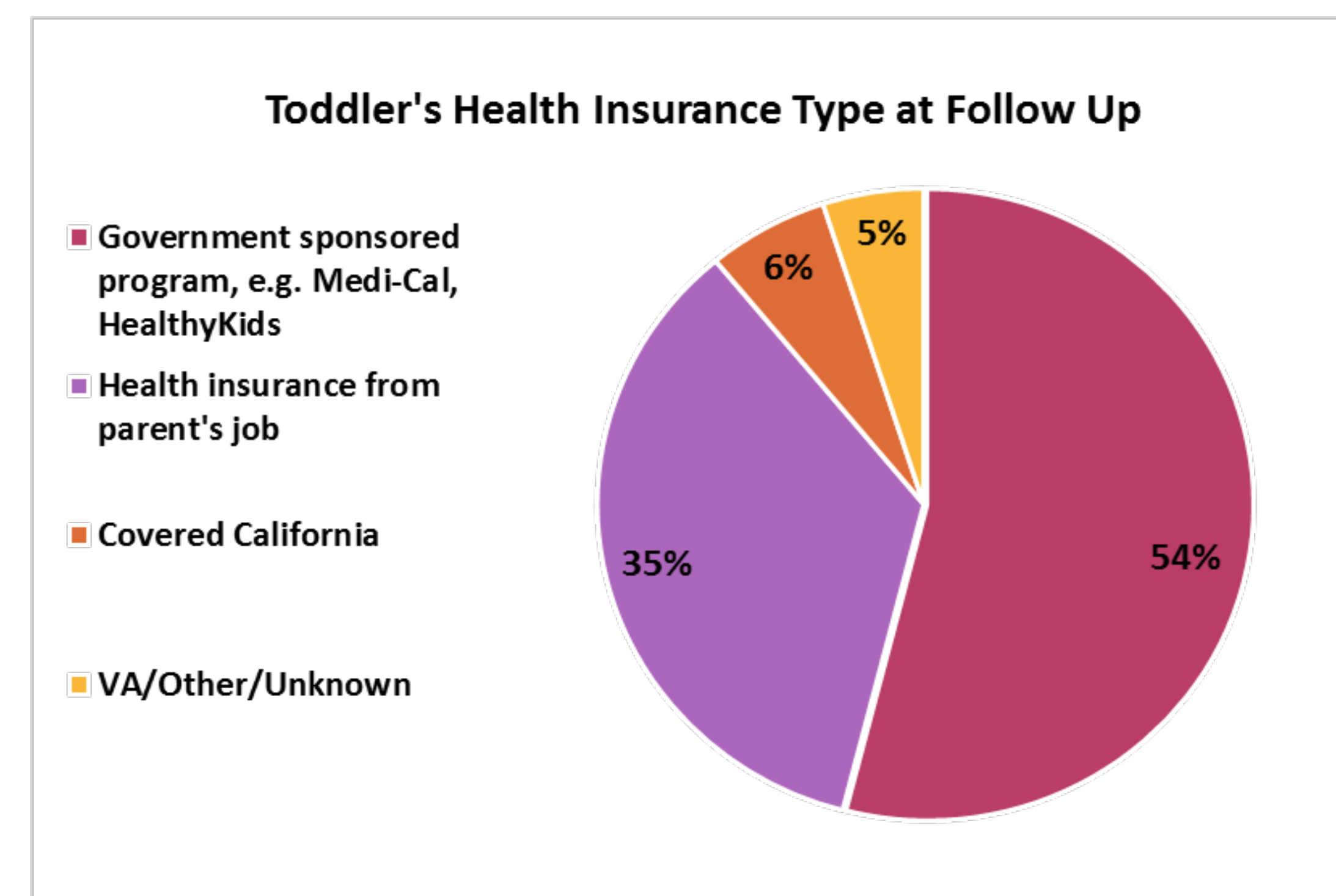
Health Insurance & Access

The study utilizes the linked 2012 Los Angeles Mommy & Baby (LAMB) and LAMB Follow Up data. The LAMB Follow Up is an expansion of the LAMB Project. In 2014, the LAMB Follow Up Project re-surveyed mothers who participated in the 2012 LAMB Project, when their babies turned two years old. The linked 2012 LAMB cohort provides longitudinal data capturing preconception, prenatal, delivery, postnatal and child health and well-being. A total of 3,488 mothers responded to the LAMB Follow-Up survey, representing an adjusted response rate of over 60%. The final data are weighted to represent the original 2012 live birth population.

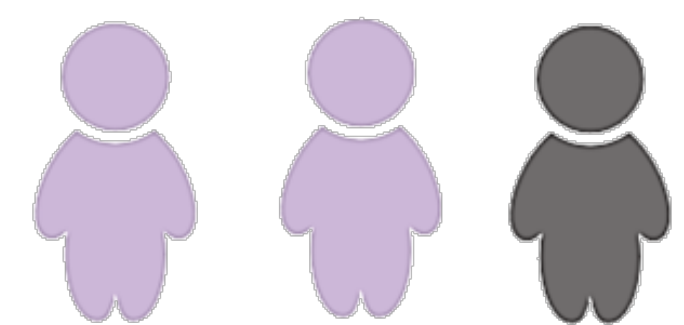
- **Eight in 10 (82%) mothers had health insurance at follow up. Of these:**



- **Almost all toddlers had health insurance at the time of follow up (97%). Of these:**



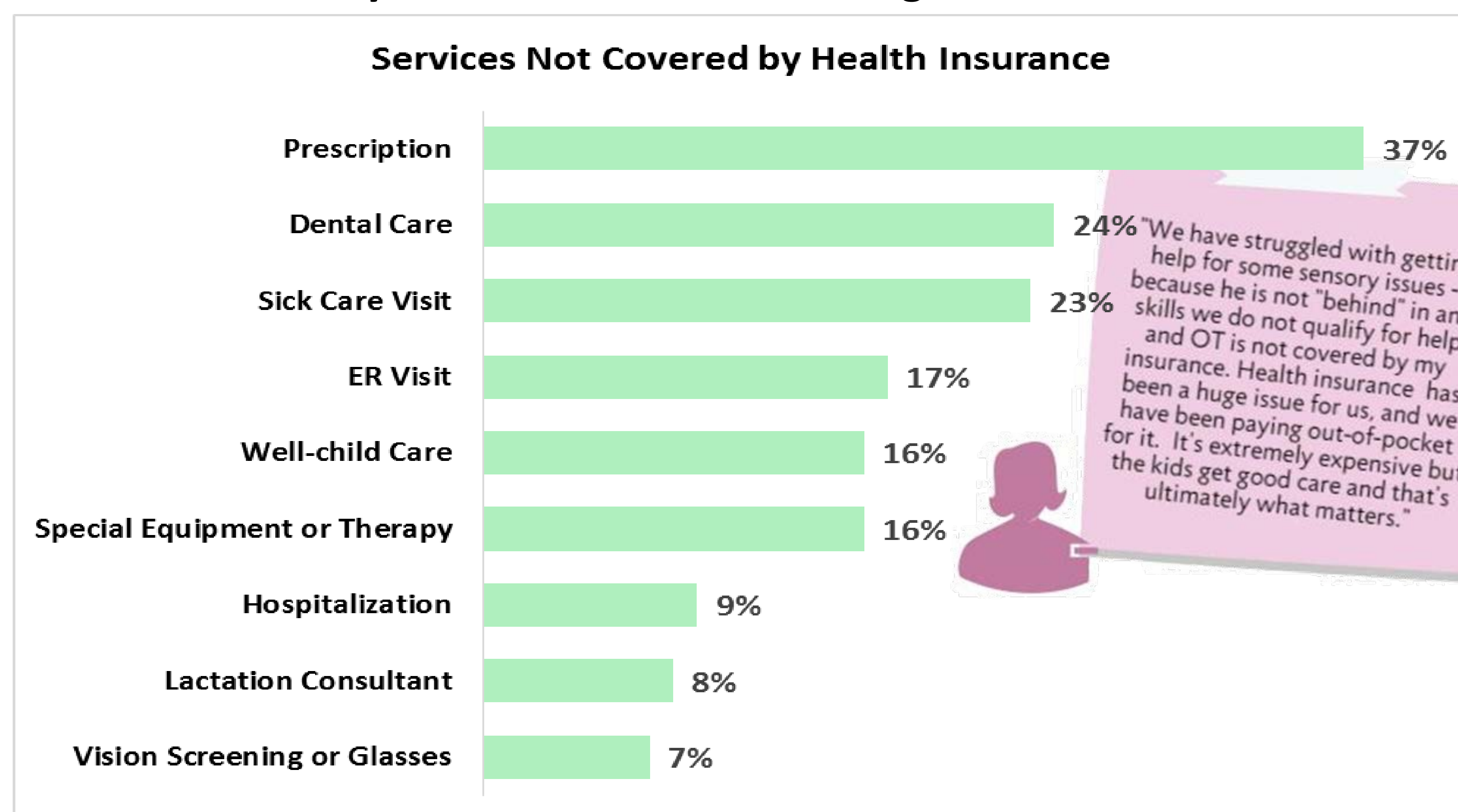
- **One in six mothers had a health care professional talk to them about depression or how they felt emotionally in the past 12 months.**



68%

- **Two-thirds of toddlers received WIC Services**

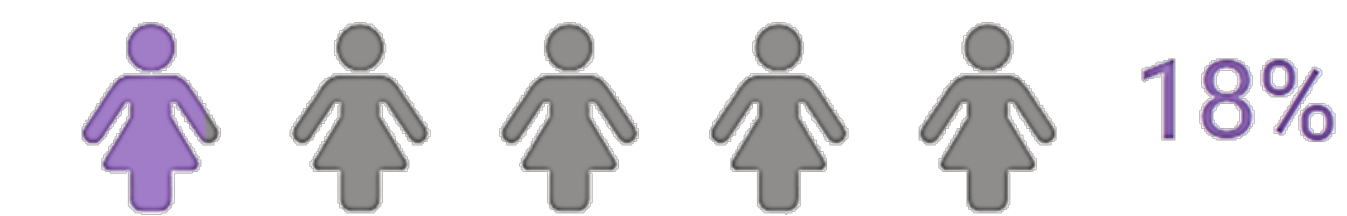
- **One in 10 toddlers (10%) had needed services not covered by health insurance including:**



Early Childhood Development



- **Nearly half of mothers or family members read to their toddlers 4 to 7 days during the past week.**

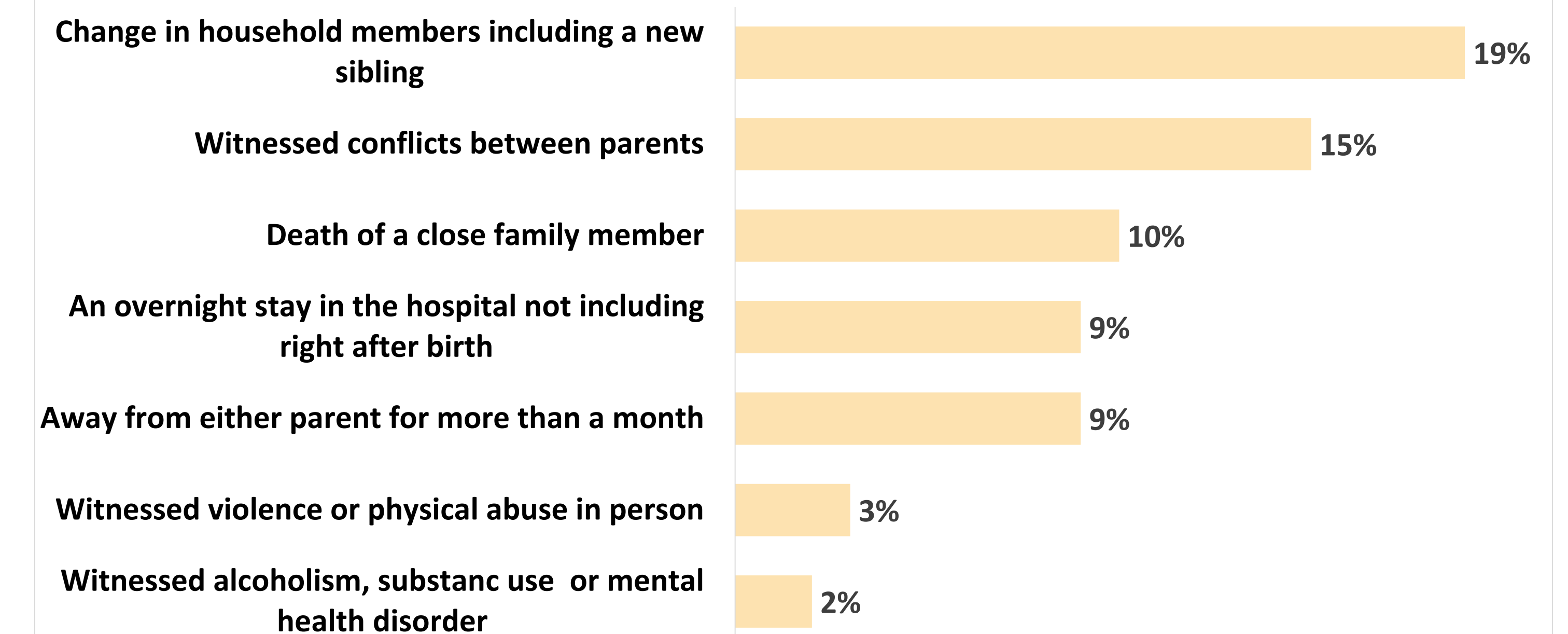


- **One in five mothers had concerns about their toddler's learning, development or behavior.**

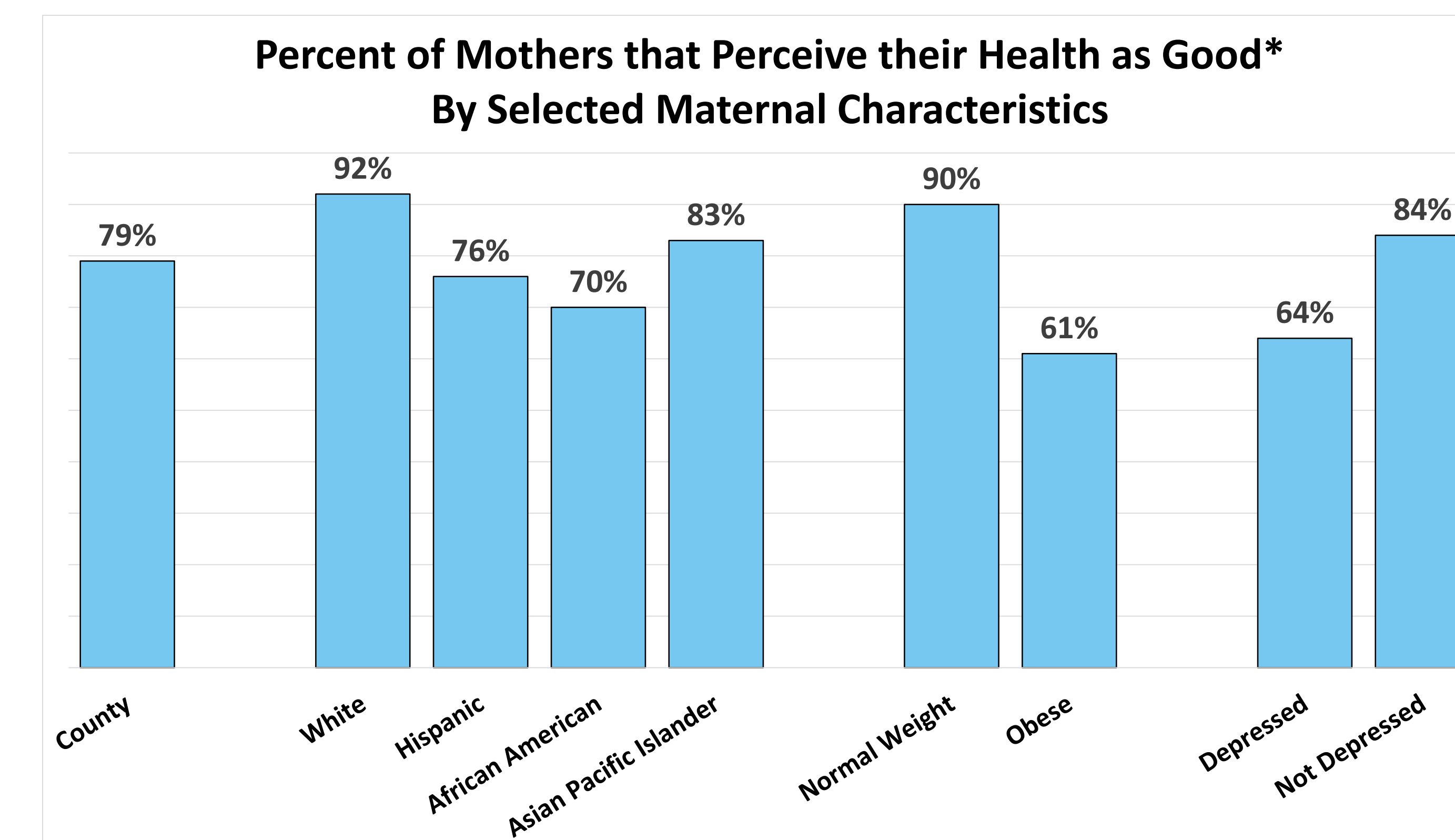


- **One in six mothers had concerns about how their child acted, got along with others, or showed feelings. Of these, 39% sought professional help or advice.**

Stressful Life Events Among Toddlers



Mother's Perceived Health



*Good health is defined as a mother answering that her health was excellent, very good, or good at the time of the follow up survey

- **Mothers who were obese at the time of follow up were less likely to perceive their health as good**
- **Only 64% of depressed mothers reported their health as good two years postpartum**

