When I get in my car I need to:

- ✓ Text the babysitter to say I'm running late
- ✓ Call the pediatrician to make an appointment
- ✓ Give my son a snack

But when I turn on the engine, I just drive.

Distracted drivers are more likely to crash.

just drive.

County of Los Angeles Public Health
Health Education Administration

Los Angeles County Department of Public Health
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