



MEASLES PREPAREDNESS: Guidance for Hospitals and Urgent Care Providers

Jordan Braunfeld, MD June 18, 2025







Educational Objectives

- Describe the current measles situation on a global, national, and local level.
- Recognize key clinical features of measles.
- Implement appropriate infection control measures to reduce measles exposure in healthcare settings.
- Apply public health reporting requirements for measles cases.
- Utilize available tools and resources to help prepare facilities for measles cases.









Outline

- What predicts transmission of measles
 - Epidemiology of measles
 - Vaccines and vaccination coverage
- Clinical diagnosis
- Actions taken to decrease transmission in the community
 - Post-exposure prophylaxis (PEP)
 - Notification
 - Risk assessment, exclusion, quarantine and monitoring

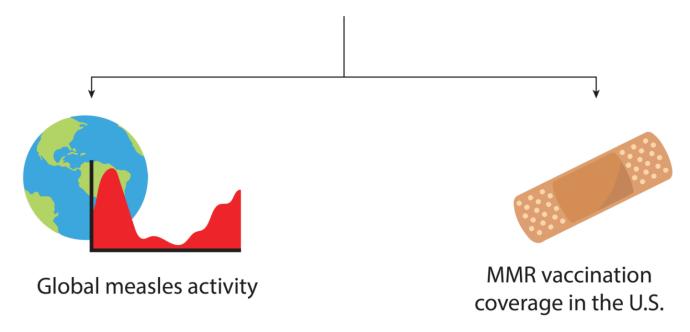


Measles overview

- Highly contagious viral illness
 - Spreads easily through the air through talking, breathing, coughing and sneezing
 - Can stay in the air and live on surfaces for 2 hours after case has left
 - 9 out of 10 people will become sick with measles if they are not protected
- Near universal infection in childhood in pre-vaccination era (before 1957)
- Need more than 95% immunization uptake to provide herd immunity



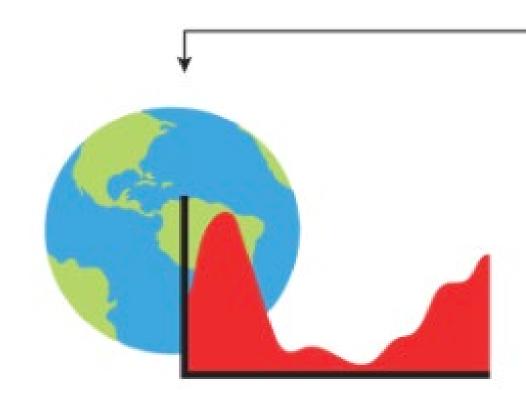
Measles outbreak risk in the U.S. depends on two main factors:



https://www.cdc.gov/ncird/whats-new/measles-outbreak-risk-in-us.html#



Measles activity:
Globally
United States
LAC



Global measles activity





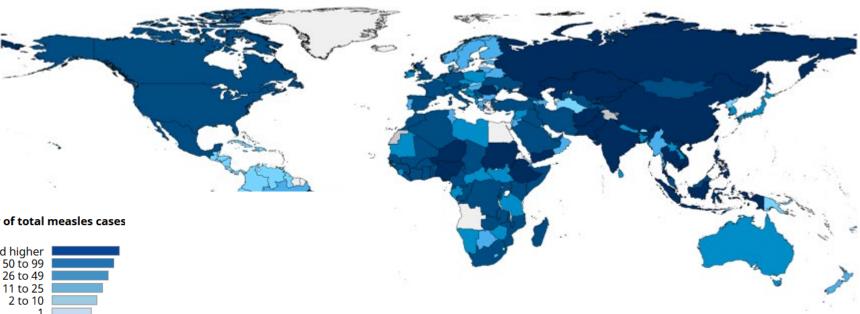


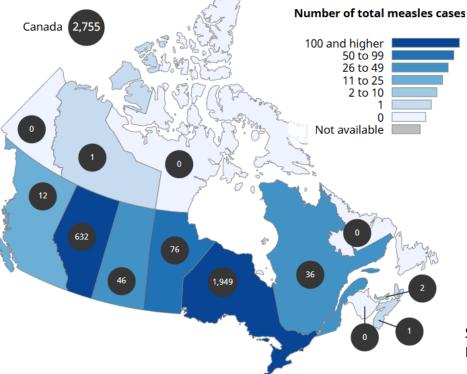
COUNTY OF LOS ANGELES Public Health

Top 10 countries with me

Number of Reported Measles Cases (Last 6 months)

Country	Number of (
Yemen	10,487
Pakistan	8,895
India	8,397
Afghanistan	6,255
Ethiopia	6,188
Kyrgyzstan	5,849





There were **2,755** cases of measles in **Canada** in 2025, as of **May 24, 2025**.

The epidemiological week 4 of the last rash onset in **Canada** was **week** 21 (May 18 to 24, 2025).

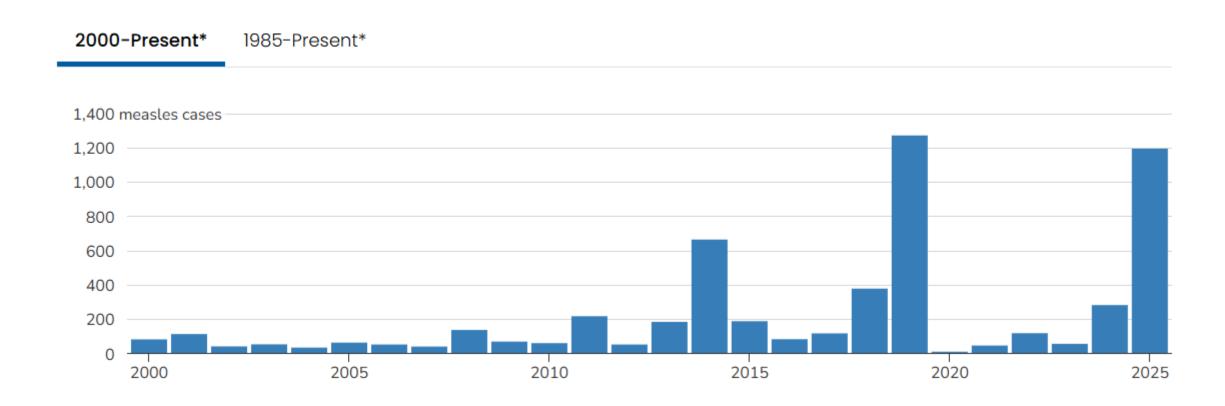
Disclaimer: The boundaries and names shown and the designations used on this map do notimply the expression of any opinion whatsoever on the part of the World Health Organization concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries. Dotted and dashed lines on maps represent approximate border lines for which there may not yet be full agreement.

Source: Canadian government Health Infobase





Measles activity in the United States



Source: https://www.cdc.gov/measles/data-research/index.html
Accessed 6/13/2025





Measles Cases are on the rise

Total U.S. measles cases in 2024: 285

U.S. measles cases year to date: 1,197

Source: https://www.cdc.gov/measles/data-research/index.html

Accessed 6/13/2025





U.S. Measles Cases, 2025

2025

2024

- 17 outbreaks across several states:
 - Kansas (n=76)
 - Colorado
 - Indiana
 - New Mexico (n=81)
 - Oklahoma
 - Ohio
 - Montana
 - North Dakota
 - Texas (n=777)

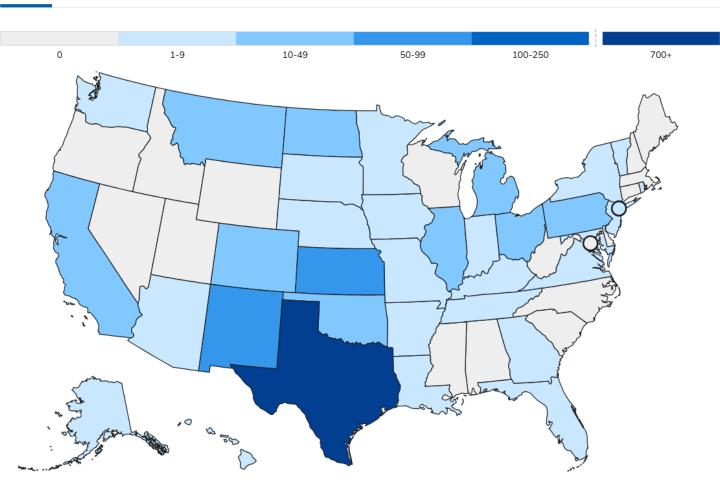


Image: Number of Measles Cases by State, 2025

Source: https://www.cdc.gov/measles/data-research/index.html Accessed 6/13/2025





Measles Cases Continue to Occur

- 14 confirmed cases in 2025 in California across 9 counties
 - 5 cases present in LA County during infectious period year-to-date



Data source: https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/measles.aspx

Accessed 6/13/2025

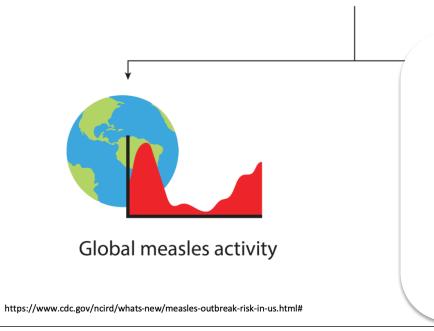
Figure: Affected California jurisdictions highlighted in blue





Vaccine coverage

Measles outbreak risk in the U.S. depends on two main factors:







Vaccine

- First licensed in 1963 in the United States as measles vaccine
- Licensed in 1971 as MMR
- Live attenuated vaccine
- Highly effective
- 1 dose: 93% protection
 - First dose recommended 12-15 months
- 2 doses: 97% protection
 - Recommended 4-6 years of age



Important notes

- A dose 6-11 months of age can be given for travel or outbreak response
 - Does not count towards 2 doses but can offer protection
- Additionally, can get an "accelerated" series, with second dose 4 weeks after first dose
 - Teenagers and adults without evidence of immunity

Infants under 12 months old who are traveling

- Get an early dose at 6 through
 11 months
- Follow the recommended schedule and get another dose at 12 through 15 months and a final dose at 4 through 6 years

Children over 12 months old

- Get first dose immediately
- Get second dose 28 days after first dose

Teens and adults with no evidence of immunity*

- Get first dose immediately
- Get second dose 28 days after first dose





MMR Coverage among U.S. Kindergartners

	2019-20	2020-21	2021-22	2022-23
MMR (2 doses)	95.2	93.9	93.0	93.1

National MMR coverage of 93.1% translates to <u>250,000</u> kindergartners at risk of measles infection each year





Required Vaccines for Kindergarten and Childcare —Los Angeles County

Up-to-date vaccination coverage among students in **kindergarten** during 2024-2025 school year

SPA Schools Enrollment MMR All Vaccines SPA 1 83 7,440 90.9% 94.0% 414 95.7% 98.2% SPA 2 29,411 SPA 3 322 20,831 96.4% 98.1% SPA 4 204 11,158 95.5% 98.4% SPA 5 130 7,294 98.2% 96.1% SPA 6 233 13,936 93.7% 97.7% SPA 7 244 18,286 96.2% 97.9% SPA 8 14,423 96.3% 98.5% 191 1,821 122,779 95.5% 97.9% Total

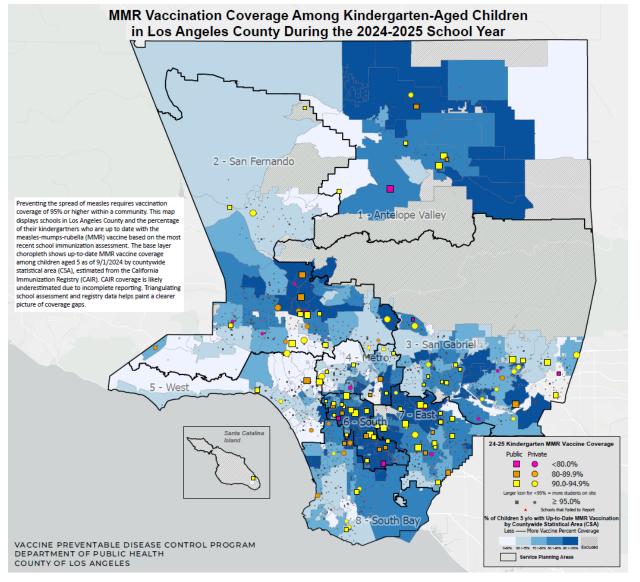
Up-to-date vaccination coverage among children in **childcare** during 2023-2024 academic year

SPA	# Children	All Vaccines	DTaP	Polio	MMR
1	3,043	94%	96%	97%	97%
2	22,804	96%	98%	99%	98%
3	16,568	98%	98%	99%	99%
4	8,711	96%	98%	99%	99%
5	7,996	97%	98%	99%	99%
6	6,586	94%	96%	98%	99%
7	9,280	99%	98%	99%	99%
8	12,623	96%	98%	98%	99%
Total	87,611	97%	98%	99%	99%





Many children are still vulnerable to infection



- 95%+ coverage is our target to prevent outbreaks
- Of schools/childcares that reported last year
 - Kindergartens with low coverage are clustered in San Fernando Valley, South, and East San Gabriel Valley





Does my patient have measles?







Classical Measles Presentation

Fever & 3 C's

2-3 days after initial sx onset

- Cough
- Conjunctivitis
- Coryza
- Fever starts low grade and progresses to high

Koplik Spots

Tiny white spots in mouth



Rash

3-5 days after

initial sx onset

- Starts on face/hairline
- Spreads downward to neck, trunk extremities
- Not itchy
- Small raised bumps may also appear on top of the flat red spots.
- Maculopapular The spots may
 become joined
 together as they
 spread from the
 head to the rest of
 the body
 (maculopapular)





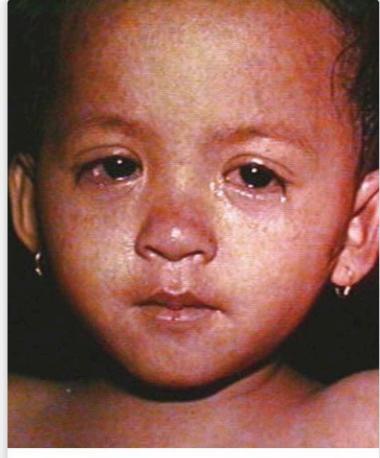
Young, dark-skinned child with watery eyes, runny nose, and raised rash.

Source: "Measles Clinical

Features" video



Child with a classic measles rash after four days.



Eyes of a child with measles Source: CDC/PHIL



Complications:

- Common:
 - Diarrhea (8%)
 - Otitis Media (7-9%)
 - Pneumonia (1-6%)
 - Immune amensia--reset the immune system, lose immunity to other infections
- Rare but serious
 - Hospitalizations (14-25%)
 - Encephalitis 1/1000
 - Death: 1-3/1000
 - Later...subacute sclerosing panencephalitis (SSPE): 7-11/100,000



Immunocompromised individuals

- MMR may be contraindicated
- With increasing levels of immunosuppression
 - More atypical signs and symptoms
 - Atypical rash that's transient OR severe and desquamating
 - High risk for complications
 - 20% without rash, diagnosed after complications (pneumonia, liver failure, encephalitis) or at autopsy
- Key to diagnosis in this population is an awareness of community and epidemiologic risk.



When to Suspect Measles

- Consider measles in any patient with
 - febrile rash
 - clinically compatible symptoms
 especially if they are unvaccinated or under-vaccinated or have any of the following risk factors in the past 4 weeks:
 - Travel, especially international or domestic through an international airport
 - Contact with someone with a febrile rash illness
 - Exposure to a known or possible measles case



Diagnosis



Diagnosis: PCR of NP/throat and Urine specimens

- RT-PCR can be performed on NP, throat swabs and urine
 - Most sensitive from onset of rash—>10 days after rash
- Offered by public health labs, but also Quest/Labcorp as well as other commercial labs
- Preferred public health lab
 - PCR can assist in genotyping and MeVA
 - Outbreak tracking
 - Can determine if virus is community vs vaccine derived



Diagnosis-Serology

- Important to have high clinical suspicion for measles when ordering tests to make the diagnosis
- IgG: Can be used to measure immunity
 - Avidity: Can help with breakthrough measles cases among vaccinated individuals
- IgM detection starts 1-3 days after rash, detected for 6-8 weeks
 - Can be used in conjunction with PCR to confirm diagnosis
 - Non-specific and unreliable as sole test can have cross reactivity with other viruses, meaning positive predictive value declines when disease likelihood is low (e.g. fully vaccinated individuals, no epidemiologic link)
 - If you think measles is a possibility, <u>DO NOT SEND IgM ALONE</u>, get a PCR!



UPDATED WEBSITE: ph.lacounty.gov/measles

 The WHO recommends <u>vitamin A</u> for all children with acute measles, regardless of complications.

Additional Resources

LAC DPH

- Measles B73
- Check List: Managing Patients Suspected of Having Measles

CDC

- Measles for Healthcare Providers
- Infection Prevention and Control for Measles in Healthcare Settings
- <u>Plan for Travel</u> patient measles resource
- Measles Trainings:
 - You Call the Shots
 - The Pink Book Webinar Series

CDPH

- Measles investigation <u>Quick Sheet</u>
- Immunization and Immunity Testing Recommendations for Healthcare Personnel

Guidance for Clinicians

Check List: Managing Patients Suspected of Having Measles

The purpose of this checklist is to provide clinicians with step-by-step guidance for evaluating patients suspected to have measles to reduce the spread of measles and facilitating Public Health investigations.

Step 1. Immediately isolate patients with an acute febrile rash, using Airborne Transmissible Diseases precautions. 1, 2

- ☐ 1a. Airborne precautions should be followed in healthcare settings.
- 1b. Regardless of prior immunity status, all healthcare staff entering the room should use respiratory protection consistent with airborne infection control precautions (use of an N95 respirator or a respirator with similar effectiveness in preventing airborne transmission).
- ★ <u>Note</u>: The preferred placement for patients who require airborne precautions is in a single-patient airborne infection isolation room (AIIR) or negative air pressure room. To prevent possible exposure of measles, the patient should remain completely isolated from other patients, and the exam room should not be used for 2 hours after the patient has departed.

Step 2. Determine if the patient has measles-like symptoms.

- 2a. Assess if patient has had any of the following symptoms and obtain onset and resolution dates:
 - Prodrome of fever, cough, coryza (runny nose), conjunctivitis.
 - Fever AND maculopapular rash: determine location of rash onset and progression on body. If patient is unvaccinated, fever and rash on face, hairline, or behind ears are typically present concurrently.
- ★ <u>Note</u>: If patient is vaccinated or immunocompromised, symptoms of fever and rash can vary in presentation and timing. See CDC Pink Book <u>Measles</u> for information on presentations.

Common differential diagnoses

Kawasaki, rubella, scarlet fever, enteroviruses and other febrile rash exanthems.



Secondary Prevention

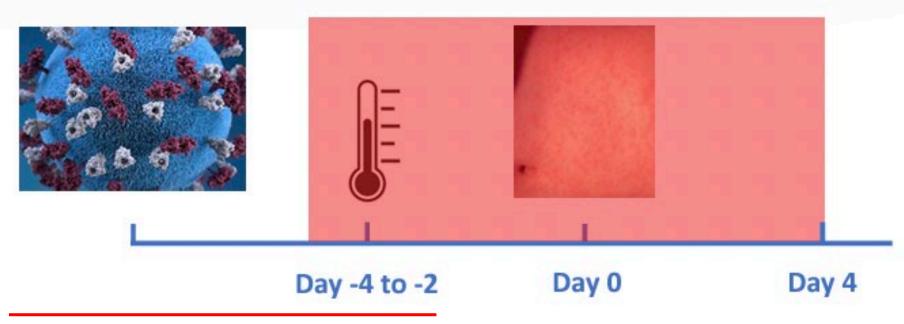
Investigating measles in the community







Contagious



Incubation Period: -21 to -7 days

Infectious Period:

4 days before rash to 4 days after rash



Case management

Isolation:

- Case-patients should be isolated for **four** days after rash onset
 - People with immunocompromising conditions with measles may require more prolonged isolation

Contact tracing:

- Detailed history of activities during infectious period
 - All individuals in the same airspace 4 days before and 4 days after rash onset



Contacts

- Sharing the same airspace with a person infectious with measles e.g., same classroom, home, clinic waiting room, airplane etc., or being in these areas up to 1 hour after the infectious person has left the area
 - Although CDC recommends using a 2-hour window, there is little evidence for measles transmission >60 minutes after an infectious person has left the setting.
- Exposure criteria apply even if the infectious person was masked.



Public Health responsibilities

Interview Case

Determine exposures

Community locations

Healthcare facilities



Public Health responsibilities

Community locations

Interview Case

Healthcare facilities

Contact staff:

- 1) Assess risk status
- 2) Assess immunity
- 3) Offer PEP
- 4) Determine need for quarantine vs isolation vs exclusion
- 5) Monitor for symptoms x 21 days from exposure

For patrons:

- 1) Place notifications of exposure at site
- 2) Notify Press of exposure sites
- 3) Offer PEP and recommend to monitor for symptoms



Notification of Public



NEWS RELEASE

313 N. Figueroa Street, Room 806 | Los Angeles, CA 90012 | (213) 240-8144 | media@ph.lacounty.go







Public Health Confirms Measles Case in Los Angeles County Health Officials Identify Locations for Possible Measles Exposure

measies in a non-Los Angeles County resident who traveled throughout Los Angeles County from Saturday, March 30, 2024, to

ATENCIÓN:

AVISO DE EXPOSICIÓN AL SARAMPIÓN

ESTE LUGAR HA SIDO IDENTIFICADO COMO LUGAR DE EXPOSICIÓN AL SARAMPIÓN.

SI ESTUVISTE EN ESTE LUGAR ENTRE LAS HORAS DE CORRER EL RIESGO DE CONTRAER SARAMPIÓN. POR FAVOR, CONFIRMA TU ESTADO DE VACUNACIÓN CONTRA EL SARAMPIÓN Y VIGILA LOS SÍNTOMAS DURANTE 21 DÍAS DESPUÉS DEL DÍA ANTERIORMENTE INDICADO. LLAMA INMEDIATAMENTE A UN PROFESIONAL **SANITARIO SI EXPERIMENTAS:**

erly Dr., Beverly Hills, CA 90210 Itime not yet determined

tury 8ivd. Los Angeles, CA 90045

II. Century Bivd., Los Angeles, CA 90045 (5:30 a.m. -5 a.m.)

d, Inglewood, CA 90301 (appx. 11:00 a.m.)

Santa Monica, CA 90401 (time not yet determined)

|| Way, Marina Del Rey, CA 90292 (6:00 p.m. - 8 p.m.)

tury Bird, Los Angeles, CA 90045

tury Bivd., Los Angeles, CA 90045 pries, CA 90045 (time not yet determined)

L.A. County Public Health Warns About Traveler With Measles Visiting Local Attractions, Including Universal Studios And Santa Monica Pier

By Bruce Hacing (5) April 14, 2024 11:32 km



L.A. public health officials issue measles exposure warning for Universal Studios, other locations



Subscribers are Reading

'Miracle' weight loss drugs could b

The 50 hear Hollywood books of a

Self-annihilation? L.A. rabbi wa 'world on fire.'

FIEBRE ALTA



1) Assess Risk Status: Low-Risk

- Low-risk setting:
 - A low-risk setting is one in which transmission risk is low and multiple high-risk contacts are not present (NOT HCW, work with infants, work with immunocompromised individuals)
- Low-risk contact:
 - Not high risk of experiencing severe measles illness, or to/from whom the transmission potential is not high.
 - Examples: immunocompetent, >12 months of age
 - NOT pregnant, NOT a healthcare worker, and NOT a household contact (or other person with prolonged exposure)



2) Assess immunity:

For Low-Risk Contacts: Presumptive Immunity

- were born in the U.S. prior to 1957 (does not include healthcare workers)
- were born outside the U.S. prior to 1970 AND moved to the U.S. in 1970 or later
- were born in any country in 1970 or later AND attended a U.S. primary or secondary school
- have written documentation with date of receipt of at least one dose of measlescontaining vaccine given on or after their first birthday in 1968 or later
- have a documented IgG positive test for measles
- have laboratory confirmation of previous measles disease
- served in the U.S. armed forces
- entered the U.S. as a permanent U.S. resident or became one in 1996 or later (i.e., have a "green card")



Exposure management:

3) Post Exposure prophylaxis (PEP)

PEP within the target window may provide measles protection or modify the clinical course of disease among susceptible people



MMR

- Should be given within 72 hours (3 days) of initial measles exposure
- Vaccination can be given after this window, but would only be expected to protect from future exposures and is not considered "adequate PEP"



Immunoglobulin

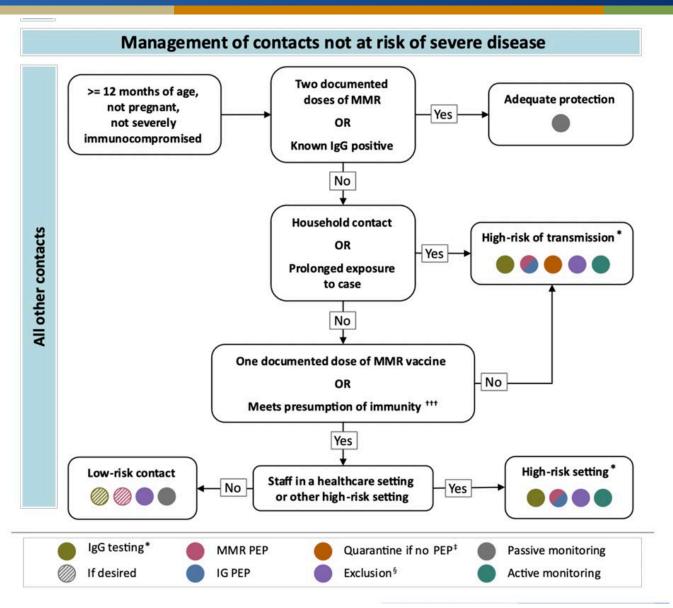
- Needs to be given within 6 days of initial exposure
- Can be given intramuscularly (IMIG) or intravenously (IVIG)
 - IVIG should be prioritized for adults at high risk of severe disease



4) Monitor for Symptoms If there is no evidence of immunity AND appropriate PEP: Exclusion vs Quarantine

- Quarantine: Home isolation for non-immune contacts who have not received PEP
 - If quarantine is implemented, it should begin on day 7 after the date of first exposure through day 21 after the date of last exposure.
- Exclusion: high-risk settings (healthcare settings, infant daycare etc)
 - If exclusion of those other than healthcare workers is implemented, it should begin on day 7 after the date of **first** exposure through day 21 after the date of **last** exposure (day of exposure is day 0)
 - For healthcare workers, CDC recommends starting exclusion on day 5.
 - If received IG for PEP, exclusion should extend through day 28 after last exposure







High-Risk contacts

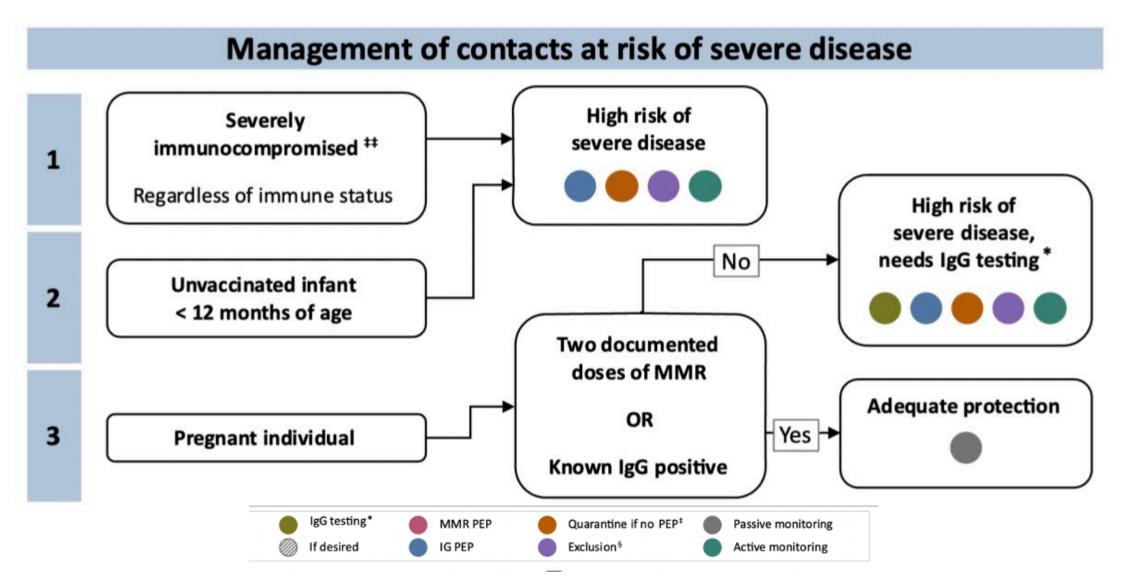
- May experience severe illness if they become infected with measles or to whom the transmission potential is high.
 - Infants
 - Household contacts or other prolonged exposure (eg Uber driver)
 - Immunocompromised persons
 - Pregnant persons



Presumptive Immunity for High-Risk (pregnant) Individuals

- Documentation of two doses of measles vaccine given in 1968 or later, separated by at least 28 days, with the first dose on or after the first birthday
- A documented IgG positive test for measles
- Laboratory confirmation of previous disease.







Measles cases in the healthcare setting





Outline

- Contact tracing responsibilities for healthcare facilities
 - Facility and DPH roles
 - Expectations for handling exposed staff
- How to prevent measles transmission in the healthcare setting
 - Establishing staff immune status
 - Appropriate triaging
 - Infection prevention principles





Community locations

Interview Case

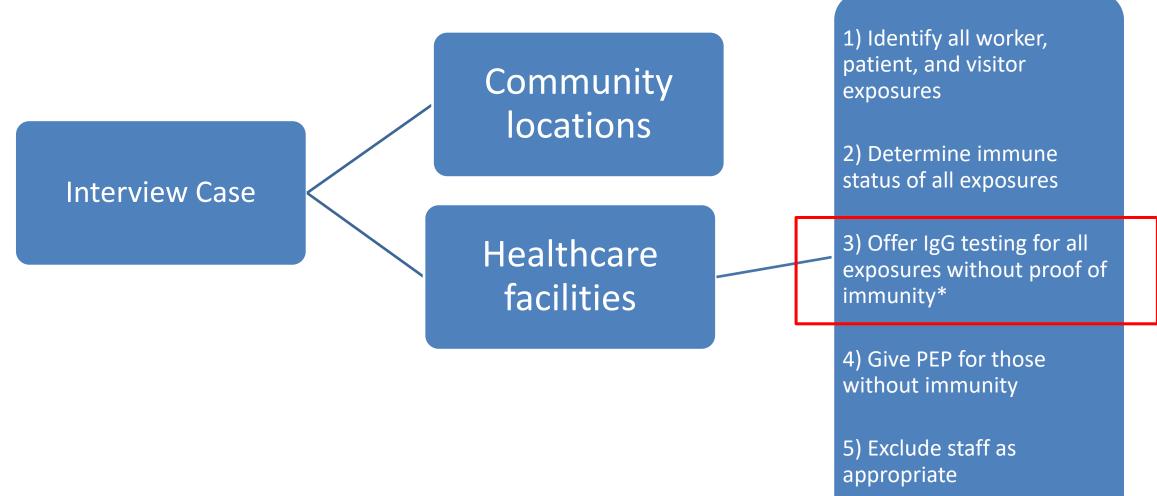
Healthcare facilities

Contact: Anyone who occupied a shared airspace with the case while the case was present and up to 1 hour after the case's departure from that space

- 1) Identify all worker, patient, and visitor exposures
- 2) Determine immune status of all exposures
- 3) Offer IgG testing for all exposures without proof of immunity
- 4) Give PEP for those without immunity
- 5) Exclude staff as appropriate











Community locations **Interview Case** Healthcare facilities

- 1) Identify all worker, patient, and visitor exposures
- 2) Determine immune status of all exposures
- 3) Offer IgG testing for all exposures without proof of immunity*
- 4) Give PEP for those without immunity
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Post Exposure prophylaxis

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1) Identify all worker, patient, and visitor Community exposures locations Interview Case Healthcare facilities immunity* 4) Give PEP for those without immunity 5) Exclude staff as

- 2) Determine immune status of all exposures
- 3) Offer IgG testing for all exposures without proof of
- appropriate





If there is no evidence of immunity: Exclusion vs Quarantine

- Quarantine: Home isolation for non-immune contacts who have not received PEP
 - If quarantine is implemented, it should begin on day 7 after the date of first exposure through day 21 after the date of last exposure.
- Exclusion for healthcare workers
 - Should begin on day 5 after the date of first exposure through day 21 after the date of last exposure (day of exposure is day 0)
 - Exclusion is required for anyone without 2 documented MMRs or serologic evidence of immunity, even if they received PEP



Contacts who work in a healthcare setting or other high-risk setting	IgG testing*	PEP	Quarantine if no PEP [‡]	Exclusion [§]	Monitoring
High-risk for severe disease due to personal medical history and without 2 documented MMR vaccine doses or serologic evidence of immunity	See Table 1				
Low risk for severe disease and with 1 documented MMR vaccine dose and no serologic evidence of immunity	Yes	MMR	No	Yes	Active
Low risk for severe disease and with <u>no</u> documented MMR vaccine doses and no serologic evidence of immunity	Yes	MMR	Yes	Yes	Active
With 2 documented MMR vaccine doses or serologic evidence of immunity	No	No	No	No	Passive



How to prepare your facility for measles







Accounting for staff immunity

Obtain documentation of immunity for all healthcare workers

This includes custodial staff, contracted workers, etc.

Have this information on hand and readily available for DPH in the event of a case! Healthcare workers

MUST have
documentation of 2

MMRs or positive IgG to
be presumed immune

Birth date before 1957 does not suffice for healthcare workers

Have MMR vaccine and IMIG on hand and ready for distribution

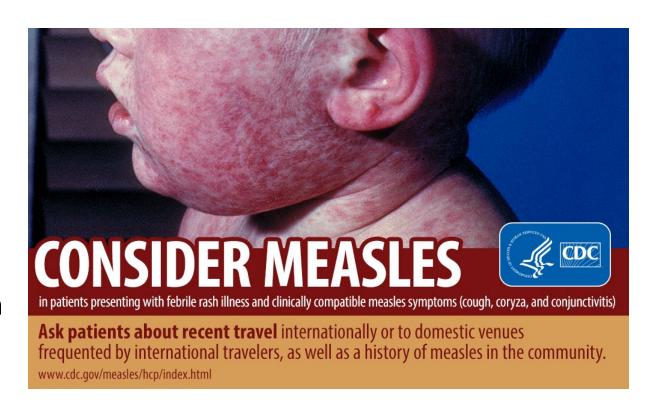
Patients/contacts may need this for PEP and you are likely the first and fastest option!





When to suspect measles

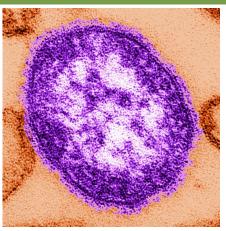
- Any patient with fever and rash with cough, runny nose, and conjunctivitis who:
 - Is unvaccinated or under-vaccinated
 - Has recent travel, especially internationally or through a US international airport
 - Had contact with another person with a febrile rash illness
 - Was exposed to a known or possible measles case





Preparing staff

- Hospitals that are prepared for measles avoid exposure follow-up when measles cases present
- Consider the following preparations:
 - Post measles warning outside of ED
 - Educate triage to identify potential cases upon entry to ED and divert these individuals to appropriate isolated areas
 - Ensure good adherence to respiratory hygiene,
 cough etiquette, and hand hygiene among staff
 - If cases have been detected in the community, consider screening visitors prior to entry







Triaging and infection prevention

- Immediately place any suspect case into private airborne isolation room
 - Airborne precautions remain in place until 4 days after rash onset
 - Severely immunocompromised patients require airborne precautions for duration of illness
 - If this type of room is not available, consider developing a protocol to evaluate cases outside
- Any workers without documented presumptive evidence of measles immunity should be excluded from contact with the suspect case if immune workers are available



Report to Public Health

- If you think you have a case, please call DPH **immediately** to help facilitate testing and to receive additional guidance!
 - Weekdays 8:00 am 5:00 pm: Call **213-351-7800** Epidemiologist on Duty
 - Non-business hours/weekends: Call 213-974-1234 Administrative Officer on Duty



Traffic control

- Limit suspect case's transportation outside of their room use for essential diagnostic and therapeutic procedures only
 - Patient should always be wearing facemask during transport
 - Transport route and process should include minimal contact with person's not essential to patient's care
- Limit suspect case's visitors to those who are both necessary for the patient's wellbeing and have presumptive evidence of immunity



Considerations on Cleaning, Disinfection, and Regulated Medical Waste

- Standard cleaning and disinfection procedures are appropriate for measles
- EPA-registered disinfectants should be used per the manufacturer's instructions for use
- No special management of measles waste is required
 - Follow federal and local regulations for management of regulated medical waste

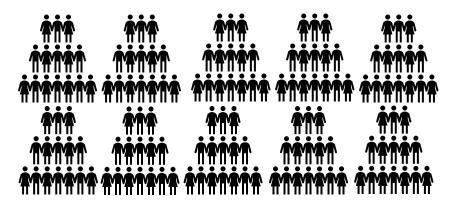


Measles: 2 examples

- Hospital A
 - Exposures:
 - HCW = 11 (10 immune)
 - Pts = 0
 - Closed in 2 days after 1HCW titer required



- Hospital B
 - Exposures:
 - HCW = 53
 - Pts = 99
 - Required multiple
 vaccinations and titers of
 HCW, pts
 - Took 2+ weeks of work to close investigation





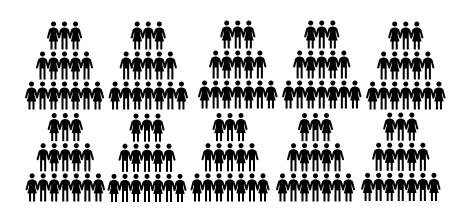
Measles: 2 examples

- Hospital A
 - Posted signage
 - Triaged to NPIR immediately
 - Had provider immune status to measles available
 - Escort with mask through back door (avoiding ED)



Hospital B

- Prolonged wait in ED waiting room
- Prolonged wait in ED before being placed in NPIR
- Provider measles immune status not available





Available Resources

- Disease-specific websites: ph.lacounty.gov/measles
- Measles Provider Checklist
- Email our VPD disease surveillance team at vpdc@ph.lacounty.gov

Guidance for Clinicians

Check List: Managing Patients Suspected of Having Measies

The purpose of this checklist is to provide clinicians with step-by-step guidance for evaluating patients suspected to have measles, helping to reduce the spread of measles and facilitate Public Health investigations.

Step 1. Immediately isolate patients with an acute febrile rash, using Airborne Transmissible Diseases (ATD) precautions.^{1, 2}

- 1a. Airborne precautions should be followed in healthcare settings.
- 1b. Regardless of prior immunity status, all healthcare staff entering the room should use respiratory protection consistent with airborne infection control precautions (use of an N95 respirator or a respirator with similar effectiveness in preventing airborne transmission).
- ★ Note: The preferred placement for patients who require airborne precautions is in a single-patient airborne infection isolation room (AIIR) or negative air pressure room. To prevent possible exposure of measles, the patient should remain completely isolated from other patients, and the exam room should not be used for 2 hours after the patient has departed.

Step 2. Determine if the patient has measles-like symptoms.

- 2a. Assess if patient has had any of the following symptoms and obtain onset and resolution dates:
 - Prodrome of fever, cough, coryza (runny nose), conjunctivitis.

and progression on body. If patient is unvaccinated, fever and rash

on face, hairline, or behind ears are typically present concurrently.

Fever AND maculopapular rash: determine location of rash onset

Common differential diagnoses:

★ Kawasaki, rubella, scarlet fever, enteroviruses, and other febrile rash exanthems

The following factors increase the probability of measles:

- Reporting an exposure risk-factor for measles (see 3b)
- · Lacking immunity: unvaccinated or unknown vaccination, immunocompromised, IgG negative.

Note: If patient is vaccinated or immunocompromised, symptoms of fever and rash can vary in presentation and timing. See the CDC Clinical Overview of Measles: Diagnosis, Laboratory Testing, and Outbreak Response (Web on Demand) - WD4728

Step 3. Assess for measles immunity and ask about exposure risk-factors.³

- 3a. Determine whether patient has one of the following to indicate probable measles immunity:
 - At least 2 documented MMR doses that were administered in the U.S. at ≥12 months of age.
 - Documented IgG (+) test for measles.
- 3b. Ask about exposure risk-factors. Have they had, in the past 4 weeks:
 - Contact to a known measles case or with an ill international visitor
 - · Traveled internationally or through an international airport
 - · Visited an outbreak community or venues where a confirmed measles exposure occurred.

Step 4. <u>Immediately</u> call and report suspect measles to Public Health while the patient is still at the facility. Public Health will advise which of steps 5-8 are indicated. ⁴

- Report immediately by telephone for both confirmed & suspected cases upon suspicion of measles. Consultation is required before sending specimens to the Public Health Laboratory
 - Weekdays 7:30 am 5:00 pm: Call 213-351-7800 Epidemiologist on Duty
 - Non-business hours/weekends: Call 213-974-1234 Administrative Officer on Duty

Los Angeles County Depart. of Public Health, Vaccine Preventable Disease Control Program (LACVPDCP) http://ph.lacounty.gov/ip/diseases/measles/index.htm#providers
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