



# **HOW TO WORK WITH CHILDREN WHO HAVE EXPERIENCED TRAUMA**

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Parent Educator

# Tools for Practice



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Trauma Informed Care

# Goals of TIC:

- Avoid retraumatization
- Empowerment
- Recovery



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Trauma Informed Care

# 5 Principles of TIC

- Safety
- Choice
- Collaboration
- Empowerment
- Trustworthiness

Roger D. Fallot Ph.D.  
Maxine Harris, Ph.D.

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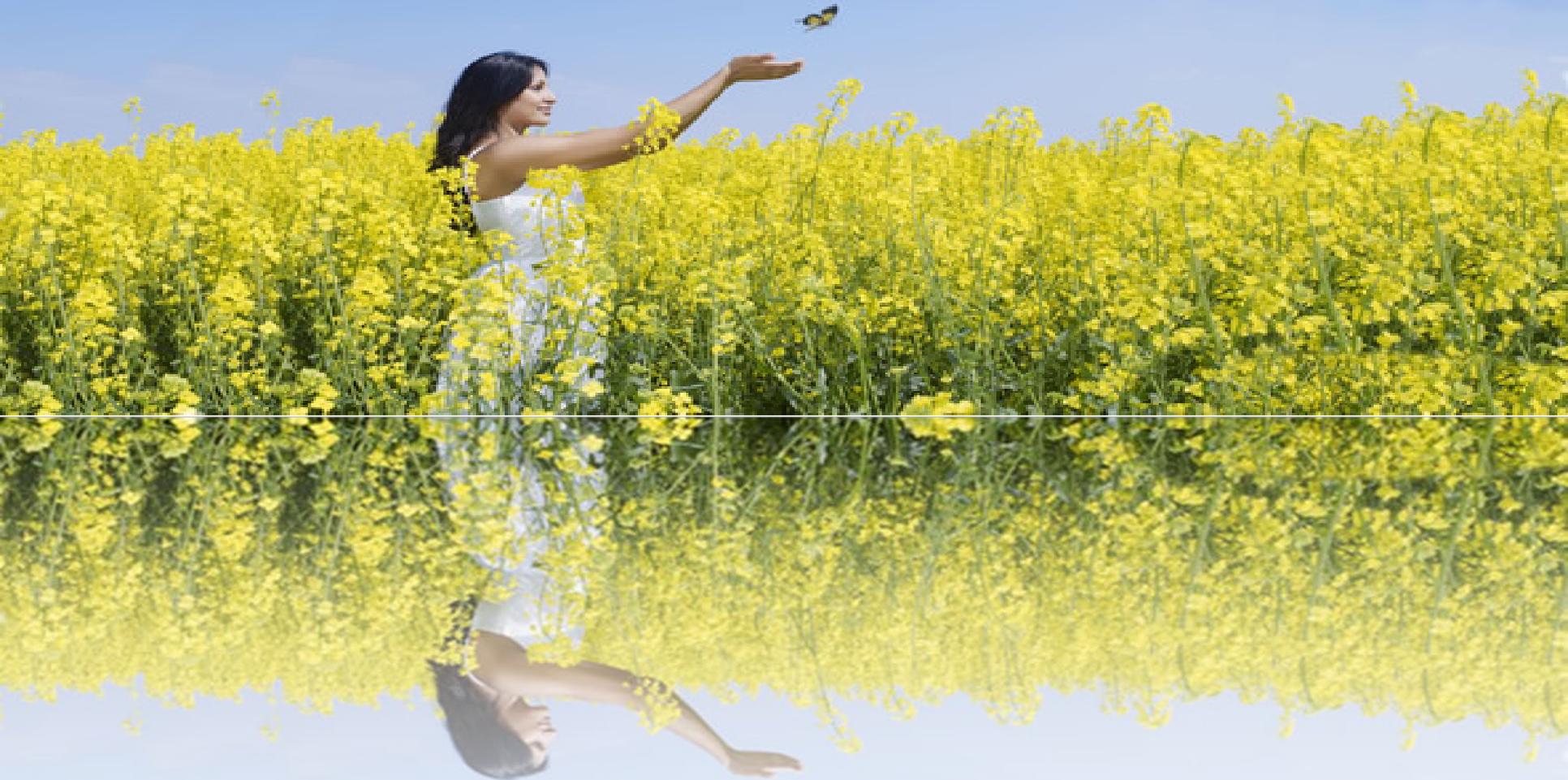
Trauma Informed Care

**Power WITH**



**Power OVER**

**“What happened to you?”**



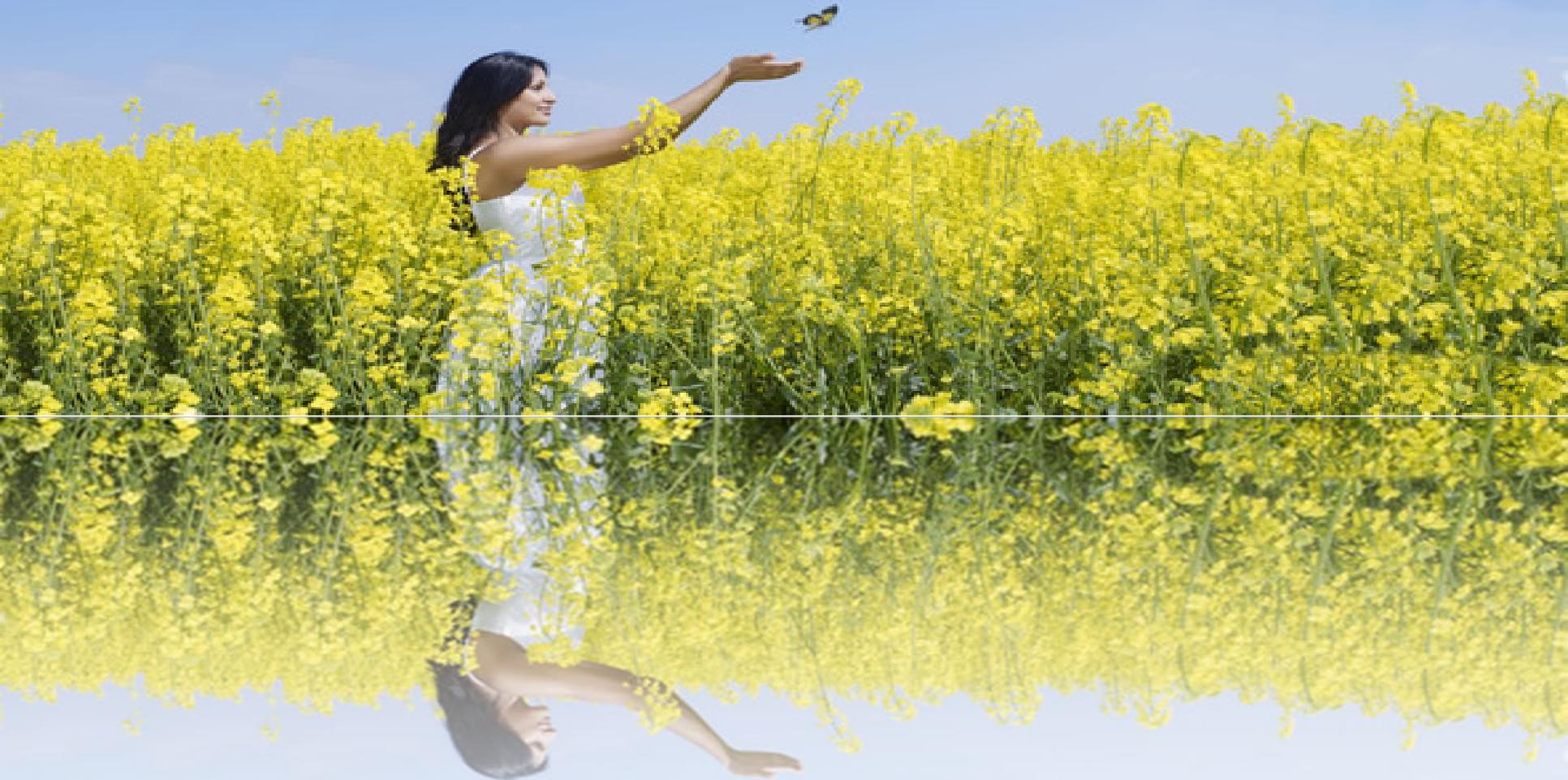
**“What’s wrong with you?”**

**Respect**



**Blame**

**“It makes sense.”**



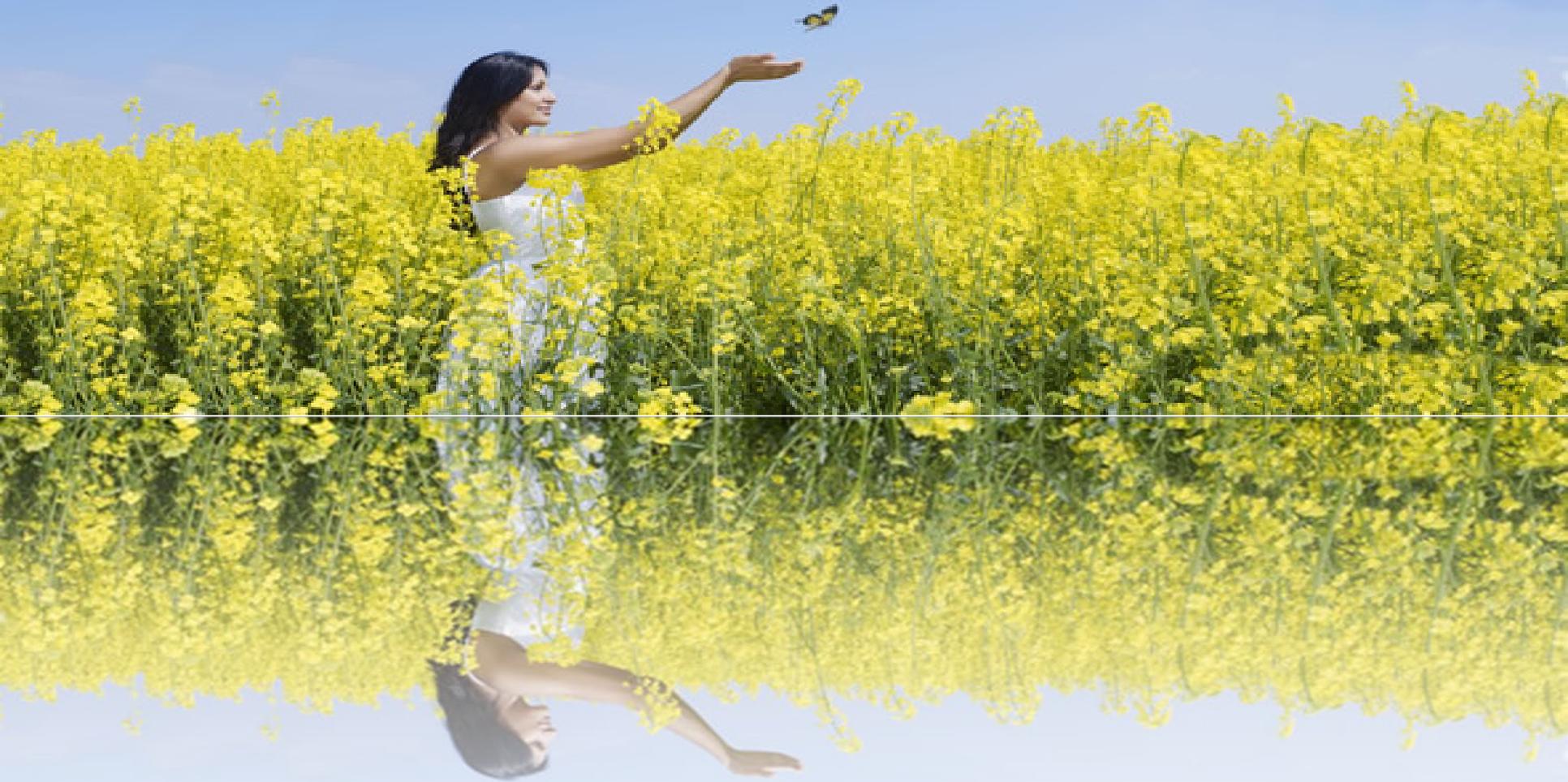
**“You’re crazy!”**

# Compassionate Witness



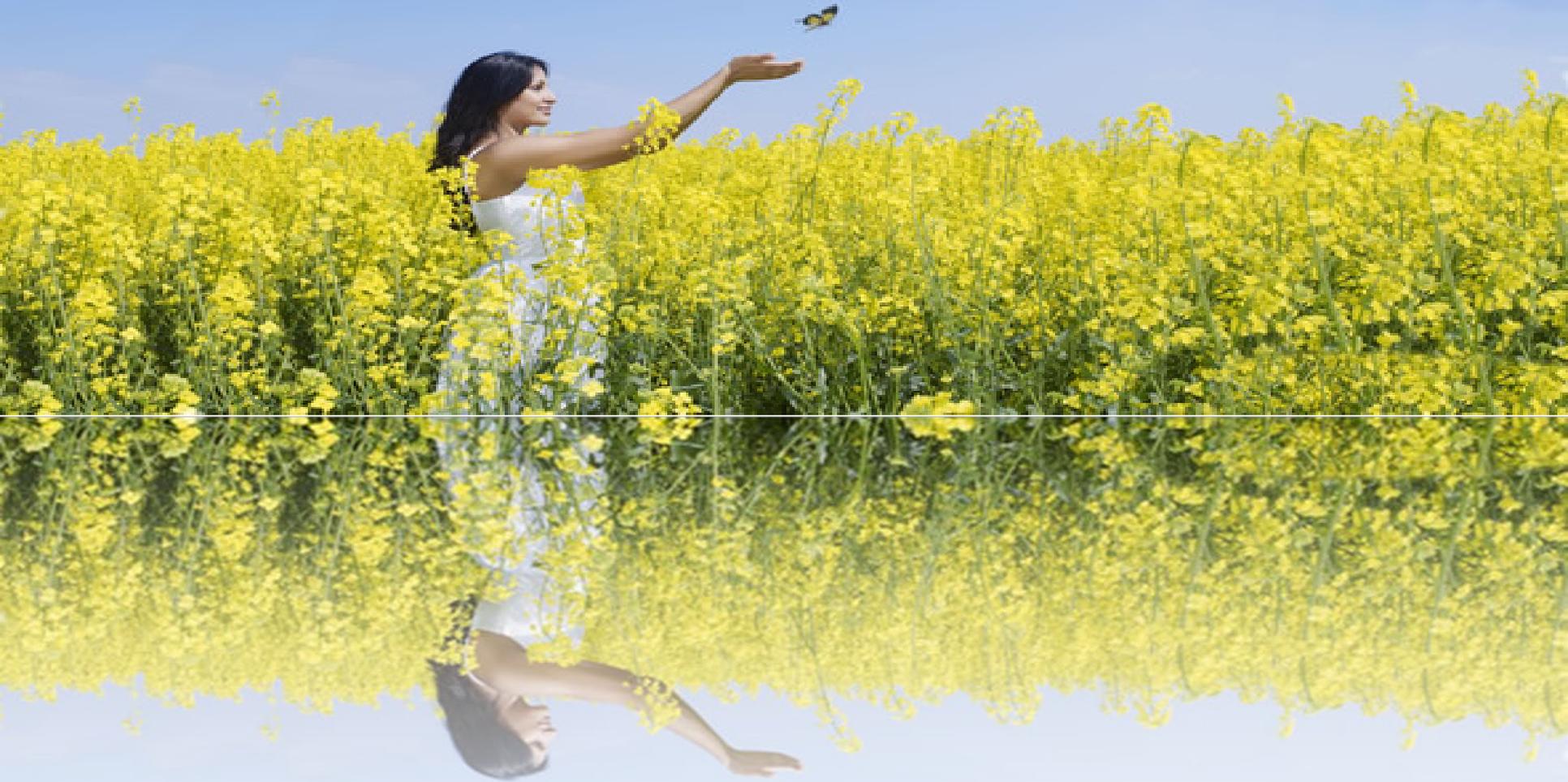
**Expert**

**Support healing**



**I'm here to fix you**

**Learning**



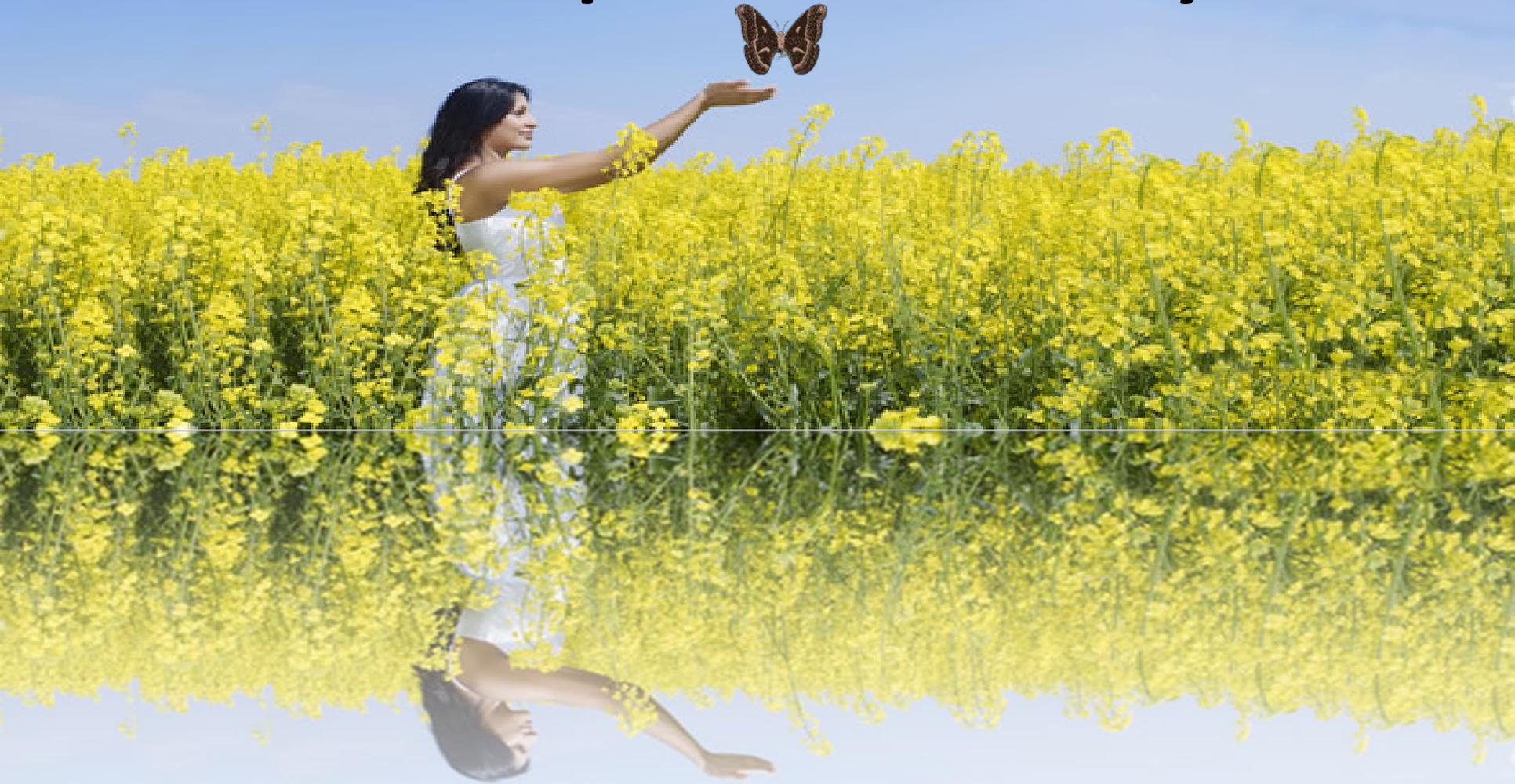
**Helping**

**Underlying issues**



**Symptoms and behavior**

**Whole person & history**



**Presenting issue**

“As a defense against the unbearable feeling of helplessness, the practitioner may try to assume the role of rescuer.”



“The practitioner may take on more and more of an advocacy role for the client. By so doing she implies the client is not capable of acting for herself.”



“The more helpless,  
dependent and  
incompetent the client  
feels, the worse her  
symptoms become.”

J. Herman, Trauma and  
Recovery



Non-protecting  
Bystander

Abuser

Integrated  
Self

(Fantasy) Rescuer

Victim



Thank you!

Lizeth Toscano

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