

by SERVICE PLANNING AREA

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MESSAGE FROM THE DIRECTOR OF PUBLIC HEALTH

The Los Angeles County Department of Public Health is pleased to provide you with the Key Indicators of Health by Service Planning Area. This report presents a broad snapshot of health and health-related indicators for the population of Los Angeles County. These indicators include health conditions and health behaviors, as well as important factors in the social and physical environments in which people are born, live, work, and age, as these strongly influence health and contribute substantially to disparities in health outcomes.

The report provides important information that can be used to better understand our individual health and the health of our communities. Creating healthy environments and access to affordable health care are essential components in enabling residents to make healthy choices about nutrition, physical activity, other health behaviors, and service utilization. The indicators in this report provide a foundation for communities, providers, government agencies, businesses, schools, and other organizations to work together to create positive change and to improve the health and

well-being of all Los Angeles County residents





throughout their lifespans.



Population Rankings

Populations of LA County, SPAs, and Individual US States by Rank

	,	,		7
1.	California (37,691,912)	31.	Iowa	
2.	Texas	32.	Mississippi	
3.	New York	33.	Arkansas	
4.	Florida	34.	Kansas	
5.	Illinois	35.	Utah	
6.	Pennsylvania	36.	Nevada	
7.	Ohio	37.	SPA-2 San Fernando	(2,136,581)
8.	Michigan	38.	New Mexico	
9.	LA County (9,866,194)	39.	West Virginia	
10.	Georgia	40.	Nebraska	
11.	North Carolina	41.	SPA-3 San Gabriel	(1,752,126)
12.	New Jersey	42.	Idaho	
13.	Virginia	43.	SPA-8 South Bay	(1,528,363)
14.	Washington	44.	Hawaii	
15.	Massachusetts	45.	Maine	
16.	Indiana	46.	New Hampshire	
17.	Arizona	47.	SPA-7 East	(1,295,828)
18.	Tennessee	48.	SPA-4 Metro	(1,120,091)
19.	Missouri	49.	Rhode Island	
20.	Maryland	50.	SPA-6 South	(1,009,550)
21.	Wisconsin	51.	Montana	
22.	Minnesota	52.	Delaware	
23.	Colorado	53.	South Dakota	
24.	Alabama	54.	Alaska	
25.	South Carolina	55.	North Dakota	
26.	Louisiana		SPA-5 West	(637,129)
27.	Kentucky		Vermont	
28.	Oregon	58.	District of Columbia	
29.	Oklahoma	59.	Wyoming	

30. Connecticut

SPA-1 Antelope Valley (386,526)



NTRODUCTION

Key indicators are standardized measures through which we consider and compare many aspects of health and well-being. In this report, we describe indicators for Los Angeles County's Service Planning Areas (SPAs) and the County overall. When possible, we compare the health measures of Los Angeles County residents with those of the United States population, and with Healthy People 2020^{HP} goals, which represent the health standards our nation is trying to achieve within this decade. Graphs presented, unless otherwise specified, refer to LA County, and highlight certain health indicators and data trends.



USER'S GUIDE

Each SPA is represented by a different color, which is portrayed on the cover map. The **gold** standard for health indicators, reflecting U.S. Healthy People 2020^{HP} goals, is depicted in the first column of the tables. Data for Los Angeles County overall are presented in the **blue** column, while national statistics are portrayed in **pink**. Data for the SPAs are highlighted with notations that show whether a particular SPA fares **better** or **worse** than the other 7 SPAs combined, based on statistical comparisons. In some cases, the indicator for a SPA may appear better or worse than the County data but not be marked as such. In these instances, the indicator for that SPA did not differ from the other SPAs' data based on tests for statistical significance. Testing for significance was not conducted in the Demographics section. Otherwise, when statistical comparisons were not performed, the indicator row is marked with a diamond **•**.

HP U.S. Department of Health and Human Services. Office of Disease Prevention and Health Promotion. Healthy People 2020. Washington, DC. Available at: www.healthypeople.gov. Accessed: February 19, 2013.

2011 LOS ANGELES COUNTY HEALTH SURVEY (LACHS) METHODOLOGY CHANGES

What Are the Major Changes?

To maintain the accuracy and representativeness of the data collected, the following two methodology changes were incorporated:

1. Cellular telephones were included

To maintain survey coverage and validity it was necessary to include cell phone users. The percentage of cell phone only households in LA County continues to increase (21.7% in 2010^a). Cell phone only households differ demographically with higher representation among younger age groups, lower socioeconomic status, and certain racial/ethnic groups^b, compared to those living in households with landlines.

2. A more complex weighting procedure

Additional demographic factors were included in the raking procedure used in weighting the data. Including only age, gender, race/ethnicity, and geographic location in the raking procedure might not sufficiently address non-response bias. Research has shown that including more demographic factors in the raking procedure improves survey estimates^c. Additionally, this procedure does not require demographic information for small geographic areas, as was used in the past.



How Will These Changes Affect Estimates?

These changes are similar to those made by the CDC to their 2011 Behavioral Risk Factor Surveillance System (BRFSS), although the weighting methods used in the prior BRFSS and LACHS differ. In 2011, the BRFSS and LACHS weighting methodologies are more similar. The CDC has conducted extensive analyses to assess how these changes affected estimates in the BRFSS^d, finding slightly higher estimates for some high risk health behaviors and certain health conditions (e.g., cigarette smoking and asthma). Changes to estimates for obesity, stroke, and coronary heart disease were found to be minimal. Similar affects on survey estimates might be applicable to the LACHS. The methodology changes make it difficult to compare 2011 LACHS results to survey data from previous cycles. These changes should be thoughtfully considered when interpreting trend data using 2011 LACHS estimates and data from previous survey cycles. Additionally, the methodology changes should be clearly noted when presenting trend data.

a. Blumberg SJ, Luke JV. Wireless substitution: Early release of estimates from the National Health Interview Survey, January—June 2011. National Center for Health Statistics. December 2011. Available from: http://www.cdc.gov/nchs/nhis.htm.

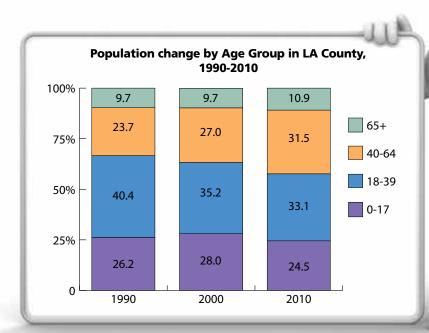
b. Lin MW, Battaglia MP, Frankel MR, Osborn L, and Mokdad, AH. Reaching the U.S. cell phone generation: Comparison of cell phone survey results with an ongoing landline telephone survey. Public OpinionQuarterly 2007;71:814-39.

c. Battaglia MP, Frankel MR, Link MW. Improving standard poststratification techniques for random-digit-dialing telephone surveys. Survey Research Methods 2008;2:11-9.

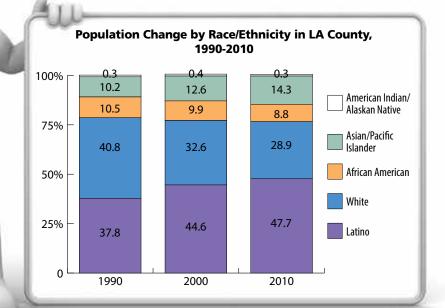
d. Centers for Disease Control and Prevention. Methodologic Changes in the Behavioral Risk Factor Surveillance System in 2011 and Potential Effects on Prevalence Estimates. MMWR 2012;61:410-413. www.cdc.gov/mmwr/pdf/wk/mm6122.pdf.

DEMOGRAPHICS	National	LA County	TAGE Antelope Valley	San Fernando	San Gabriel	SPA4	SPA5	South South	te SPA7	South Bay
Gender										
• Percent of population who are male ¹	49.2°	49.1	48.9	49.3	48.8	50.8	48.4	48.6	49.1	48.8
 Percent of population who are female¹ 	50.8 ^c	50.9	51.1	50.7	51.2	49.2	51.6	51.4	50.9	51.2
Age Group										
 Percent of population ages 0-5 years¹ 	7.9 ^c	8.0	9.4	7.5	7.4	7.2	5.8	10.6	8.9	8.1
 Percent of population ages 6-17 years¹ 	16.2 ^c	16.8	21.7	16.2	16.8	13.2	10.4	21.0	19.3	16.9
 Percent of population ages 18-39 years¹ 	29.8 ^c	32.8	29.4	31.6	30.3	39.1	36.0	34.6	32.6	31.5
 Percent of population ages 40-64 years¹ 	33.2°	31.6	31.3	33.6	33.4	30.2	33.5	26.4	29.3	32.7
• Percent of population ages 65+ years ¹	13.0 ^c	10.7	8.2	11.1	12.1	10.2	14.3	7.4	9.9	10.9
Race	16.20	40.1	44.2	20.1	46.4	F2 2	45.7	<i>(</i> 7.7	72.5	20.5
• Percent of population who are Latino 1	16.3°	48.1	44.3	39.1	46.4	52.2	15.7	67.7	73.5	39.5
• Percent of population who are white ¹	64.8°	28.9	35.9	45.9	21.6	24.9	65.4	2.0	14.3	29.7
• Percent of population who are African American ¹	12.8°	8.5	15.3	3.4	3.7	4.7	5.8	28.5	2.9	14.8
• Percent of population who are Asian/Pacific Islander ¹	5.2°	14.3	4.0	11.4	28.2	18.0	13.0	1.6	9.0	15.8
• Percent of population who are American Indian/Alaskan Native ¹	0.8 ^c	0.2	0.4	0.2	0.2	0.2	0.2	0.1	0.2	0.2
 Foreign Born Percent of adults who were not born in the United States² 	15.9 ^{AC}	45.9	27.3	45.0	51.3	55.1	31.4	50.2	49.6	39.1
• Percent of children who were not born in the United States ²	3.6 ^{AC}	7.2	3.6*	8.5	7.3	10.9	5.1*	5.8	7.1	6.3
Language Used Most Often at Home										
 Percent of adults who mostly speak English at home² 	79.5 ^{AC}	60.7	76.8	66.0	54.6	51.6	83.4	46.5	52.4	68.5
 Percent of adults who mostly speak Spanish at home² 	12.2 ^{AC}	28.8	21.6	23.8	23.8	35.4	6.9	51.7	42.5	23.2
 Percent of adults who mostly speak an Asian language at home ^{2a} 	3.4 ^{AC}	8.0		3.9	20.4	11.3	3.3*	1.1*	5.0	7.4
 Percent of adults who mostly speak/use some other language at home ^{2a} 	4.8 ^{AC}	2.5	0.9*	6.2	1.2*	1.7*	6.4*			0.9*

Marital Status • Percent of adults who are coupled	56.0 ^B	57.9	61.0	61.5	63.2	54.2	51.5	55.0	58.0	53.7	
• Percent of adults who are single (43.6 ^B	42.1	39.0	38.5	36.8	45.8	48.5	45.0	42.0	46.3	
• Percent of adults with a disability	N/A	19.4	29.7	20.0	16.9	20.7	18.8	16.7	19.6	20.0	
• Percent of adults who self-identify	as gay, lesbian, or bisexual ²	N/A	4.1	2.4*	3.5	3.6	6.7	7.6	3.7*	3.2*	3.4
 Percent of adults who self-identify 	as unsure, do not know ²	N/A	8.7	4.8*	7.6	8.2	13.1	2.3*	13.6	12.4	5.5
 Percent of adults who self-identify as heterosexual² 				92.8	88.9	88.2	80.2	90.1	82.6	84.4	91.1
*The estimate is statistically unstable (relative standard error ≥ 23%) -For purposes of confidentiality, results with cell sizes less than 5 are not reported											

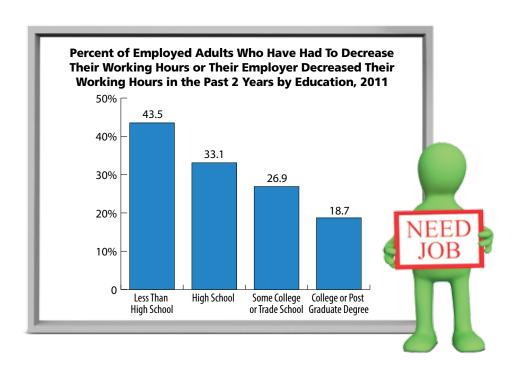


Source: U.S. Census Bureau



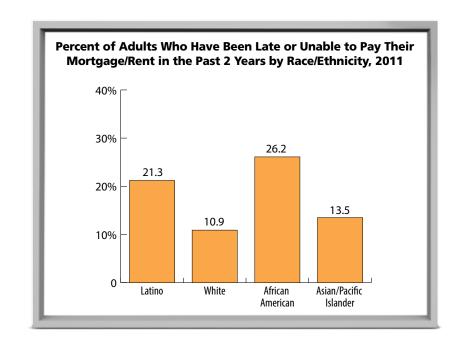
Source: U.S. Census Bureau

SOCIAL	HP 2020	National	LA County	LVAS Antelope Valley	San Fernando	San Gabriel	Wetro Metro	Nest SPAS	South South	SPA7	South Bay	
 Percent of adults with less than a high school education² 	N/A	14.3 ^{AC}	23.2	25.0	19.1	24.1	27.6	6.7*	38.8	27.5	18.9	•
• Percent of adults who completed high school ²	N/A	28.5 ^{AC}		22.8	20.3	20.4	22.9		24.2	28.1	25.6	
• Percent of adults who completed some college, trade school, or associate's degree ²	N/A	31.2 ^{AC}		35.8	29.3	29.1	21.8	25.0	25.5	29.9	28.4	
• Percent of adults with a college or post graduate degree ²	N/A	26.0 ^{AC}		16.3		26.4		56.4		14.5	27.0	
• Percent of adults who are employed ²	N/A	55.3 ^B	56.4	49.1	56.7	54.3	58.3	61.4	51.0	58.6	58.0	
• Percent of adults who are unemployed (and looking for work) ²	N/A	8.4 ^B	13.5	16.9	13.3	14.1	15.0	7.8	15.5	13.5	12.8	
• Percent of adults not in the labor force (includes retired and disabled and unable to work) ²	N/A	34.4 ^B	30.0	34.1	30.0	31.6	26.6	30.8	33.5	27.9		•
 Percent of employed adults who have had to decrease their working hours or had their employer decrease their working hours in the past 2 years² 	N/A	N/A	28.2	24.4	27.2	30.1	28.7	12.9	39.3	30.6	27.3	•
 Poverty Percent of population with household incomes less than 100% Federal Poverty Level (FPL)³ 	N/A	15.9 ^{AC}	18.0	21.1	15.0	13.4	25.0	12.9	31.1	15.5	17.2	*
 Percent of households with children² 	N/A	29.8 ^c	37.9	47.9	35.5	37.8	32.2	24.6	49.3	49.6	37.2	•
 Percent of households who spend more than 30% of their income on housing⁴ 	N/A	37.8°	51.4	52.7	53.1	48.0	54.4	47.1	63.0	48.9	48.3	•
• Percent of adults who were unable to pay their rent or mortgage in past 2 years ²	N/A	N/A	17.2	28.0	16.3	15.2	18.2	7.5	22.5	19.2	17.1	
 Percent of adults with household incomes <300% FPL who reported being homeless or not having their own place to live or sleep in the past 5 years² 	N/A	N/A	7.5	7.2*	9.6	5.2	7.3	4.7*	8.7	5.8	8.9	
Food												
• Percent of households with incomes <300% FPL who are food insecure ^{2c}	N/A	N/A	30.6	27.8	30.0	27.2		19.2*			36.9	
• Percent of households with <300% FPL who are receiving food stamps ²	N/A	N/A	16.8	27.3				16.7*			19.3	
 Percent of adults who report it is easy to get fresh produce (fruits & vegetables)² 	N/A	N/A	89.7	90.7	90.0	93.0	90.0	95.8	77.9	89.4	89.2	
*The estimate is statistically unstable (relative standard error $\geq 23\%$)												

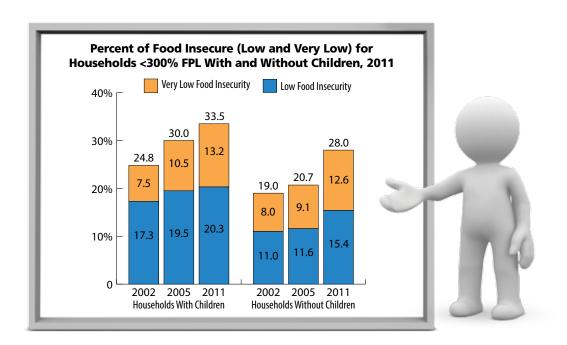






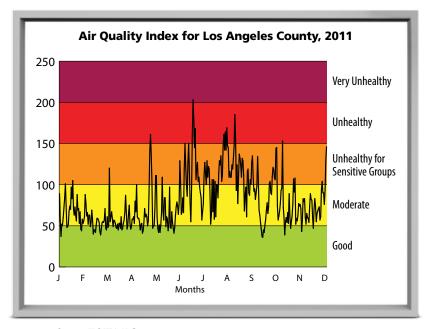


PHYSICAL DETERMINANTS	HP 2020	National	LA County	LAGS Antelope Valley	San Fernando	San Gabriel	Wetro	Nest SPA5	South South	SPA7	South Bay
Neighborhood • Percent of adults who believe their neighborhood is safe from crime ²	N/A	N/A	84.3	87.1	85.1	85.3	84.8	98.0	64.4	84.2	86.3
 Percent of children ages 1-17 years who can easily get to a park, playground, or other safe place to play² 	N/A	N/A	84.2	86.4	87.5	89.8	87.5		68.0		83.7
 Percent of adults who report little or no graffiti or vandalism in their neighborhood² 	N/A	N/A	69.2	84.6	74.2	74.2	61.4	82.0	38.5	67.0	73.6
 Percent of adults who report little or no trash and litter in the streets or on properties in their neighborhood² 	N/A	N/A	76.1	70.5	81.9	77.5	69.2	93.5	56.6	75.9	76.8
\bullet Percent of a dults who report adequate lighting around buildings and streets in their neighborhood 2	N/A	N/A	79.2	72.9	71.1	78.4	77.9	86.3	72.1	83.9	91.2
\bullet Percent of a dults who report that their streets and sidewalks are well-maintained in their neighborhood 2	N/A	N/A	80.4	90.8	79.5	77.7	71.2	82.6	70.2	90.0	86.3
 Built Environment Percent of adults who use walking paths, parks, playgrounds, or sports fields in their neighborhood² 	N/A	N/A	51.5	39.5	48.9	52.6	49.2	59.8	45.6	55.4	54.8
 Percent of adults whose neighborhoods do not have walking paths, parks, playgrounds, or sports fields² 	N/A	N/A	14.2	23.9	16.0	11.2	18.8	10.3	16.5	11.4	12.0
Air Quality											
• Number of days in the year when AQI (Air Quality Index) was unhealthy ⁵	N/A	N/A	95.0	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
 Percent of households with children ages 0-17 years regularly exposed to tobacco smoke at home (one or more days in the past week)² 	N/A	N/A	16.7	14.8*	15.4	17.2	14.8	12.0*	19.3	22.5	14.5
*The estimate is statistically unstable (relative standard error ≥ 23%)											

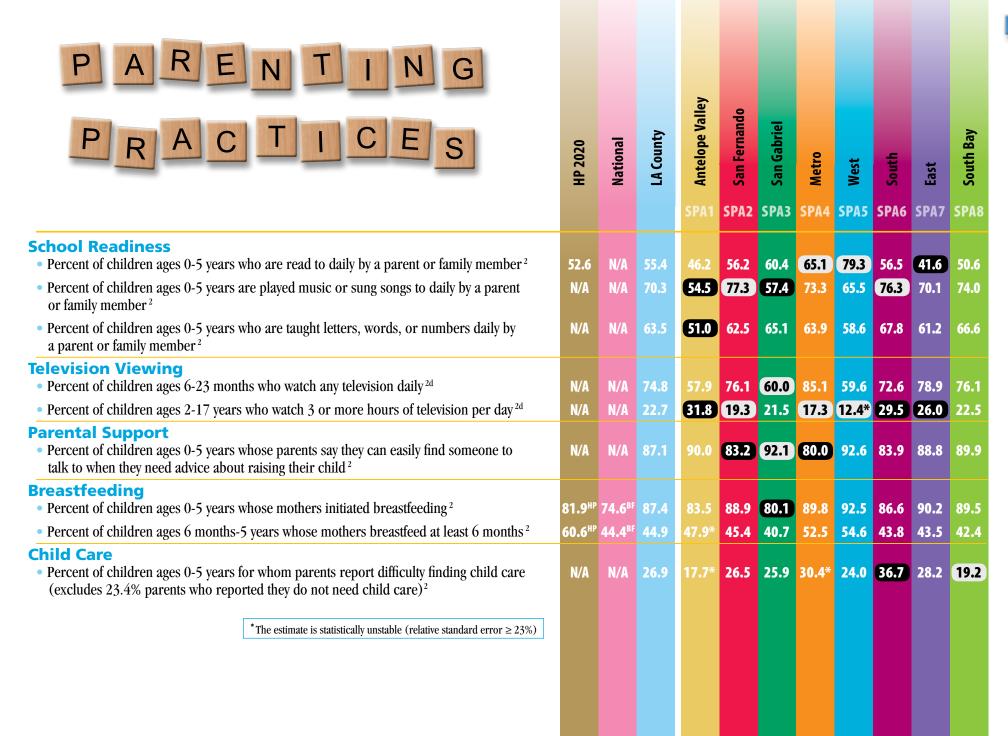




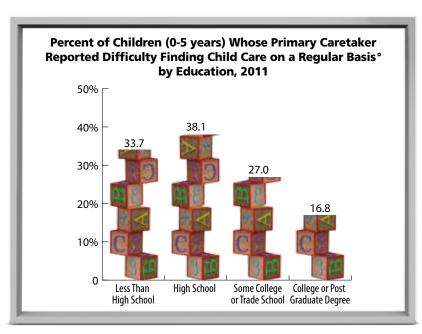




Source: U.S EPA AirData

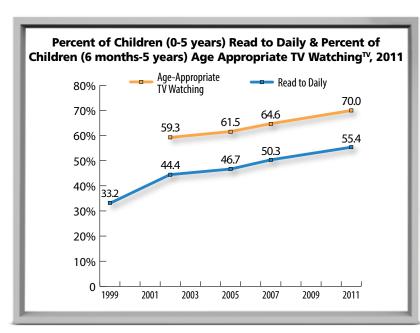




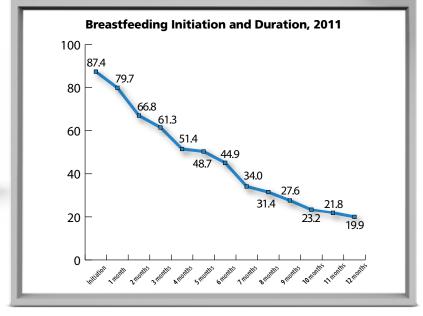




^a Excludes 23.4% who reported they do not need child care







TV <2 yrs old=0 hrs/day; 2-5 yrs old <3 hrs/day



Health-Related Quality of Life

- Percent of adults reporting their health to be fair or poor²
- Average number of days in past month adults reported regular daily activities were limited due to poor physical/mental health²
- Average number of unhealthy days (due to poor mental or physical health) in the past month reported by adults ^{2e}
- Average number of poor mental health days in the past month reported by adults²
- Percent of adults who receive the social and emotional support they need ²

Special Health Care Needs

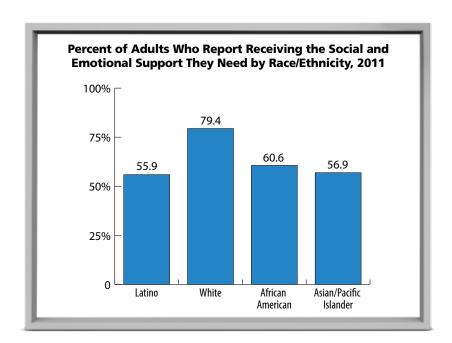
- Percent of children ages 0-17 years who have special health care needs 2f
- Percent of children ages 2-17 years ever diagnosed with ADD/ADHD²
- Percent of adults who provided care or assistance during the past month to another adult living with a long-term illness or disability²

*The estimate is statistically unstable (relative standard error $\geq 23\%$)

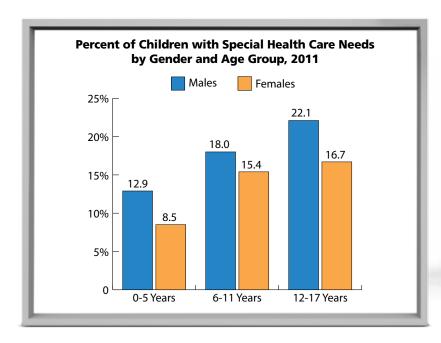
HP 2020	National	LA County	Antelope Va	San Fernan	San Gabriel	Metro	West	South	East	South Bay
			SPA1	SPA2	SPA3	SPA4	SPA5	SPA6	SPA7	SPA8
N/A	16.1 ^{B2}	20.7	26.7	18.5	20.1	24.5	7.4	30.5	24.1	17.6
N/A	2.3 ^{B2}	2.1	2.6	2.5	1.8	2.1	1.7	2.5	2.0	1.7
N/A	6.2 ^{B2}	5.4	6.2	5.8	5.2	5.7	4.2	6.1	5.3	5.0
N/A	3.5 ^{B2}	3.3	3.8	3.6	3.0	3.4	2.0	4.0	3.5	2.9
N/A	N/A	64.0	59.6	63.5	60.8	74.8	83.8	53.9	51.2	68.8
N/A	N/A	15.8	20.8	15.5	14.7	16.6	17.5	12.5	15.2	18.2
N/A	8.4 ^{NC}	6.0	7.3	7.4	5.3*	7.2*	4.6	4.2	4.6	7.2
N/A	N/A	20.0	20.4*	17.4	24.1	11.3*	16.6 *	16.9*	25.5*	24.0

alley

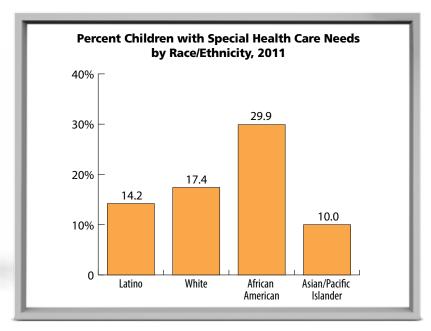












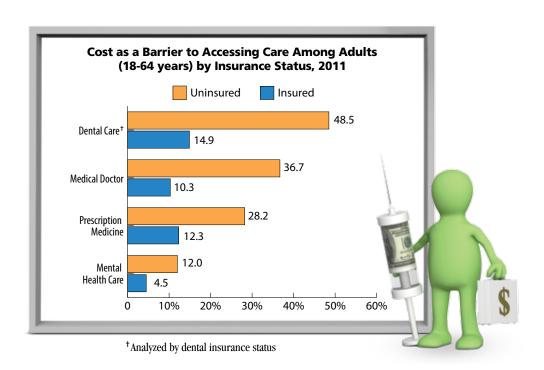
ACCESS TO CARE	HP 2020	National	LA County	TAGE VAILED	San Fernando	San Gabriel	Wetro	Mest SPA5	South South	SPA7	South Bay	
Insurance								"				
• Percent of children ages 0-17 years who are uninsured ²	0.0	7.0 ^{NC}	5.0	2.7*	4.2	4.3*	6.6*		8.6*		2.9*	
• Percent of adults ages 18-64 years who are uninsured ²	0.0	21.3 ^{NU}		19.5	27.0				38.2		26.7	
• Percent of children ages 0-17 years who do not have dental insurance ²	N/A	N/A	21.8	18.0	22.0	22.0		28.4		20.8	18.5	
 Percent of adults ages 18+ years who do not have dental insurance² 	N/A	N/A	51.8	44.7	49.0	51.0	61.1	39.4	62.9	53.0	49.3	
• Percent of children 0-17 years with no regular source of health care ²	0.0	3.3 ^{NC}	4.8	3.7*	3.8	4.5*	5.2 *	4.0*	7.3*	5.1	4.5*	
 Percent of adults 18-64 years with no regular source of health care² 	10.6	N/A	23.4	17.6	25.1	22.6	25.4	22.5	29.4	20.0	21.0	
Access to Health Care • Percent of children ages 0-17 years who have difficulty accessing medical care ²	N/A	N/A	12.3	12.7*	9.6	11.8	12.1	4.5*	17.7	16.4	10.1	
 Percent of adults who reported difficulty accessing medical care² 	N/A	N/A	31.7	26.7	28.9		38.0		44.6		28.5	
 Percent of children who did not see a doctor when needed in the past year because they could not afford it² 	N/A	1.7 ^{NC}	6.1	5.6*	3.5	6.0*	3.0*		9.9*		6.4	
 Percent of adults who did not see a doctor when needed in the past year because they could not afford it² 	N/A	6.5 ^{NA2}	16.0	13.3	16.8	15.1	17.7	12.2	18.7	17.8	14.0	
Access to Dental Care • Percent of children ages 3-17 years who did not obtain dental care (including check-ups) in the past year because they could not afford it ²	N/A	6.1 ^{NC}	12.6	9.0	9.6	13.9	11.3	8.5	14.9	16.6	12.2	
\bullet Percent of adults who did not obtain dental care (including check-ups) in the past year because they could not afford it 2	N/A	N/A	30.3	31.3	29.8	27.7	37.6	19.4	35.0	33.9	27.4	
 Access to Mental Health Care Percent of children ages 3-17 years who tried to get mental or behavioral health care in the past year² 	N/A	N/A	7.8	11.4	7.7	7.7	8.1	7.0*	5.8*	8.0*	8.3	4
 Percent of adults who tried to get mental health care in the past year² 	N/A	N/A	7.5	8.3	8.8	6.2	8.4	10.6	6.6	5.8	6.5	•

Medication

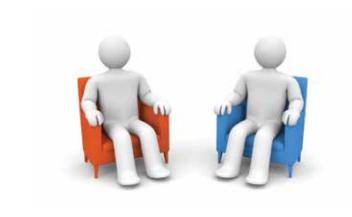
 \bullet Percent of a dults who did not obtain needed prescription medication in the past year because they could not afford it 2

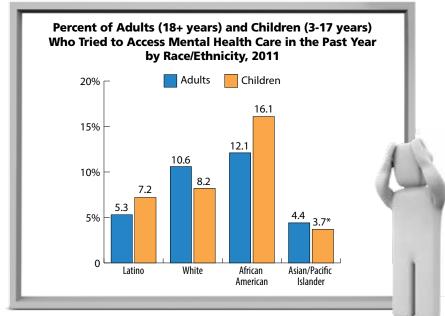
*The estimate is statistically unstable (relative standard error $\geq 23\%$)



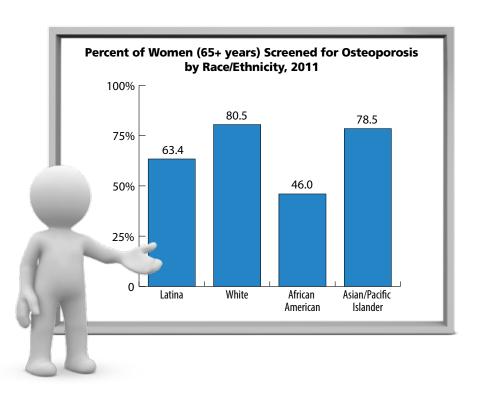






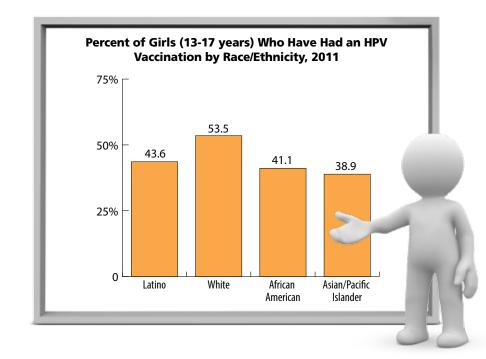


PREVENTIVES	HP 2020	National	LA County	LA Antelope Valley	San Fernando	San Gabriel	Netro	Nest West	South SPA6	SPA7	South Bay
Adult Health											
 Percent of men ages 45 years or older and women 55 years or older who take aspirin daily or every other day for their heart² 	N/A	N/A	33.8	35.2	36.1	33.2	33.5	35.8	30.9	32.8	32.4
• Percent of women 65 years or older who have ever been screened for osteoporosis ²	N/A	N/A	72.9	71.8	81.6	75.9	69.8	74.6	44.3	70.7	73.0
Women's Health • Percent of all live births where mother received prenatal care during the 1st trimester ⁶	77.9	N/A	81.6	66.7	88.3	83.4	78.9	85.2	77.1	82.4	79.6
 Percent of women ages 18-65 years who had a Pap smear within the past 3 years² 	93.0	83.0 ^{CS}	82.8	80.1	84.0	78.6		83.5	87.4	83.3	83.3
 Percent of women ages 50-74 years who had a mammogram within the past 2 years² 	81.1	72.4 ^{CS}	79.8	76.4	82.8	79.2	75.5	82.5	82.8	81.1	76.0
 Colorectal Cancer Screening Percent of adults ages 50-74 years who have been screened for colon cancer (blood stool test in past year OR sigmoidoscopy in the past 5 years OR colonoscopy in the past 10 years)⁷ 	70.5	58.6 [©]	65.3	71.0	65.0	65.6	64.5	72.3	57.8	57.2	69.7
Immunizations											
• Percent of girls 13-17 years vaccinated (at least one dose) for human papillomavirus (HPV) ²	N/A	53.0 ¹	44.6	61.5	43.2	57.1	51.9		29.2		37.2
• Percent of adults 18-64 years vaccinated for influenza in the past year ²	80.0	N/A	28.7	31.2	31.5	29.5	28.5		22.7		28.1
• Percent of adults 65 years or older vaccinated for influenza in the past year ²	90.0	61.3 ^B	64.2	61.7	65.4	68.9	60.4		51.7		63.9
 Percent of adults ages 65 years or older ever vaccinated for pneumonia² 	90.0	70.0 ^B	61.3	58.2	64.3	57.9	61.0	64.1	53.9	62.4	62.9









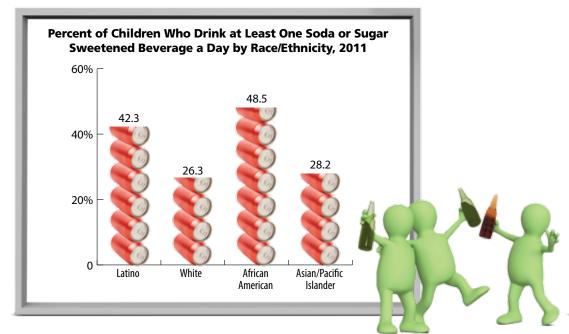
BEHAVIORS	HP 2020	National	LA County	LAGS Antelope Valley	San Fernando	San Gabriel	Metro Metro	West	South South	SPA7	South Bay
 Alcohol & Drug Use Percent of adults who binge drink (men who had 5 or more alcoholic drinks, women 4 or more, on at least once occasion in the past 30 days)² 	24.4	18.3 ^B	15.4	15.1	14.9	11.7	19.2	16.5	16.9	15.7	16.3
 Percent of teens ages 14-17 years who consumed at least one alcoholic drink in the past 30 days⁸ 	N/A	38.7 ^Y	32.9	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
 Percent of teens ages 14-17 years who binge drink (had 5 or more alcoholic drinks on at least one occasion in the past 30 days)⁸ 	8.5 ^{HP}	21.9 ^Y	17.9	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
 Percent of adults who misused prescription drugs in the past year² 	N/A	N/A	5.2	2.5*	4.4	4.6	7.4	3.5*	6.9	4.3*	6.8
Nutrition Breakfast • Percent of children ages 2-17 years who eat breakfast daily ²	N/A	N/A	84.5	81.9	84.0	84.8	86.8	88.4	85.9	84.2	82.4
Fruits/Vegetables • Percent of adults who consume five or more servings of fruits and vegetables a day ²	N/A	23.4 ^{B3}	16.2	12.5	17.1	17.6	16.9		11.4		17.2
Fast Food/Soda • Percent of adults who eat fast food at least once a week ²	N/A	N/A	40.0	41.5	37.9	42.0	32.3	27.8	46.5	50.6	38.9
 Percent of children who eat fast food at least once a week² 	N/A	N/A	50.5	61.3	44.4	49.8	41.6	31.6	60.7	55.4	52.9
 Percent of adults who drink at least one soda or sweetened drink a day² 	N/A	N/A	35.5	57.7	31.6	37.5	38.0	17.9*	35.2*	38.2	37.7
 Percent of children who drink at least one soda or sweetened drink a day² 	N/A	N/A	38.3	37.7	33.5	35.7	32.7	21.9	53.3	41.2	40.4
Tobacco Use • Percent of adults who smoke cigarettes ²	12.0	19.0 ^{NA}	13.1	15.6	13.8	10.9	14.9	9.7	13.3	14.4	13.0
 Percent of teens ages 14-17 years who smoke cigarettes⁸ 	16.0	18.1 ^y	9.1	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

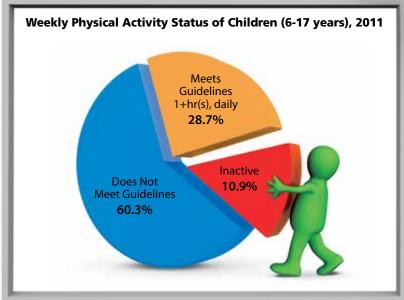
Physical Activity

- Percent of adults who obtain recommended amount of aerobic exercise each week
 (≥ 150 minutes/wk of moderate exercise, or ≥ 75 minutes/wk of vigorous exercise)²
- Percent of adults who obtain recommended amount of muscle-strengthening each week (at least 2 days/wk)²
- Percent of adults who meet the recommended amount aerobic and muscle-strengthening each week²
- Percent of adults who are inactive (do not participate in any aerobic activity)²
- Percent of children ages 6-17 years who obtain recommended amount of exercise each week (≥ 60 minutes, daily)²
- Percent of children ages 6-17 years who are inactive ²

*The estimate is statistically unstable (relative standard error $\geq 23\%$)

47.9	N/A	61.8	58.3	61.3	58.4	63.9	66.5	61.0	61.1	64.2
24.1	N/A	37.1	39.8	36.3	33.8	38.6	44.1	35.0	36.2	39.3
20.1	N/A	29.7	31.2	28.4	26.1	31.3	37.4	28.1	29.9	31.7
N/A	N/A	12.0	15.9	12.8	12.7	10.6	8.8	12.0	11.6	12.3
N/A	N/A	28.7	30.6	29.6	21.5	27.8	22.6	32.0	33.4	30.1
N/A	N/A	10.9	8.7	11.0	15.0	10.9	6.6*	12.4	10.0	8.0*





HEALTH	HP 2020	National	LA County	Antelope Valley	San Fernando	San Gabriel	Metro	West	South	East	South Bay
				SPA1	SPAZ	SPA3	SPA4	SPAS	SPA6	SPA/	SPAO
• Percent of children in grades 5, 7, & 9 who are obese (BMI above the 95th percentile) ⁹	N/A	N/A	22.4	20.3	19.8	20.8	26.7	15 2	29.0	25.7	20.7
• Percent of adults who are obese (BMI ≥ 30.0) ²		28.3 ^{NA}	23.6	34.8			20.7		32.7		
• Percent of adults who are overweight $(25.0 \le BMI < 30.0)^2$	N/A	34.5 ^{NA}		36.1	36.4	35.0	33.2	33.5		40.1	
Diabetes	IV/A	24.2	3/.1	30.1	30.4	33.0	33.2	23.3	3/.3	40.1	42.0
• Percent of adults ever diagnosed with diabetes ²	N/A	9.0 ^{NA}	9.5	10.7	9.3	7.7	7.3	5.5	10.1	15.1	9.8
• Diabetes death rate (age-adjusted per 100,000 population) ¹⁰	N/A	20.8 ^{MH}	20.2	40.6	15.7	19.8	18.1	9.3	34.1		18.3
Cardiovascular Disease											
 Percent of adults ever diagnosed with hypertension² 	26.9	25.5 ^{NA}	24.0	29.0	23.9	25.4	20.4	17.1	28.4	24.4	24.5
 Percent of adults ever diagnosed with high cholesterol² 	N/A	N/A	25.6	26.4	28.4	23.9	24.1	24.8	22.9	25.4	26.5
 Coronary heart disease death rate (age-adjusted per 100,000 population) 	100.8	123.7 ^{MC}	128.6	182.7	129.9	118.1	118.5	101.2	178.2	122.3	130.8
 Stroke death rate (age-adjusted per 100,000 population)¹⁰ 	33.8	39.1 ^{MH}	33.7	37.3	32.2	36.0	28.9	28.2	45.5	33.7	33.4
• Stroke death rate for African-Americans (age-adjusted per 100,000 population) ¹⁰	33.8	53.0 ^{MC}	49.6	**	91.5	60.6	47.2	**	55.1	**	41.7
Reproductive Health											
• Rate of births (per 1,000 live births) to teens ages 15-19 years ⁶	N/A	34.2 ^{BH}	28.1	33.9		22.4	35.5	6.0	51.1	30.9	25.7
• Percent of low weight (<2,500 grams) births (per 100 live births) ⁶	7.8	8.2 ^{BH}	7.1	8.3	7.1	6.4	7.1	6.8	8.1	6.6	7.1
• Percent of low weight (<2,500 grams) African American births (per 100 live births) ⁶	7.8	13.5 ^{BH}	11.8	11.7	10.5	10.5	11.7	9.4	13.4	12.0	10.6
• Infant death rate (per 1,000 live births) ⁶	6.0	6.2 ^{MH}	4.6	5.8	4.4	4.1	5.0	3.2	6.1	3.7	4.7
• African American infant death rate (per 1,000 live births) ⁶	6.0	11.6 ^{MH}	9.8	9.0	6.8	***	14.4	***	9.5	***	11.2
Musculoskeletal		N									
• Percent of adults diagnosed with arthritis ²	N/A	23.3 ^{NA}		24.0		20.1		17.7	15.7	18.2	15.7
• Percent of women 65 years or older diagnosed with osteoporosis ²	N/A	N/A	26.7	24.7*	27.3	27.3	32.3	24.9	21.6*	30.0	22.1

Injury

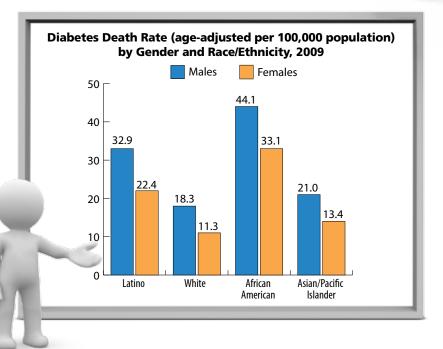
- Suicide rate (age-adjusted per 100,000 population)¹⁰
- Homicide rate among adolescents and young adults ages 15-34 years (per 100,000 population)¹⁰
- Death rate attributed to motor vehicle crashes (age-adjusted per 100,000 population)¹⁰
- Unintentional injury death rate among children ages 1-17 years (per 100,000 population)¹⁰
- Rate of unintentional drug-related (includes alcohol) death (age-adjusted per 100,000 population)¹⁰

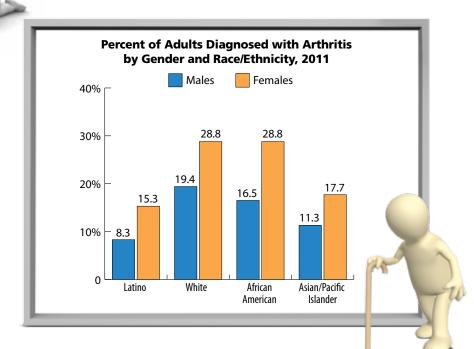
*The estimate is statistically unstable (relative standard error ≥ 23%)

** If <20 deaths a reliable rate can not be calculated

*** If <5 births a reliable rate can not be calculated







HEALTH	HP 2020	National	LA County	LAGS Antelope Valley	San Fernando	San Gabriel	Metro	SPA5	South South	East SPA7	South Bay
Mental Health											
• Percent of adults ever diagnosed with depression ²	N/A	17.5 ^B	12.2		13.9	10.6	13.4	13.4	10.8	11.7	10.7
• Percent of adults with current depression ²	N/A	N/A	8.3	12.6	8.9	6.4	9.3	10.3	8.0	7.6	7.7
 Percent of adults at risk for major depression² 	N/A	N/A	10.4		12.0	8.5	11.6		13.3	10.5	9.3
 Percent of adults ever diagnosed with anxiety² 	N/A	N/A	11.3	15.9	12.5	9.1	12.0	13.7	10.1	11.4	10.2
• Percent adults with current anxiety ²	N/A	N/A	6.4	6.6	7.2	5.3	7.4	7.6	6.9	5.6	5.5
• Alzheimer's disease death rate (age-adjusted per 100,000 population) ¹⁰	N/A	25.1 ^{MH}	21.0	30.6	25.7	19.8	13.3	24.0	18.3	21.0	20.1
 Communicable Diseases Incidence of HIVAIDS (annual new cases per 100,000 population) among adolescents and adults (ages 13+ years)^{11a} 	13.0	19.7 ^A	24.9	15.4	13.2	9.4	79.0	18.1	32.3	15.5	26.3
• HIV infection-related mortality rate (age-adjusted per 100,000 population) ¹⁰	3.3	2.6 ^{MH}	3.0	**	1.4	1.7	6.4	**	7.1	1.8	3.5
• Incidence of primary and secondary Syphilis (annual new cases per 100,000 population) ^{11b}	N/A	4.5°	8.1	2.1	6.1	2.2	27.1	7.2	10.5	4.9	4.7
• Incidence of Chlamydia (annual new cases per 100,000 population) ^{11b}	N/A	457.6 ^s	512.9	538.6	320.5	353.2	587.7	277.5	999.5	488.0	504.9
• Incidence of Gonorrhea (annual new cases per 100,000 population) ^{11b}	N/A	104.2 ^s	103.4	73.0	57.9	40.2	204.7	72.8	231.9	58.4	109.2
• Incidence of Tuberculosis annual new cases per 100,000 population) ¹²	1.0	3.4 ^T	7.3	5.2	5.5	8.1	12.8	3.6	8.1	7.6	5.8
 Respiratory Disease Percent of children ages 0-17 years with current asthma (ever diagnosed with asthma and reported still have asthma and/or had an asthma attack in the past year)² 	N/A	N/A	9.0	12.2*	9.1	7.8	4.3*	4.8	9.4	9.9	11.5
 Pneumonia/Influenza mortality rate (age-adjusted per 100,000 population)¹⁰ 	N/A	15.1 ^{MH}	21.3	23.0	19.3	20.9	21.0	19.0	24.6	21.5	23.6
 COPD/Emphysema mortality rate (age-adjusted per 100,000 population)¹⁰ 	N/A	40.6 ^{MC}	30.3	78.8	27.3	33.3	21.3	22.3	31.3	30.7	32.4

Cancer	
• Lung cancer death rate (age-adjusted per 100,000 popu	ılation) ¹⁰

- Breast cancer death rate among females (age-adjusted per 100,000 females)¹⁰
- Cervical cancer death rate (age-adjusted per 100,000 females)¹⁰
- Colorectal cancer death rate (age-adjusted per 100,000 population)¹⁰

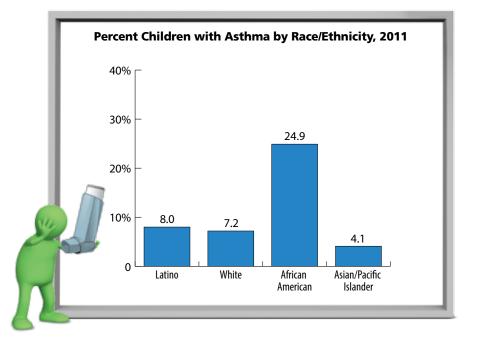
All Cause Mortality

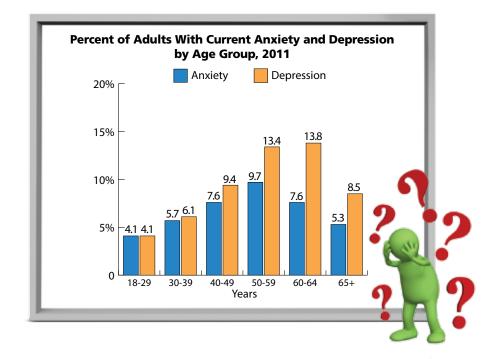
• (age-adjusted per 100,000 population)¹⁰

*The estimate is statistically unstable (relative standard error ≥ 23%)

** If <20 deaths a reliable rate can not be calculated







LOCAL DATA SOURCES & NOTES

- 1 U.S. Census Bureau, Summary File 1, 2010. Tables PCT12, P19. National Center for Health Statistics. Estimates of the April 1, 2010 resident population of the United States, by county, single-year of age (0, 1, 2, ..., 85 years and over), bridged race, Hispanic origin, and sex. Prepared under a collaborative arrangement with the U.S. Census Bureau.
- 2 2011 Los Angeles County Health Survey; Office of Health Assessment and Epidemiology, Los Angeles County Department of Public Health. Estimates are based on self-reported data by a random sample of 8,036 Los Angeles County adults and 6,013 parents/guardians/primary caretakers of children, representative of the population in Los Angeles County.
 - **a.** For language used most often at home, Asian includes: Burmese, Cambodian, Cantonese, Chinese unspecified, Filipino, Indian languages, Indonesian, Japanese, Korean, Mandarin, Tagolog, Taiwanese, Thai, Vietnamese; Other includes: European (Albanian, Armenian, Dutch, French, German, Hungarian, Italian, Norwegian, Polish, Portugese, Russian, Serbian, Swedish), Middle Eastern (Arabic, Farsi/Persian, Hebrew), African (Ethiopian, Nigerian), and Other (American Indian, Chinatec, Creole).
 - **b**. Disability was defined as a positive response to any of the following questions: Are you limited in any way in any activities because of a physical, mental or emotional problem?; Do you now have any health problem that requires you to use special equipment, such as a cane, wheelchair, a special bed or special telephone?; Do you consider yourself a person with a disability?
 - **c**. Food Insecurity is a scaled variable based on a series of five questions. [REFERENCE: SJ Blumberg, K Bialostosky, WL Hamilton, and RR Briefel The effectiveness of a short form of the Household Food Security Scale. Am J Public Health 1999 89: 1231-1234].
 - **d.** American Academy of Pediatrics: AAP policy statement: Children, Adolescents, and Television (RE0043). PEDIATRICS. February 2001; 107:2 (423-426) www.aap.org/policy/re0043.html.
 - **e**. Unhealthy days refers to a composite of the number of reported poor physical and/or mental health days in the past month. [REFERENCE: Centers for Disease Control and Prevention. Measuring Healthy Days. Atlanta, Georgia: CDC, November 2000. http://www.cdc.gov/hrqol/pdfs/mhd.pdf; http://www.cdc.gov/hrqol/methods.htm].
 - **f**. Children with Special Health Care Needs (CSHCN) Screening Tool from the FACCT Foundation for Accountability. The CSHCN screener has three "definitional domains." These are: (1) Dependency on prescription medications; (2) Service use above that considered usual or routine; and (3) Functional limitations. The definitional domains are not mutually exclusive categories. A child meeting the CSHCN screener criteria for having a chronic condition may qualify for one or more definitional domains. [REFERENCE: http://www.facct.org/cahmiweb/chronic/Screener/lwiscreen.htm].

- **3** Data source: July 1, 2011 Population and Poverty Estimates, prepared for Urban Research, LA County ISD, released 10/15/2012.
- 4 American Community Survey. 2006-2010 American Community Survey 5-Year Estimates; Household Income by Gross Rent/Monthly Owner Costs as Percentage of Household Income in the Past 12 Months.
- 5 EPA calculates AQI for five major air pollutants regulated by the Clean Air Act: ground-level ozone, particulate matter, carbon monoxide, sulfer dioxide, and nitrogen dioxide. 2011 data. [http://www.airnow.gov/index.cfm?action=aqibasics.aqi; http://www.epa.gov/airdata/

ad_rep_aqi.html].

- 6 Los Angeles County Department of Public Health, Maternal, Child & Adolescent Health Program; 2010 birth and 2010 death record data (for infant mortality) and 2011 birth data obtained from the California Department of Public Health, Center for Health Statistics, OHIR Vital Statistics Section.
- 7 2007 California Health Interview Survey, UCLA Center for Health Policy Research.
- **8** Centers for Disease Control and Prevention. Youth Risk Behavior Surviellance United States, 2011. MMWR 2012;61 (No. SS-61-4). http://www.cdc.gov/mmwr/pdf/ss/ss6104.pdf.
- **9** Los Angeles County public school children, grades 5, 7, and 9. Prepared by the Los Angeles County Department of Public Health, Office of Health Assessment and Epidemiology, Epidemiology Unit; Data obtained from the 2010 California Physical Fitness testing Program, California Department of Education.
- 10 Los Angeles County Department of Public Health (DPH), Office of Health Assessment and Epidemiology, Linked 2009 California DPH Death Statistical Master File for Los Angeles County Residents.
- 11 Los Angeles County Department of Public Health, Division of HIV and STD Prevention.
 - **a**. Enhanced HIV/AIDS Reporting System (EHARS), HIV Epidemiology, Los Angeles County 2011 data as of 08/31/2012. Data are provisional due to reporting delay.
 - **b.** Sexually Transmitted Disease Casewatch System, Los Angeles County 2011 data; Excludes cases from Long Beach and Pasadena. Additional data note: Not all chlamydia cases were geocoded to a SPA, resulting in slightly underestimated rates for some SPAs. For example, although the incidence rate for SPA 8 appears lower than that for LAC, using the known geocoded data, it was significantly higher compared to the other 7 SPAs combined.
- 12 Los Angeles County Department of Public Health, Tuberculosis Control Program, 2011 data. TB cases in Pasadena and Long Beach are not included because these two cities have their own TB Control Programs.

- A Centers for Disease Control and Prevention. Diagnosed HIV infection among adults and adolescents in metropolitan statistical areas—United States and Puerto Rico, 2010. HIV Surveillance Supplemental Report 2013;18(No. 1). http://www.cdc.gov/hiv/topics/surveillance/resources/reports/#supplemental. Published January 2013. Accessed February 27, 2013.
- AC Source: U.S. Census Bureau, 2011 American Community Survey 1-Year Estimates. Tables: B16007, C15001, B25070, B17001, B11005, and B05003.
- B Centers for Disease Control and Prevention (CDC). Behavioral Risk Surveillance System Survey Data. Atlanta, Georgia: U.S.
 Department of Health and Human Services, Centers for Disease Control and Prevention, 2011. www.cdc.gov/brfss.
- B2 Centers for Disease Control and Prevention (CDC). Data are from the 1993–2010 Behavioral Risk Factor Surveillance System (BRFSS). Atlanta, Georgia: U.S. Department of Health and Human Services. All respondents to the BRFSS are non-institutionalized adults, 18 years old or older. http://apps.nccd.cdc.gov/HRQOL/.
- B3 Centers for Disease Control and Prevention (CDC). Behavioral Risk Surveillance System Survey Data. Atlanta, Georgia: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, 2009. www.cdc.gov/brfss.
- BF National Immunization Survey, Centers for Disease Control and Prevention, Department of Health and Human Services, 2008 data for 19-35 month olds; http://www.cdc.gov/breastfeeding/data/nis data/. Accessed 1/14/2013.
- BH Hamilton BE, Martin JA, Ventura SJ. Births: Preliminary data for 2011. National vital statistics reports; vol 61 no 5. Hyattsville, MD: National Center for Health Statistics. 2012. www.cdc.gov/nchs/data/nvsr/nvsr61/nvsr61_05.pdf.
- C Source: U.S. Census Bureau, Summary File 1, 2010. Tables PCT12, P19. National Center for Health Statistics. Estimates of the April 1, 2010 resident population of the United States, by county, single-year of age (0, 1, 2, ..., 85 years and over), bridged race, Hispanic origin, and sex. Prepared under a collaborative arrangement with the U.S. Census Bureau.
- CS Centers for Disease Control and Prevention. Cancer Screening United States, 2010. MMWR 2012;61:41-45. http://www.cdc.gov/mmwr/pdf/wk/mm6103.pdf.
- HP U.S. Department of Health and Human Services. Office of Disease Prevention and Health Promotion. Healthy People 2020. Washington, DC. Available at: www.healthypeople.gov.
 Accessed: February 19, 2013. Additional notes: data for breastfeeding is for children 19-35 months; teen binge drinking is for ages 12-17 years; adults who are obese is for ages 20 years and older.



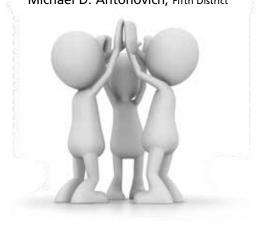
- I Centers for Disease Control and Prevention. National and State Vaccination Coverage Among Adolescents Aged 13–17 Years — United States, 2011. MMWR 2012;61:671-677. http://www.cdc. gov/mmwr/pdf/wk/mm6134.pdf.
- MC Centers for Disease Control and Prevention, National Center for Health Statistics. Underlying Cause of Death 1999-2010 on CDC WONDER Online Database, released 2012. Accessed at http://wonder.cdc.gov/ucd-icd10.html on Jan 25, 2013.
- MH Hoyert DL, Xu JQ. Deaths: Preliminary data for 2011. National vital statistics reports; vol 61 no 6. Hyattsville, MD: National Center for Health Statistics. 2012. www.cdc.gov/nchs/data/nvsr/nvsr61/nvsr61_06.pdf.
- NA Summary Health Statistics for U.S. Adults: National Health Interview Survey, 2011. National Center for Health Statistics. Series 10(256) December 2012. http://www.cdc.gov/nchs/data/series/sr_10/sr10_256.pdf.
- NA2 Summary Health Statistics for U.S. Population: National Health Interview Survey, 2011. National Center for Health Statistics. Series 10(255) December 2012. http://www.cdc.gov/nchs/data/series/sr_10/sr10_255.pdf.
- NC Summary Health Statistics for U.S. Children: National Health Interview Survey, 2011.

 National Center for Health Statistics. Series 10(254) Provisional Report. December 2012.

 Additional notes: data for ADD/ADHD is for children 3-17 years; and data for children who did not obtain dental care because they could not afford it is for children 2-17 years. http://www.cdc.gov/nchs/data/series/sr 10/sr10 254.pdf.
- NU CDC/NCHS, National Health Interview Survey, 1997—June 2012, Family Core component. http://www.cdc.gov/nchs/data/nhis/earlyrelease/earlyrelease201212_01.pdf.
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