2007 LOS ANGELES COUNTY HEALTH SURVEY — Subsample 1 —

HEALTH DEPARTMENT

H1. I would like to ask you some questions about the effectiveness of programs and services provided by the Los Angeles County Health Department. (READ ITEMS IN RANDOM ORDER, ASKING:) How effective do you feel these programs and services are – very effective, somewhat effective, not too effective or not at all effective?

	VER EFFEC	Y SOMEWHAT NOT TOO NOT AT ALL TIVE EFFECTIVE EFFECTIVE DK REF
	 () a. assuring food safety, such as through grading restaurants or inspecting supermarkets and other places that sell food	
	 b. protecting the public from the spread of infectious (IN-FEK-SHUS) diseases such as AIDS, hepatitis (HEP-AH-TI-TIS) and tuberculosis (TOO-BUR-CUE-LO-SIS)1 	
	 c. protecting the public from diseases that can be spread by terrorists, such as smallpox, anthrax, and other germs	
	 d. tracking health trends in the County and reporting this information back to residents, health care organizations, and other interested persons	
Н3.	From which of the following sources do you get health-related information – radio, TV, the Internet, newspapers or magazines, from a doctor or health care provider, from family, friends or co-workers, or from another source? (ANSWER CAN BE A MULTIPLE)	RADIO1TELEVISION2THE INTERNET3NEWSPAPERS/MAGAZINES4DOCTOR OR HEALTH CARE PROVIDER5FAMILY, FRIENDS, CO-WORKERS6SOME OTHER SOURCE7DON'T KNOW8REFUSED9
H4.	Would you think to notify the Public Health Department if you believed you or your family had gotten food poisoning? (IF NECESSARY:) This could be from any commercial food source such as at a restaurant, cafeteria, lunchroom, catered event, take out, delivered food or from a street vendor.	YES
BUILT	ENVIRONMENT	
BE1.	How likely would you be to take public transportation if it were accessible – very likely, somewhat likely, somewhat unlikely or very unlikely?	VERY LIKELY
IF NOT "	VERY UNLIKELY", ASK:	

BE2.	How long would you be willing to walk to get to public	MINUTES	
	transportation? How many minutes?	WOULD NOT DO THIS	. 97
		DON'T KNOW	. 98
		REFUSED	. 99

BE2x.	Are there safe places to be physically active in your	YES1
	neighborhood, including sidewalks and streets for walking or	NO2
	jogging?	DON'T KNOW8
		REFUSED9

IF EMPLOYED (Q43 = 1 OR 2), ASK:

BE3.		a have the opportunity to do physical activity or se at work?	YES
	IF NO C	R DON'T KNOW, ASK:	
	BE4.	Why do you not have the opportunity to exercise at work? Would you say it's because there are no exercise facilities, because the neighborhood where you work is not safe, because you don't have time to exercise at work, because you don't want to exercise at work, or some other reason? (ANSWER MAY BE A MULTIPLE)	NO FACILITIES TO EXERCISE IN

- BE5. How many cars, vans and trucks do you have at home for use?
- BE6. When your errands are within one mile of your house, do you usually drive, walk, ride a bike, take a bus or metro, get a ride or something else, or are there no errands you have within a mile of your house?

VEHICLES	
DON'T KNOW	98
REFUSED	99
DRIVE	1
WALK	2
BIKE	3
TAKE A BUS/METRO	
GET A RIDE	5
OTHER	6
NO ERRANDS WITHIN ONE MILE	7
DON'T KNOW	8
REFUSED	9

IF DRIVE OR GET A RIDE, ASK:

BE7.	Do you (drive) (get a ride) because (READ ITEMS IN RANDOM ORDER)?	
		<u>YES NO DK REF</u>
	() a. There are no sidewalks	1 289
	() b. There is no public transportation	1 289
	() c. You have large or heavy packages, or other passengers with you	1 289
	() d. You prefer to do errands on your way to or from other places	1 289
	() e. You feel your neighborhood is unsafe	1 289

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2007 LOS ANGELES COUNTY HEALTH SURVEY -Subsample 2 -

NUTRITION

These next few questions are about nutrition.

N1.	How healthy do you think your diet is? Would you say it is	VERY HEALTHY	1
	very healthy, somewhat healthy, somewhat unhealthy, or	SOMEWHAT HEALTHY	2
	very unhealthy?	SOMEWHAT UNHEALTHY	3
		VERY UNHEALTHY	4
		DON'T KNOW	8
		REFUSED	9
N2	What do you think your healthiest weight would be?	LBS	

What do you think your healthiest weight would be? N2.

LBS.	
DON'T KNOW	998
REFUSED	999

IF N1 = 2, 3, 4, 8 OR 9, ASK:

N3.	Are any of the following reasons why you do not eat healthier meals? (READ ITEMS IN RANDOM ORDI this a reason why you don't eat healthier?	R) Is
	YES NO I	
	() a. You don't want to give up the foods you like	89
	() b. It takes too much time or effort to prepare healthy meals 1 2	89
	() c. You don't know or understand nutrition guidelines 1 2	89
	() d. It costs too much to purchase foods that are nutritious 1	89
	() e. You prefer to eat at restaurants or get take-out1	89
N4.	On an average day, about how many sodas or sweetened PER DAY	
	drinks such as Gatorade, Red Bull or Sunny Delight do you RARELY/NEVER	
	drink? Do not include diet sodas or sugar-free drinks. Please DON'T KNOW	
	count a 12-ounce can, bottle or glass as one drink. REFUSED	99
N5.	How many calories do you think are in a (READ ITEMS IN RANDOM ORDER)? Just your best estimate.	
	CALORIES <u>DK</u>	REF
	() a. a bottle of beer, such as Budweiser or Michelob (not including light beers) 9998	.9999
	() b. hamburger (such as a Big Mac or Whopper)	.99999
	() c. can of Coke or Pepsi	
N6.	I am going to read some statements about nutrition-related issues and, for each, please tell me w you agree or disagree. (READ ITEMS IN RANDOM ORDER:) Do you agree or disagree?	nether
	AGREE DISAGREE I	<u>K REF</u>
	() a. It is a good idea to post calorie information on restaurant menus and menu boards	89
	() b. I would support a tax increase on sodas as a way to discourage kids and others from drinking too many of them	89
	() c. Eating at fast food restaurants can increase the chance of becoming overweight or obese	
	() d. There should be restrictions placed on the advertising of sugared cereals, candy, sodas, and fast foods to children2	89

- N7. Have you seen, read or heard anything about the dangers of trans fats in foods?
- N8. Trans fats are vegetable oils found in margarines, and some types of processed vegetable oils and shortening used frequently for frying and baked goods. Trans fat consumption has been shown to significantly increase the risk of cardiovascular disease and deaths. Trans fats increase the bad type of cholesterol, LDL, and reduce the good cholesterol, HDL. Do you think there should be restrictions or limitations placed on the use of trans fats in restaurants?

YES NO DON'T KNOW REFUSED	2 8
YES NO DON'T KNOW	2
REFUSED	9

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2007 LOS ANGELES COUNTY HEALTH SURVEY -Subsample 3 –

PETS

P1. Do you have a pet?

YES	1
NO	2
DON'T KNOW	8
REFUSED	9

IF YES	S, ASK:		
P2.	How many dogs do you have?	DOGS DON'T KNOW REFUSED	-
P3.	How many cats do you have?	CATS DON'T KNOW REFUSED	-
P4.	How many birds do you have?	BIRDS DON'T KNOW REFUSED	

SLEEP

SL1.	On average, how many hours of sleep do you get in a 24- hour period? (round to the nearest hour)	HOURS DON'T KNOW
SL2.	On average, how many hours of sleep do you think you need in a 24-hour period? (round to the nearest hour)	HOURS DON'T KNOW 98 REFUSED 99
STD T	ESTING	
HIV1	Do you agree or disagree with the following statement: "H-I-V testing should be included as part of a person's routine blood work when seeking medical services."? IF DISAGREE, DON'T KNOW OR REFUSED, ASK:	AGREE
	 HIV2. The U.S. Center for Disease Control and Prevention, part of the federal government, now recommends that all individuals age 13-64 be tested for H-I-V as part of routine medical care. Knowing this, do you agree or disagree that all adults should be periodically tested for H-I-V? 	AGREE
HIV3.	Do you agree or disagree with the following statement: "Medications taken during pregnancy and birth can reduce or prevent H-I-V transmission from mother to child."?	AGREE

HIV4.	How comfortable would you feel talking to your health care provider about H-I-V – very comfortable, somewhat	VERY COMFORTABLE	-
	comfortable, not too comfortable, or not at all comfortable?	NOT TOO COMFORTABLE	3
		DON'T KNOW REFUSED	8

Sexually transmitted diseases, or STDs, are infections you can get from having sex. Syphilis (SIF-IL-LIS), gonorrhea (GAHN-OR-E-AH), Chlamydia (CLAM-ID-E-AH), herpes (HER-PEES), and genital warts are all types of STDs.

YES	1
NO	2
DON'T KNOW	8
REFUSED	9

NO......2 DON'T KNOW......8

FVES ASK:

HIV5. Have you ever been tested for STDs?

IF YES,	ASK.	
HIV6.	Was this within the past twelve months?	YES
Has a	doctor or nurse ever told you that you had an STD?	YES1

HIV7. Has a doctor or nurse ever told you that you had an STD?

HIV8.	Which STD? (READ LIST IF NECESSARY) (ANSWER CAN	Chlamydia	
	BE A MULTIPLE)	Gonorrhea	
		Genital herpes	3
		HPV/human papillomavirus	
		(PAP-ILL-OH-MAH-VY-RUS)	4
		Syphilis	5
		Genital warts	6
		Other	7
		DON'T KNOW	8
	DO NOT READ	REFUSED	9

PRISON

YES1 P1. Have you ever spent any time in a correctional facility, jail, prison, or detention center as an adult, that is, when you were NO......2 age 18 years or older? DON'T KNOW......8 REFUSED......9

2007 LOS ANGELES COUNTY HEALTH SURVEY -Subsample 4 –

ALCOHOL & METH

IF Q30 NOT METHAMPHETAMINE OR Q129 NOT YES, ASK:

AM1.	Do you personally know anyone who has used methamphetamines or speed not prescribed by a doctor, even just one time?	YES
	IF YES, ASK:	
	AM2. Is this person or persons a family member or spouse, a friend, a co-worker or another acquaintance? (ANSWER CAN BE A MULTIPLE)	FAMILY MEMBER/SPOUSE 1 FRIEND 2 CO-WORKER 3 ANOTUSE ACQUANTANCE 3
		ANOTHER ACQUAINTANCE
AM3.	During the past 30 days, have you seen, read or heard anything about methamphetamines?	YES
AM4.	Do you agree or disagree with the following statements? (READ you agree or disagree?	DITEMS IN RANDOM ORDER, ASKING:) DO
	() a. Methamphetamines are highly addictive() b. Methamphetamines can be easily made with commor	n household
AM5.	products in your own home An alcopop (AL-CO-POP) is a term used to describe bottled alcoholic beverages that resemble sweet and fruity drinks such as soda and lemonade. Examples of alcopops include Mike's Hard Lemonade, Skyy Blue, Bacardi Silver, and Jack Daniel's Country Coolers. During the past <u>30 days</u> how many times did you drink an alcopop beverage?	0 TIMES
AM6.	During the past <u>30 days</u> how many times did you see alcopop advertising on billboards, television, radio, the	0 TIMES

Internet or in magazines?

AM7. Please tell me whether you agree or disagree with each of the following statements. (READ ITEMS IN RANDOM ORDER:)

			AGREE	DISAGREE	DK	REF
() a.	Alcopops taste better than beer or other drinks that contain alcohol	1	2	8	9
() b.	You can't get as drunk drinking alcopops compared to other forms of alcohol	1	n	0	0
() C.	Women drink alcopops more than men	1	2	8	9
() d.	Alcopops advertisements target adults more than youth	1	2	8.	9
() e.	Alcopops are easy to get	1	2	8.	9
() f.	Advertisements for alcopops are cool because they use good-looking				
		men and women	1	2	8	9

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2007 LOS ANGELES COUNTY HEALTH SURVEY -Subsample 5 –

TOBACCO POLICY

T1.	In your opinion, how harmful is <u>tobacco use to one's health</u>	VERY HARMFUL	1
	 very harmful, somewhat harmful, not too harmful, not al all 	SOMEWHAT HARMFUL	2
	harmful?	NOT TOO HARMFUL	3
		NOT AT ALL HARMFUL	4
		DON'T KNOW	8
		REFUSED	9
T2.	In your opinion, how harmful is exposure to second-hand	VERY HARMFUL	1
	smoke to one's health – very harmful, somewhat harmful, not too harmful, not at all harmful?	SOMEWHAT HARMFUL	2
		NOT TOO HARMFUL	3
		NOT AT ALL HARMFUL	4
		DON'T KNOW	8
		REFUSED	9
ТЗ.	In your opinion, how serious of a health issue is cigarette use	VERY SERIOUS	1
	by minors – very serious, somewhat serious, not too serious	SOMEWHAT SERIOUS	2
	or not at all serious?	NOT TOO SERIOUS	3
		NOT AT ALL SERIOUS	
		DON'T KNOW	8
		REFUSED	9

T4. I am going to read some statements about tobacco related issues and, for each, please tell me whether you agree or disagree. (READ ITEMS IN RANDOM ORDER, ASKING:) Do you agree or disagree?

				AGREE	DISAGREE	DK	<u>REF</u>
() a.	Store owners should be licensed to sell cigarettes in th are licensed to sell liquor or beer			2	8.	9
() b.	Films that contain smoking should be rated "R", which p of children under 17 unless accompanied by a parent or			2	8.	9
() c.	All employee health insurance plans should cover serv who want to quit			2	8.	9
() d.	It is easy for youth under age 18 to buy cigarettes in Lo	s Angeles Cour	nty 1	2	8.	9
() e.	Store owners should be penalized for selling tobacco to	o minors	1	2	8.	9
() f.	Cigarettes should not be sold in pharmacies		1	2	8.	9
() g.	The distribution of free or low-cost tobacco products, correbates should be prohibited		1	2	8.	9
() h.	There should be more programs in Los Angeles Count quit smoking			2	8.	9
() i.	Health care facilities, such as hospitals and clinics, sho in outdoor areas including doorways, facilities grounds	, parking lots, an	d	-		
		walkways		1	2	8 .	9
Do	o you	favor or oppose a law requiring separate smoking	FAVOR				1
		n-smoking units in multi-unit housing, such as	OPPOSE				2
		ents, to protect non-smokers from exposure to second	DON'T KNOW				
ha	nd sr	noke?	REFUSED				9

T5.

	11		N RANDOM ORDER)?	FAVOR	OPPOSE	DK	REF
	() a.	outdoor dining areas		2	8.	9
	() b.	within 20 feet of public building entrances	1	2	8.	9
	() c.	in waiting areas such as bus stops, movie lines, or at ATMs	1	2	8.	9
	() d.	in outdoor entertainment areas, such as amusement parks, zoos, fairgrounds, and sports complexes	1	2	8	9
	() e.	parks	1	2	8.	9
	(, 0.	P~~~~				
HOUS	EH	OLD '	ТҮРЕ				

HH1.	family o apartm	h type of housing do you currently live? Is it a single- detached home, a condominium or townhouse, an ent building with 15 or less units, an apartment g with more than 15 units, or something else?	SINGLE-FAMILY DETACHED HOME1 CONDOMINIUM OR TOWNHOUSE2 APARTMENT WITH 15 UNITS OR LESS3 APARTMENT WITH MORE THAN 15 UNITS4 OTHER
HH2.	Do you	currently rent or own?	RENT 1 OWN 2 DON'T KNOW 8 REFUSED 9
	IF RENT	, ASK:	
	HH3.	Is your rental unit a subsidized public housing unit or not? Subsidized housing receives financial assistance from the government to help pay for some rent or utilities.	SUBSIDIZED PUBLIC HOUSING1 NOT SUBSIDIZED HOUSING2 DON'T KNOW8 REFUSED9

2007 LOS ANGELES COUNTY HEALTH SURVEY -Subsample 6 -

PANDEMIC FLU

Every 50 years or so, a more deadly form of the seasonal flu, known as <u>pandemic flu</u>, can occur – and sicken and kill many people. Imagine that pandemic flu arrived in your community. In order to keep it from spreading and to protect the safety of children, schools and daycare facilities may be closed for some period of time.

		I	
PF1.	Suppose <u>you</u> had pandemic flu, and health officials recommended that you stay at home, away from people for 7 to 10 days. Is this something you would do?	YES NO DON'T KNOW REFUSED	2 8
PF2.	Think about what you have in your home right now. For how many days would you be able to stay in your home, without anyone shopping for additional supplies – 1 to 3 days, 4 to 6 days, 7 to 9 days, or 10 days or more?	1-3 4-6 7-9 10 or more Don't know Refused	2 3 4 8
PF3.	If public health officials said you should be prepared to take care of members of your household at home for 7 to 10 days if they became sick, would you be able to?	YES No Not Applicable Don't Know Refused	2 3 8
PF4.	What if taking care of that person involved keeping them isolated from others in a separate room and having only one person take care of the sick person for 7 to 10 days. Would you be able to do that?	YES No Not Applicable Don't Know Refused	2 3 8
PF5.	What if another member of your household was sick from pandemic flu and health officials recommended that you and <u>all</u> members of your household should stay at home for 7 to 10 days. Would you be able to do that?	YES NO NOT APPLICABLE DON'T KNOW REFUSED	2 3 8
IF EMPL	OYED (Q43 = 1 OR 2), ASK:		
PF6.	If you were asked to stay home from work for 7 to10 days, would you be able to?	YES NO DON'T KNOW REFUSED	2 8
PF7.	If you were asked to stay home from work for <u>one month</u> , would you be able to?	YES NO DON'T KNOW REFUSED	2 8
PF8.	Would it become a serious financial problem if you stayed home from work for 7 to 10 days?	YES NO DON'T KNOW REFUSED	2 8

PF9.	Would it become a serious financial problem if you stayed home from work for <u>one month</u> ?	YES
PF10.	If public health officials said you should stay home from work, but your employer told you to come to work, would you stay at home or go to work?	STAY AT HOME
PF12.	If you were asked to stay home from work for 7 to 10 days because of a serious outbreak of pandemic flu, would you be able to work at home or telecommute for that long?	YES
PF13.	If you were asked to stay home from work for <u>one month</u> because of a serious outbreak of pandemic flu, would you be able to work at home or telecommute for that long?	YES
PF14.	Do you get paid by the hour or are you salaried? (ANSWER CAN BE A MULTIPLE)	PAID BY HOUR
PF15.	Do you have paid sick leave separate from vacation or other personal leave?	YES
	IF YES, ASK: PF16. How many paid sick days are you given each year – less than 5 days, 5 – 10 days, 11 – 15 days or more than 15 days?	LESS THAN 5 DAYS
PF17.	Do you work in the fire, police, public health department, or are you a health care provider?	YES TO ANY

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2007 LOS ANGELES COUNTY HEALTH SURVEY -Subsample 7 -

CHILD POLICY

C1.	How would you rate your community as a place to raise family – excellent, good, only fair, or poor?	C C F C	good DNLY Fair Poor Don't Know			2 3 4 8
C2.	How would you rate your community on… (READ ITEMS IN poor?	N RANDON	/ ORDER) —	excellent, g	good, only	/ fair, or
	 () a. public safety () b. the availability of quality, affordable child care and pre-school 	1	2			89
	() c. the availability of quality, affordable health care services	1				
	 () d. the availability of safe places for children to play () e. people's involvement in community issues 					
C3.	Please tell me how strongly you agree or disagree with e children. (READ ITEMS IN RANDOM ORDER, ASKING:) Do you disagree or strongly disagree?					
	S	STRONGLY AGREE	SOMEWHAT <u>AGREE</u>	Somewhat <u>Disagree</u>		(<u>DK REF</u>
	() a. The prevention of child abuse and child neglect is the sole responsibility of families	1	2	3	4	89
	() b. The most critical developmental period of life is from the time a child is conceived until age three	1	2	3	4	89
	 () c. Children's ability to learn cannot be greatly increased or decreased by how parents or others interact with them 					
	 () d. Having close personal relationships is essential to a child's social, emotional, and health development and school readiness 	1	2	3	4	89
	() e. Children who go to pre-school will do better in later grades than those who don't go to preschool	ol 1	2	3	4	89
	 f. The health and well-being of parents, primary caregivers and other family members is importan to the growth and development of young children 	nt				
C4.	Thinking about <u>low income</u> working families such as a fa of four earning about \$20,000 or less In your opinion, should the government help pay for all, most, some or no of the child care costs so that <u>low income</u> parents can we	one s ork? N	MOST SOME NONE DON'T KNOW	/		2 3 4 8

Have y L-A?	ou ever heard of	an organization called Fi	rst Five	YES			
IF YES,	ASK:						
C6.	From which of t something about	he following sources hav ut First Five L-A (READ ANSWER CAN BE A MULTIPL	E)	TV or radio,			
C7.	To the best of your knowledge, which of the following things do you associate with First Five L-A? (READ ITEMS IN RANDOM ORDER, ASKING:) Do you associate this with First Five L-A?						
	 () b. prescheine () c. telephone () d. sporting () e. children 	ool one help line g goods n's clothing		<u>YES NO DK REF</u> 1289 1289 1289 1289 1289 1289 1289 1289			
C8.		heard of a telephone info ed First 5 L-A Parent Help		YES			
	IF YES, ASK:						
	C9. From w you hea Parent	which of the following sou ard something about Firs Helpline (READ CATEG R CAN BE A MULTIPLE)	it 5 L-A ORIES)?	TV or radio,			
		ou yourself ever called F Helpline?	irst 5 L-A	YES			

C5.