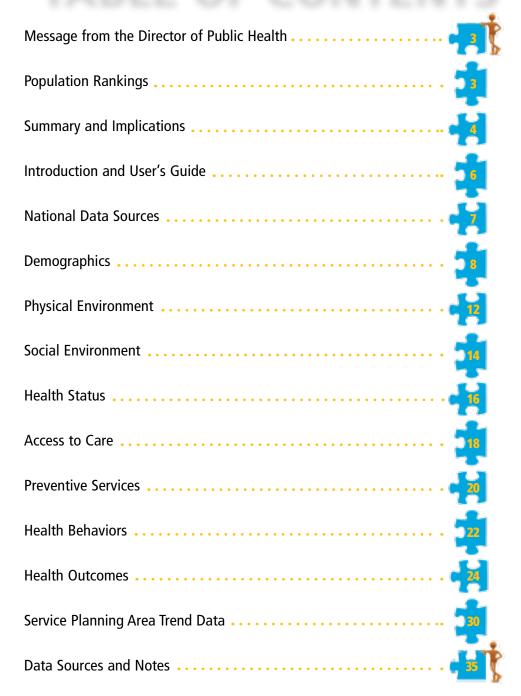


KEY INDICATORS OF HEALTH

by Service Planning Area

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MESSAGE FROM THE DIRECTOR OF PUBLIC HEALTH

The Los Angeles County Department of Public Health is pleased to present this report on the **Key Indicators of Health by Service Planning Area**. The results provide a profile of the health of Los Angeles County residents that is intended to inform and engage our many partners—communities, cities, other government agencies, businesses, schools, academics, volunteer organizations—and all the other stakeholders who are working to make LA County a healthier place.

Like pieces of a puzzle, many components must come together in order for a population to achieve good health. In this report, we share data about the health-related behaviors of LA County residents; our access to medical care, dental care, and health insurance; our utilization of preventive services; our rates of chronic disease, infectious disease, injury, and related mortality; and our population's perceptions about their own health. Very importantly, this publication also describes some of the key factors in our social, economic, and physical environments that impact health, which can often be improved through community action and policy change.

While many opportunities exist for protecting and improving the health of the residents of Los Angeles County, we also face enormous challenges. Our hope is that the information contained in this report will be a helpful resource for overcoming these challenges, and will allow us to more effectively prioritize and target our efforts to address the myriad public health issues that confront us, piece by piece.







Population Rankings

Populations of LA County, SPAs, and Individual US States by Rank

1.	California	(36,121,296)
----	------------	--------------

2. Texas

3. New York

4. Florida

5. Illinois

Pennsylvania

7. Ohio

8. LA County (10,174,823

9. Michigan

10. Georgia

11. North Carolina

12. New Jersev

13. Virginia

14. Massachusetts

15. Washington

16. Indiana

17. Arizona

18. Tennessee

19. Missouri

20. Maryland

21. Wisconsin

22. Minnesota

23. Colorado

24. Alabama

25. South Carolina

26. Louisiana

27. Kentucky

28. Oregon

29. Oklahoma

30. Connecticut

31. lowa

32. Mississippi

33. Arkansas

34. Kansas

35. Utah

36. Nevada

37. SPA-2 San Fernando (2,146,515)

38. New Mexico

39. SPA-3 San Gabriel (1,868,116)

40. West Virginia

41. Nebraska

42. SPA-8 South Bay (1,605,621)

43. Idaho

44. SPA-7 East (1,379,540)

45. Maine

46. New Hampshire

47. Hawaii

48. SPA-4 Metro (1,260,196)

49. Rhode Island

50. SPA-6 South (1,041,685)

51. Montana

52. Delaware

53. South Dakota

54. Alaska

55. North Dakota

56. SPA-5 West (636,309)

57. Vermont

58. District of Columbia

59. Wyoming

60. SPA-1 Antelope Valley (347,823)



SUMMARY & IMPLICATIONS

Los Angeles County is the most populous county in the United States, home to 10 million people sprawled across vast urban communities, suburban enclaves, and rural neighborhoods. Because of the County's large size, for health care delivery and health planning purposes the region is divided into 8 geographic Service Planning Areas, or "SPAs." This report, the Key Indicators of Health by Service Planning Area, provides a unique look at the health of people residing in these diverse regions of Los Angeles County.

In addition to highlighting statistics regarding death and disease, this report describes the Los Angeles County population's access to care, health behaviors, and measures of the social and physical environment that impact health. The report also presents key trend data for important public health indicators. The information compiled here reveals significant, persistent health disparities among people living in different geographic parts of the County. For many indicators of health, from poverty status to rates of communicable and chronic disease, where in the County people reside greatly affects how well or how poorly they fare.

On many health measures, residents of the South SPA are worse off than other Angelenos. The Antelope Valley, Metro, and East SPAs also fare poorly with regard to some indicators. Because these health disparities arise to a large degree from inequitable social, economic, and environmental conditions, efforts to reduce these disparities require a broad range of tactics, including approaches that elevate the social circumstances and environments in which people live. We must not only improve access to health care and expand health education and outreach, but ameliorate poor environmental conditions through informed public policy and land use modification.

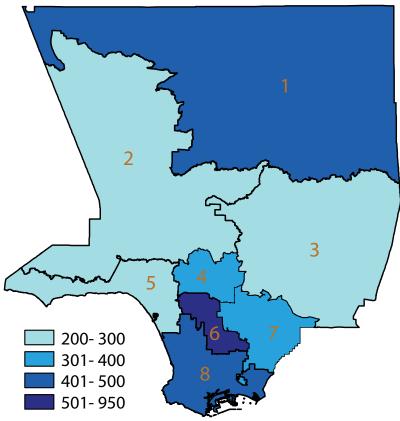
A broad approach to health problems is especially important in addressing the epidemics of obesity and diabetes. Over the last decade, rates of obesity and diabetes have climbed in nearly every SPA, portending a future of increased morbidity and mortality throughout the County. To reverse this alarming trend, the Department of Public Health and our community partners are applying a full spectrum of health interventions, promoting health from the level of the individual and the family, to school districts, businesses, cities, and the County overall.

Another area of concern illuminated in this report is the high rate of HIV and other sexually transmitted diseases (STDs) in certain geographic regions of the County. In the U.S. as a whole, unacceptably high STD rates have been described as a "hidden epidemic," a description that aptly characterizes STD rates in some of our Los Angeles County communities. The root causes of the STD epidemic are complex, reflecting social and biological factors as well as the stigma and secrecy that surround sexual health issues. Our approach to combating disparities in STD rates, like our approach to reducing the burden of chronic diseases, must entail a broad, wide-ranging approach that addresses social, economic, and environmental inequities.

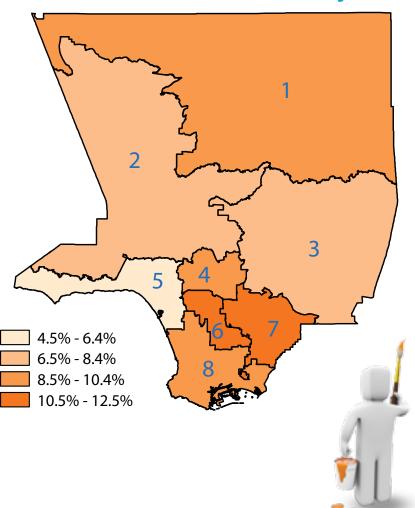
Through this report, we piece together an understanding of the state of health of Los Angeles County, finding reason for both concern and optimism. The Key Indicators of Health by Service Planning Area identifies many salient issues and themes of importance for Los Angeles County, all of which require our attention and entreat us to act. To forge the improvements in health that our communities need, we must marshal our resources and establish lasting partnerships with stakeholders throughout the County,

including our colleagues in other County agencies and city governments, community and faith-based organizations, schools, clinics, universities, and businesses. We hope that this report will serve as a useful guide for prioritizing and planning our work together during the coming years.





Prevalence of Adult Diabetes by SPA





NTRODUCTION

Key indicators are standardized measures through which we consider and compare many aspects of health and well-being. In this report, we describe indicators for Los Angeles County's Service Planning Areas (SPAs) and the County overall. When possible, we compare the health measures of Los Angeles County residents with those of the United States population, and with Healthy People 2010^{HP} goals, which represent the health standards our nation is trying to achieve within this decade. Graphs presented, unless otherwise specified, refer to LA County, and highlight certain health indicators and data trends.



USER'S GUIDE

Each SPA is represented by a different color, which is portrayed on the cover map. The **gold** standard for health indicators, reflecting U.S. Healthy People 2010^{HP} goals, is depicted in the first column of the tables. Data for Los Angeles County overall are presented in the **blue** column, while national statistics are portrayed in **pink**. Data for the SPAs are highlighted with notations that show whether a particular SPA fares **better** or **worse** than the other 7 SPAs combined, based on statistical comparisons. In some cases, the indicator for a SPA may appear better or worse than the County data but not be marked as such. In these instances, the indicator for that SPA did not differ from the other SPAs' data based on tests for statistical significance. When statistical comparisons were not performed, the indicator row is marked with a diamond **•**.

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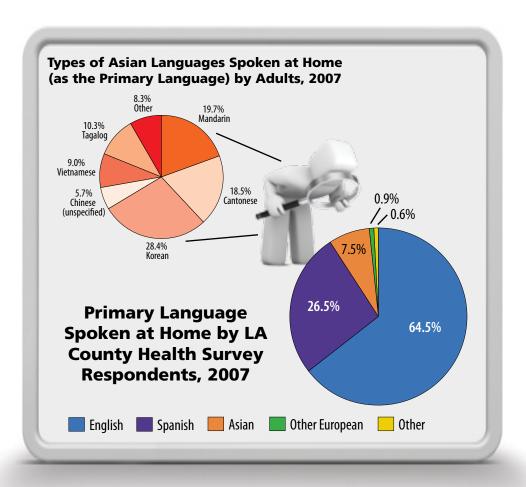
Demographics	National	LA County	LPAGS Antelope Valley	San Fernando	San Gabriel	Metro Metro	West	South South	SPA7	8 8 A South Bay
Gender										
 Percent of population who are male¹ 	49.0°	49.5	50.1	49.7	48.9	51.3	48.4	48.8	49.4	49.1
 Percent of population who are female¹ 	51.0°	50.5	49.9	50.3	51.1	48.7	51.6	51.2	50.6	50.9
Age Group										
• Percent of population ages 0-5 years ¹	8.4 ^P	9.0	9.5	8.5	8.3	8.6	6.5	12.3	9.9	9.0
 Percent of population ages 6-17 years¹ 	16.5 ^P	18.3	21.4	17.5	17.8	16.6	11.4	22.7	20.4	18.5
 Percent of population ages 18-39 years¹ 	29.9 ^P	32.3	29.9	30.9	31.7	35.3	33.6	34.1	33.1	30.9
• Percent of population ages 40-64 years ¹	33.0°	30.2	31.2	32.6	31.1	29.6	35.4	23.6	27.0	31.3
• Percent of population ages 65+ years ¹	12.2 ^P	10.1	8.0	10.4	11.1	9.9	13.1	7.4	9.5	10.3
Race										
 Percent of population who are Latino ¹ 	15.4°	47.3	34.4	38.7	45.6	56.7	17.4	63.6	70.5	37.6
 Percent of population who are white¹ 	67.0°	30.1	47.9	47.1	25.3	20.7	63.2	2.2	18.0	31.6
 Pecent of population who are African American¹ 	12.2 ^p	9.1	13.2	3.4	4.5	5.6	6.5	32.4	2.6	15.3
 Percent of population who are Asian/Pacific Islander¹ 	4.6 ^P	13.2	3.7	10.4	24.3	16.7	12.7	1.6	8.7	15.1
 Percent of population who are American Indian/Alaskan Native¹ 	0.8 ^P	0.3	0.8	0.3	0.3	0.3	0.2	0.2	0.3	0.3
Foreign Born										
 Percent of adults who were not born in the United States² 	15.4 ^{AC}	40.7	18.8	37.2	46.6	53.0	23.1	45.7	44.8	34.7
 Percent of children who were not born in the United States² 	4.0 ^{AC}	9.3	2.9*	9.3	10.6	14.6	4.8*	9.2	8.8	7.5

Language Used Most Often at Home

- Percent of adults who mostly speak English at home²
- Percent of adults who mostly speak Spanish at home²
- Percent of adults who mostly speak an Asian language at home ^{2a}
- Percent of adults who mostly speak/use some other language at home ^{2a}

*The estimate is statistically unstable (relative standard error \geq 23%) - For purposes of confidentiality, results with cell sizes less than 5 are not reported

80.4 ^{AC}	64.5	80.7	70.7	58.9	50.8	88.0	54.4	55.5	73.1
11.7 ^{AC}	26.5	17.2	22.4	22.3	35.7	6.4	43.9	38.2	20.9
3.1 ^{AC}	7.5	0.7*	3.4	17.9	12.3	2.8*		5.7	5.9
4.7 ^{AC}	1.5	-	3.5	0.9*	1.1*	2.7*		0.7*	-





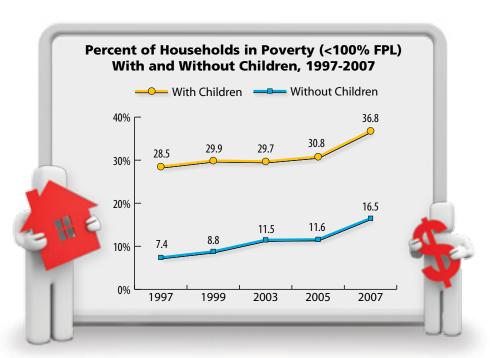


Demographics	National	LA County	Antelope Valley	San Fernando	San Gabriel	Metro	West	South	East	South Bay
			SPA1	SPA2	SPA3	SPA4	SPA5	SPA6	SPA7	SPA8
• Percent of population with household incomes less than 100% of the Federal Poverty Level ¹	12.5°	16.0	18.0	12.0	12.4	23.8	10.3	28.3	14.0	14.7
Household							1010			
 Percent of households with children² 	34.4 AC	39.4	48.6	38.8	41.3	31.2	20.2	52.5	49.4	39.2
Education										
 Percent of adults with less than a high school education² 	15.7 AC	22.1	16.5	15.3	20.4	29.5	5.4*	39.3	30.0	19.4
 Percent of adults who completed high school² 	30.6 AC	18.6	26.1	16.6	20.8	14.1	10.4	23.2	24.6	16.9
 Percent of adults who completed some college, trade school, or associate's degree² 	28.7 AC	24.4	37.5	25.0	24.2	19.3	16.9	28.1	24.7	26.3
 Percent of adults with a college or post graduate degree² 	25.0 AC	34.9	19.8	43.1	34.7	37.1	67.3	9.4	20.8	37.4
Employment Status										
 Percent of adults who are employed² 	61.8 ^B	61.4	52.0	67.4	58.7	60.2	72.1	50.7	59.2	63.0
 Percent of adults who are unemployed (and looking for work)² 	4.5 ^B	5.6	7.2	4.5	5.1	5.9	3.1*	10.3	5.4	5.4
 Percent of adults who are retired² 	16.5 ^B	13.6	15.0	13.6	15.2	11.7	14.0	11.7	14.0	13.5
 Percent of adults who are disabled and unable to work² 	4.8 ^B	4.8	7.9	3.2	4.7	5.2	1.1*	8.2	5.8	5.0
 Percent of adults who are not in the labor force² 	11.9 ^B	14.6	17.8	11.3	16.3	17.1	9.8*	19.1	15.6	13.1
Marital Status										
 Percent of adults who are coupled (married, domestic partnered, not married but living together)² 	65.6 ^B	56.7	60.4	60.9	62.0	48.7	50.2	45.7	59.5	57.0
 Percent of adults who are single (never married, separated, divorced, widowed)² 	34.1 ^B	43.3	39.6	39.1	38.0	51.3	49.8	54.3	40.5	43.0
Disabled										
• Percent of adults with a disability ^{2b}	18.9 ⁸	19.6	26.0	19.2	17.8	19.8	17.7	24.6	18.5	19.6

Sexual Orientation

- Percent of adults who self-identify as gay, lesbian, or bisexual²
- Percent of adults who self-identify as unsure, questioning, or something else ²
- Percent of adults who self-identify as heterosexual²

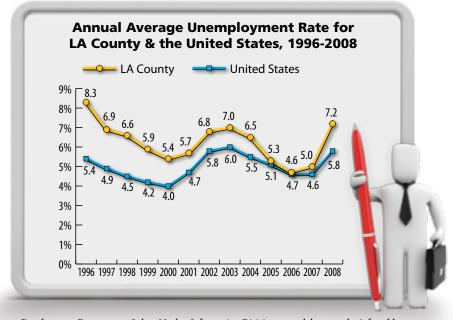
*The estimate is statistically unstable (relative standard error \geq 23%) - For purposes of confidentiality, results with cell sizes less than 5 are not reported











LAC data: Employment Development Department, Labor Market Information Division. www.labornmarketinforedd.ca.gov US data: United States Department of Labor, Bureau of Labor Statistics. www.bls.gov/cps/cpsaat1.pdf



South Bay



Air	Qua	litv

- Percent of days per year that state standard (1-hour average) for ozone was not met³
- Percent of of days per year that state standard (24 hour) for PM 10 (particulate matter of 10 microns in diameter or less) was not met³
- Percent of children ages 0-17 years regularly exposed to tobacco smoke at home (one or more days in the past week) ^{2c}

Built Environment

- Percent of adults who believe their neighborhood is safe from crime²
- Percent of adults who report there are safe places to be physically active in their neighborhood, including sidewalks and streets for walking or jogging²
- Percent of children ages 1-17 years whose parents say that they can easily get to a park, playground, or other safe place to play²
- Percent of children ages 0-17 years whose parents rate their community as a pleasant place for their child to be physically active ²
- \bullet Percent of a dults who rate the quality of the fresh fruits and vegetables where they shop as high 2

			SPA1	SPA2	SPA3	SPA4	SPA5	SPA6	SPA7	SPA8
N/A	N/A	14.0	N/A							
N/A	N/A	47.0	N/A							
N/A	N/A	13.2	12.3	15.5	10.6	11.4	9.4	9.4	17.3	14.3
N/A	N/A	82.1	86.7	88.7	87.6	75.2	90.6	57.0	82.4	81.8
N/A	N/A	85.8	80.0	91.4	89.3	79.5	92.2	76.0	86.4	82.5
N/A	N/A	79.8	80.3	83.9	85.3	69.7	87.5	62.6	85.0	83.1
N/A	N/A	83.4	84.3	87.9	88.3	75.4	90.0	68.3	85.7	86.4
N/A	N/A	36.0	36.7	40.4	30.9	36.1	51.6	27.6	30.6	38.3

Antelope Valley

LA County

National

HP 2010

San Fernando

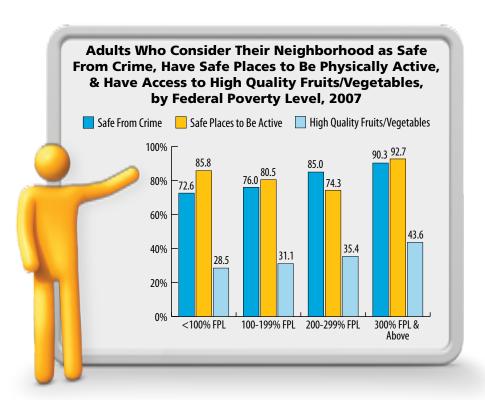
San Gabriel

Metro

South

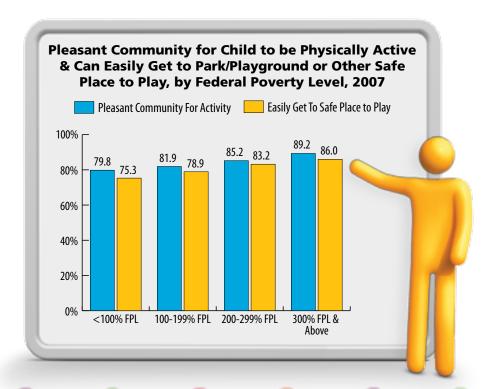
East

West



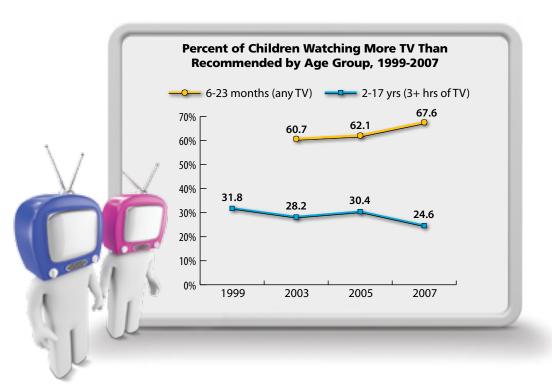


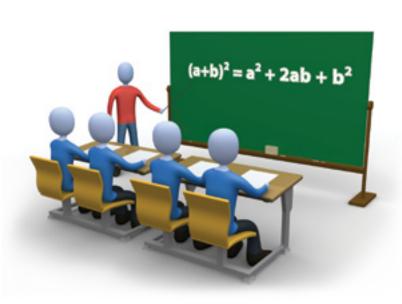




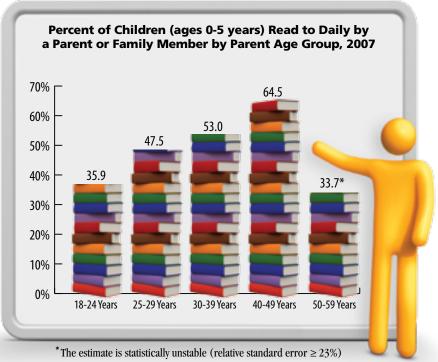


HP 2010 National	LA County	LEAS Antelope Valley	San Fernando	San Gabriel	SPA4	Mest SPA5	SPA6	ţ <u>e</u> SPA7	South Bay	
I/A N/A	50.3	53.2	57.0	51.9	46.4	75.1	35.8	42.7	54.0	
I/A N/A	67.6	59.2	60.8	63.9	57.2	62.3	69.5	79.5	75.4	
/A N/A	24.0	30.7	22.2	22.5	25./	14.4	29.0	27.8	25.5	
I/A N/A	58.1	66.2	55.9	76.1	44.2	58.1	35.1	61.4	60.8	•
I/A N/A	38.8	21.7	46.9	31.5	40.2	42.2	47.5	32.1	48.3	•
I/A N/A	82.1	86.4	85.3	84.5	76.9	83.7	75.5	78.6	86.4	
F 0 N/A	02.2	OF D	04.4	04.2	0F 7	00.2	042	01.1	02.0	
J.O IVA	01.2	TEIS	03.2	03.4	00.5	OZ.O	10.0	31.5	00.0	
I/A N/A	36.9	27.9	33.7	36.0	41.4	31.0	35.2	40.0	40.4	
I/A I/A I/A 5.0	N/A N/A N/A N/A N/A	N/A 67.6 N/A 24.6 N/A 58.1 N/A 38.8 N/A 82.1 N/A 92.2 N/A 61.2	N/A 67.6 59.2 N/A 24.6 30.7 N/A 58.1 66.2 N/A 38.8 21.7 N/A 82.1 86.4 N/A 92.2 85.3 N/A 61.2 42.5	N/A 67.6 59.2 60.8 N/A 24.6 30.7 22.2 N/A 58.1 66.2 55.9 N/A 38.8 21.7 46.9 N/A 82.1 86.4 85.3 N/A 92.2 85.3 94.4 N/A 61.2 42.5 63.2	N/A 67.6 59.2 60.8 63.9 N/A 24.6 30.7 22.2 22.3 N/A 58.1 66.2 55.9 76.1 N/A 38.8 21.7 46.9 31.5 N/A 82.1 86.4 85.3 84.5 N/A 92.2 85.3 94.4 94.2 N/A 61.2 42.5 63.2 65.4	N/A 67.6 59.2 60.8 63.9 57.2 N/A 24.6 30.7 22.2 22.3 25.7 N/A 58.1 66.2 55.9 76.1 44.2 N/A 38.8 21.7 46.9 31.5 40.2 N/A 82.1 86.4 85.3 84.5 76.9 N/A 92.2 85.3 94.4 94.2 95.7 N/A 61.2 42.5 63.2 65.4 68.5	N/A 67.6 59.2 60.8 63.9 57.2 62.3 N/A 24.6 30.7 22.2 22.3 25.7 14.4 N/A 58.1 66.2 55.9 76.1 44.2 58.1 N/A 38.8 21.7 46.9 31.5 40.2 42.2 N/A 82.1 86.4 85.3 84.5 76.9 83.7 N/A 61.2 42.5 63.2 65.4 68.5 82.6	N/A 67.6 59.2 60.8 63.9 57.2 62.3 69.5 N/A 24.6 30.7 22.2 22.3 25.7 14.4 29.0 N/A 58.1 66.2 55.9 76.1 44.2 58.1 35.1 N/A 38.8 21.7 46.9 31.5 40.2 42.2 47.5 N/A 82.1 86.4 85.3 84.5 76.9 83.7 75.5 N/A 92.2 85.3 94.4 94.2 95.7 98.3 84.2 N/A 61.2 42.5 63.2 65.4 68.5 82.6 48.8	N/A 67.6 59.2 60.8 63.9 57.2 62.3 69.5 79.5 N/A 24.6 30.7 22.2 22.3 25.7 14.4 29.0 27.8 N/A 58.1 66.2 55.9 76.1 44.2 58.1 35.1 61.4 N/A 38.8 21.7 46.9 31.5 40.2 42.2 47.5 32.1 N/A 82.1 86.4 85.3 84.5 76.9 83.7 75.5 78.6 N/A 92.2 85.3 94.4 94.2 95.7 98.3 84.2 91.1 N/A 61.2 42.5 63.2 65.4 68.5 82.6 48.8 57.9	N/A 67.6 59.2 60.8 63.9 57.2 62.3 69.5 79.5 75.4 N/A 24.6 30.7 22.2 22.3 25.7 14.4 29.0 27.8 23.5 N/A 58.1 66.2 55.9 76.1 44.2 58.1 35.1 61.4 60.8 N/A 38.8 21.7 46.9 31.5 40.2 42.2 47.5 32.1 48.3 N/A 82.1 86.4 85.3 84.5 76.9 83.7 75.5 78.6 86.4 N/A 61.2 42.5 63.2 65.4 68.5 82.6 48.8 57.9 60.6

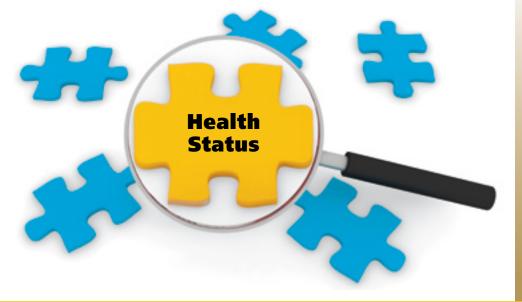












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Health-Rel	ated	Quai	iτy	OT I	-іте

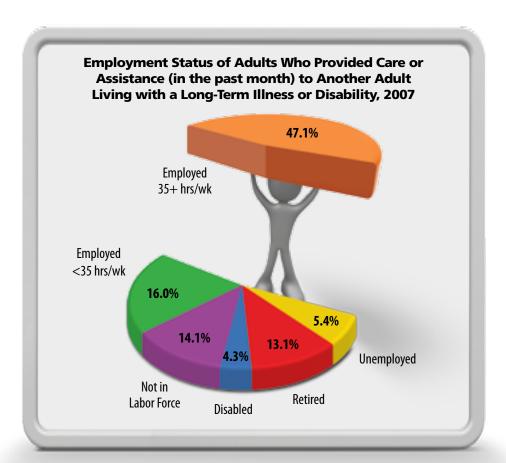
- Percent of children ages 0-17 years who are perceived by their parents to be in fair or poor health 2
- Percent of adults reporting their health to be fair or poor²
- Average number of days in past month adults reported regular daily activities were limited due to poor physical/mental health²
- \bullet Average number of unhealthy days (due to poor mental or physical health) in the past month reported by adults 2e
- Average number of poor physical health days in the past month reported by adults²

Special Health Care Needs

- Percent of children ages 0-17 years who have special health care needs 5a
- Percent of children ages 3-17 years ever diagnosed with ADD/ADHD²
- Percent of adults who provided care or assistance during the past month to another adult living with a long-term illness or disability²

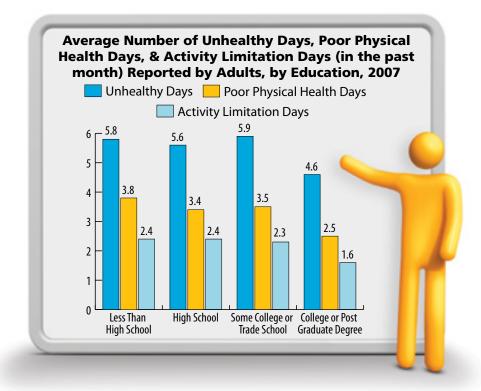
HP 2010	National	LA County	LAGS Antelope Valley	San Fernando	San Gabriel	SPA4	SPA5	South South	SPA7	South Bay
N/A	1.8 ^{NA}	8.4	5.9	5.7	8.4	9.2	2.7*	12.3	10.1	8.2
N/A	13.3 ^{NC}	18.5	16.0	15.8	19.4	22.8	7.4	27.1	19.1	17.4
N/A	2.2 ^B	2.1	2.4	2.0	1.8	2.2	1.6	3.1	2.1	2.0
N/A	6.0 ^B	5.4	6.1	5.3	5.1	5.8	4.2	6.8	5.1	5.3
N/A	3.6 ^B	3.2	3.7	3.1	3.3	3.5	2.3	3.6	3.1	3.3
				- J				5.0	-	
N/A	N/A	15.7	23.6	17.9	13.4	15.1	13.2	15.8	14.8	15.3
N/A	7.8 ^{NC}	5.3	8.6	5.8	4.5	5.2*	6.8	4.8*	3.4	6.9
N/A	N/A	17.0	16.1	18.0	18.3	15.5	14.0	16.6	16.6	17.7

^{*}The estimate is statistically unstable (relative standard error $\geq 23\%$)

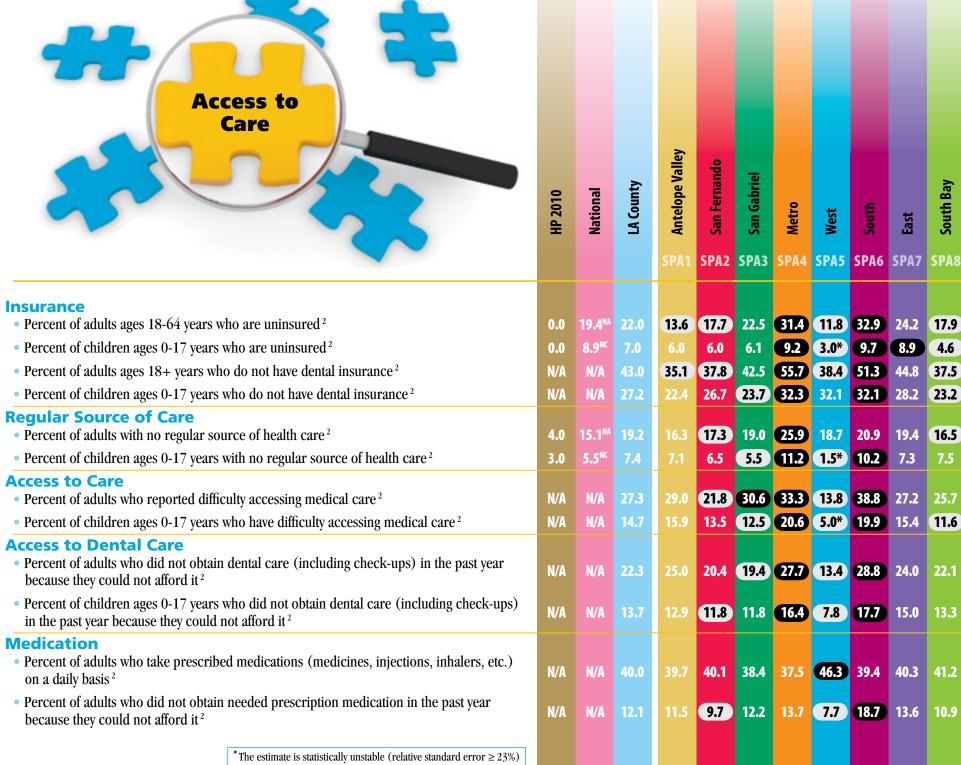




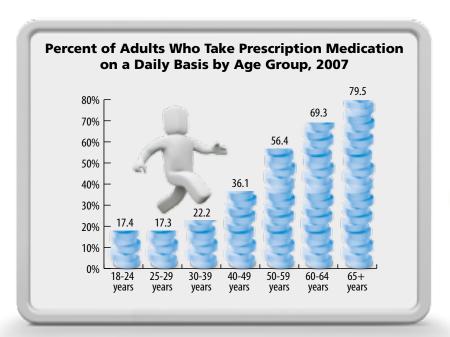




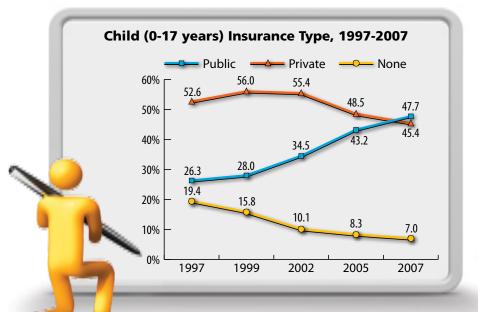




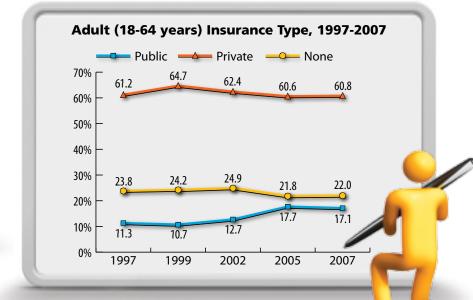


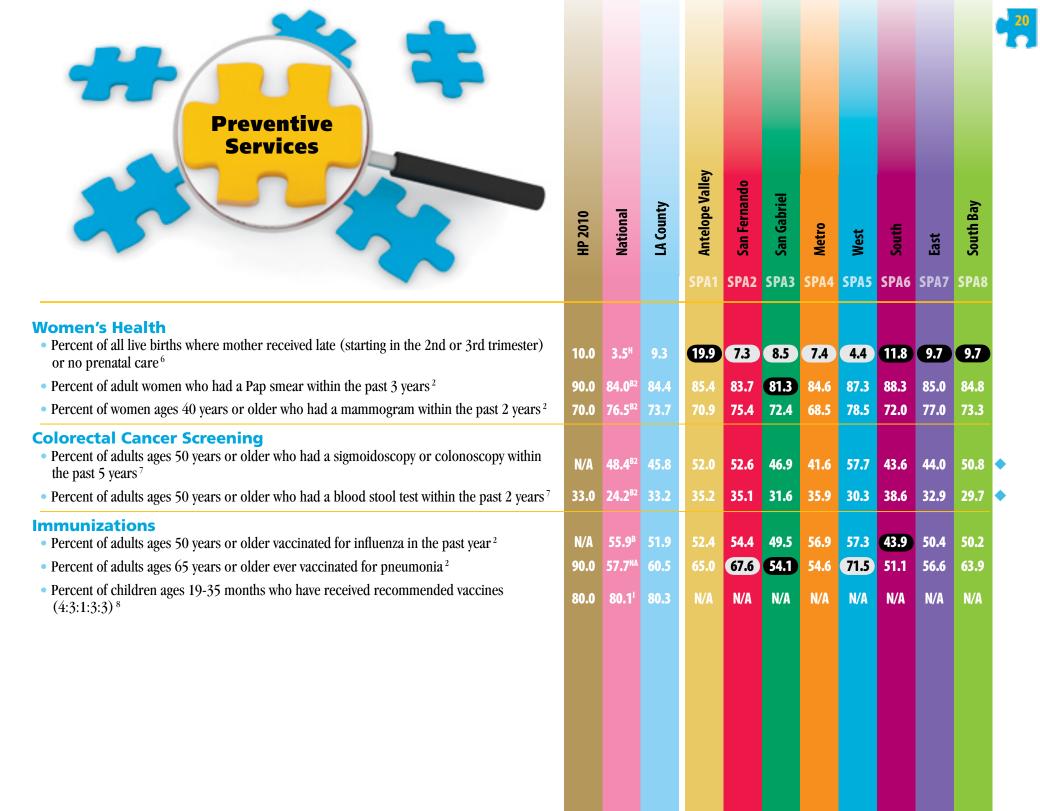


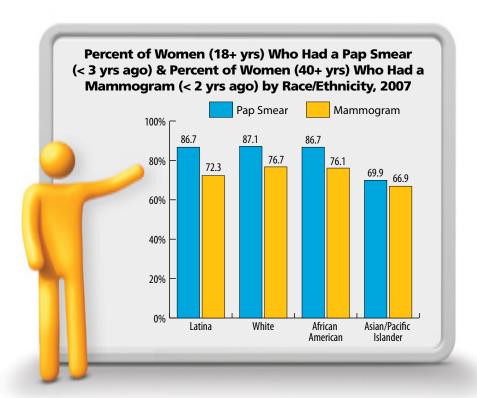






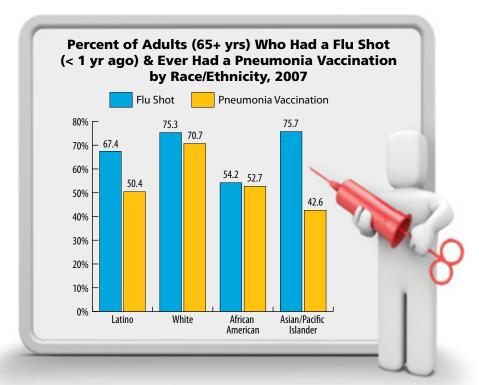














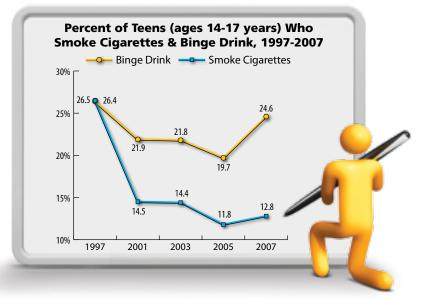
Health Behaviors	HP 2010	National	LA County	LA Antelope Valley	San Fernando	San Gabriel	Metro	West	South South	SPA7	South Bay
Alcohol											
 Percent of adults who binge drink (men who had 5 or more alcoholic drinks, women 4 or more, on at least one occasion in the past 30 days)² 	13.4	15.8 ^B	16.2	15.6	16.2	13.8	18.3	12.8	17.9	18.5	15.9
 Percent of teens ages 14-17 years who consumed at least one alcoholic drink in the past 30 days⁹ 	N/A	44.7 ^Y	41.6 ^Y	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
 Percent of teens ages 14-17 years who binge drink (had 5 or more alcoholic drinks on at least one occasion in the past 30 days) 	N/A	26.0 ^Y	24.6 ^y	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Nutrition Breakfast • Percent of children ages 2-17 years who eat breakfast daily ²	N/A	N/A	84.2	80.3	86.5	84.1	85.7	80.8	87.0	81.5	82.4
Fruits/Vegetables	N1/8			44.5							
 Percent of adults who consume five or more servings of fruits and vegetables a day² Percent of teens ages 14-17 years who consume five or more servings of fruits and 	N/A	24.4 ^B	15.1	14.7	17.0		15.3	22.7	12.7	13.8	13.6
vegetables a day ⁹	N/A	21.4 ^Y	27.4 ^Y	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Fast Food/Soda	NI/A	NI/A	40.2	470	41.1	30 F		20.2	42.0		(270)
 Percent of adults who eat fast food at least once a week² Percent of children who eat fast food at least once a week² 	N/A	N/A	40.2	47.9	41.1	39.5	32.5	28.3		46.4	
	N/A	N/A	47.7	49.4	45.3	49.9	40.2		51.8		48.9
• Percent of adults who drink at least one soda or sweetened drink a day ²	N/A	N/A	38.8	50.2	36.1	37.0	34.4		56.2		30.7
Percent of children who drink at least one soda or sweetened drink a day ²	N/A	N/A	43.3	43.7	38.1	39.3	43.1	23.1	55.4	49.8	42.6
Tobacco Use • Percent of adults who smoke cigarettes ^{2f}	12.0	19.8 NA	14.3	20.4	13.3	11.9	15.7	9.7	19.7	13.8	15.5
• Percent of teens ages 14-17 years who smoke cigarettes ⁹	16.0	20.0 ^Y	12.8 ^y	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

Physical Activity

- Percent of adults who obtain recommended amount of exercise each week (≥20 minutes
 of vigorous activity ≥3 days/wk or ≥30 minutes of moderate activity ≥5 days/wk)²
- Percent of adults who are minimally active or inactive²
- Percent of children ages 6-17 years who obtain recommended amount of exercise each week (at least 60 minutes a day on 5 or more days a week) ²
- Percent of children ages 6-17 years who are inactive ²

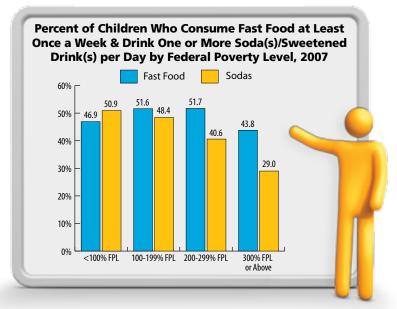
*The estimate is statistically unstable (relative standard error $\geq 23\%$)













8.5 6.9

14.4 12.0

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12.9

5.4

9.9

7.5

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9.7

Health Outcomes	HP 2010	National	LA County	LA Antelope Valley	San Fernando	San Gabriel	Wetro	West	South South	SPA7	South Bay
Overweight and Obesity											
• Percent of children in grades 5, 7, & 9 who are obese (BMI above the 95th Percentile) 10	5.0	N/A	22.9	21.1	20.4		26.0	16.6		26.0	21.3
• Percent of adults who are overweight $(25.0 \le BMI < 30.0)^2$	N/A	35.3 ^{NA}	35.9	35.8	38.8	32.4	31.6	32.8	38.0	39.4	36.8
• Percent of adults who are obese (BMI ≥ 30.0) ²	N/A	26.2 ^{NA}	22.2	28.0	17.1	22.2	20.4	10.0	35.4	26.6	24.4
Diabetes											
 Percent of adults ever diagnosed with diabetes² 	2.5	7.8 ^{NA}	8.7	8.7	7.0	8.2	9.5	4.8	12.3		8.8
• Diabetes death rate (age-adjusted per 100,000 population) 11	N/A	24.6	24.7	43.5	20.0	22.5	22.7	12.8	37.9	32.8	24.6
• Percent of adults ever diagnosed with hypertension ²	N/A	23.7 ^{NA}	24.7	28.5	23.7	24.2	24.8	19 3	29.0	25.3	25.0
 Percent of adults ever diagnosed with high cholesterol² 	N/A	37.6 ^B	29.1	25.6		31.5	26.0		25.5		29.6
 Percent of adults ever diagnosed with a heart problem (i.e., coronary heart disease, angina, or had a heart attack)² 	N/A	4.1 ^B	7.7	10.1	7.4	7.9	7.5	5.8	7.6	7.5	9.0
• Coronary heart disease death rate (age-adjusted per 100,000 population) 11	162.0	153.9	167.6	205.2	172.3	152.6	153.4	132.6	217.6	164.0	172.5
• Stroke death rate (age-adjusted per 100,000 population) 11	50.0	46.6	41.0	56.4	40.2		37.1		51.9		43.7
• Stroke death rate for African Americans (age-adjusted per 100,000 population) 11	50.0	65.2	60.5	152.7	**	64.8		79.6		**	62.7
Reproductive Health • Rate of births (per 1,000 live births) to teens ages 15-19 years ⁶	N/A	41.9 ^{H2}	40.0		28.9					42.7	35.3

8.0 6.9

18.3 11.2

7.5

10.1

4.1

5.0

5.0

4.5

4.5

14.0H2

6.9^{H3}

13.7^{H3}

12.7

7.1

12.0

4.7

7.3

11.6 7.9

3.9

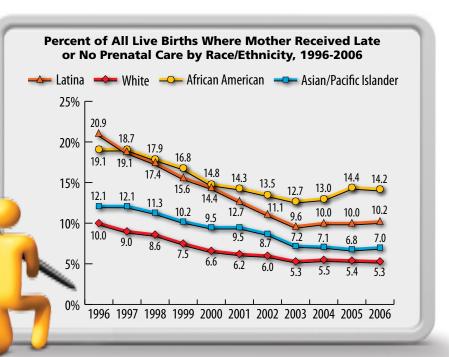
21.0

4.7

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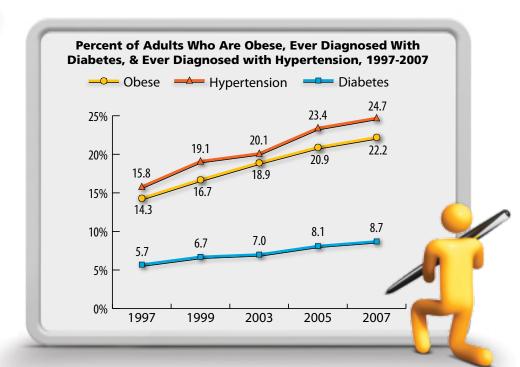
- Percent of low weight (<2,500 grams) births (per 100 live births) ⁶
- ${}^{\circ}$ Percent of low weight (<2,500 grams) African American births (per 100 live births) 6
- Infant death rate (per 1,000 live births) ⁶
- African American infant death rate (per 1,000 live births) 6

** If < 20 deaths a reliable rate can not be calculated

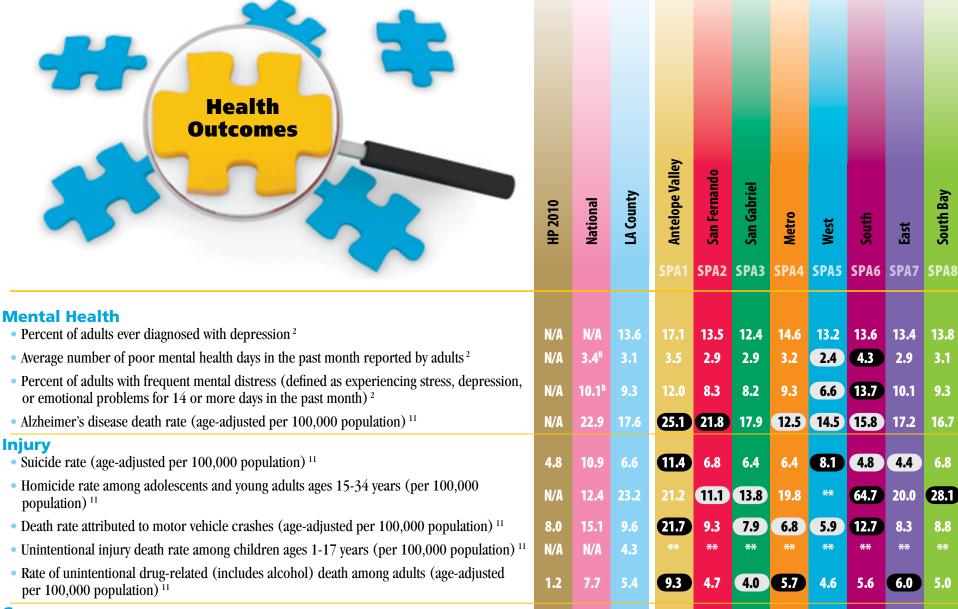












50.9

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21.3

2.0

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52.6

24.1

2.4

17.4

34.6

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35.7

23.4

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32.5

19.1

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30.7 41.8 29.9

12.3 21.4 14.4

26.8 18.9

4.6 5.1

40.5

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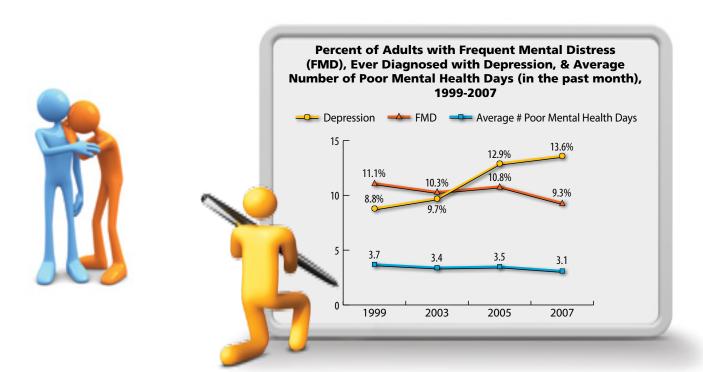
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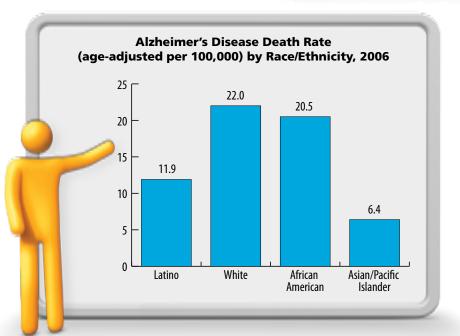
Cancer

- Lung cancer death rate (age-adjusted per 100,000 population) 11
- Breast cancer death rate among females (age-adjusted per 100,000 population) 11
- Cervical cancer death rate (age-adjusted per 100,000 population) 11
- Colorectal cancer death rate (age-adjusted per 100,000 population) 11

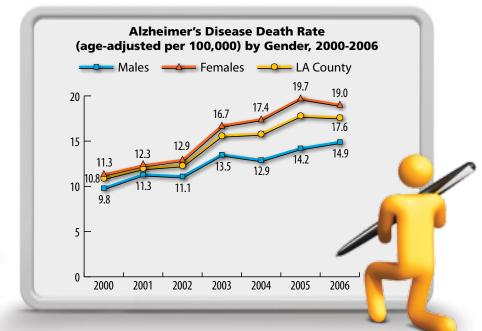
** If < 20 deaths a reliable rate can not be calculated













2.6 10.4

2.6 29.2

6.6

480.0 268.5 274.0 399.0 208.7 922.2 373.6 412.4

104.7 45.7 39.3 129.4 63.4 270.2 51.7 104.0

6.2 10.3 13.9 3.7 10.6 6.5

868.1 642.8 611.8 592.9 547.1 831.3 646.9 695.7

6.8 2.5

6.2

4.1

8.6

Health Outcomes	HP 2010	National	LA County	LA Antelope Valley	San Fernando	San Gabriel	Metro	Nest SPAS	South South	₹ SPA7	8 South Bay
Respiratory Disease • Percent of children ages 0-17 years with current asthma (ever diagnosed with asthma and reported still having asthma and/or had an asthma attack in the past year) ²	N/A	N/A	7.9	9.7	8.0	7.6	4.1	7.6	7.8	8.8	9.5
 Percent of adults with current asthma (ever diagnosed with asthma and reported still having asthma and/or had an asthma attack in the past year) 	N/A	N/A	6.5	9.9	6.4	5.2	5.0	7.4	8.2	5.5	8.0
• Pneumonia/Influenza mortality rate (age-adjusted per 100,000 population) 11	N/A	20.3	26.1	32.2	24.4	23.5	27.7	23.9	31.4	25.6	27.6
 Emphysema mortality rate (age-adjusted per 100,000 population) 	N/A	41.4	30.9	67.3	31.5	31.4	23.3	19.0	30.3	30.2	35.7
 Communicable Diseases Incidence of AIDS (annual new cases per 100,000 population) among adolescents and adults (ages 13+ years) 12 	1.0	14.9 ^A	12.8	6.0	7.2	4.4	31.5	10.3	16.4	5.2	22.4

0.7

0.2

N/A

19.0

1.0

N/A

3.8^s

370.2^s

118.9^s

4.1

8.7

421.6

96.1

8.4

798.8 660.6

2.2

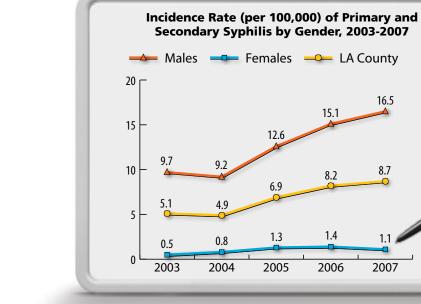
6.2

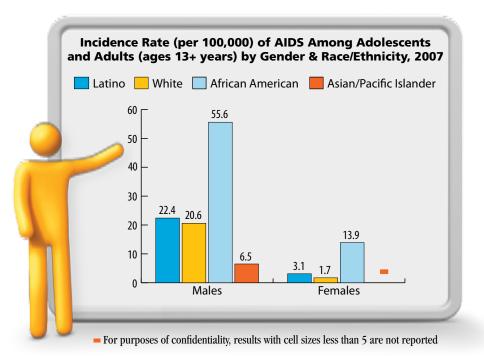
- HIV infection-related mortality rate (age-adjusted per 100,000 population) 11
- Incidence of primary and secondary syphilis (annual new cases per 100,000 population) ¹³
- Incidence of chlamydia (annual new cases per 100,000 population) ¹³
- Incidence of gonorrhea (annual new cases per 100,000 population) ¹³
- Incidence of tuberculosis (annual new cases per 100,000 population) 14

All Cause Mortality (age-adjusted per 100,000 population) 11

^{**} If < 20 deaths a reliable rate can not be calculated











SERVICE PLANNING AREA TREND DATA

The conditions and diseases that cause death reveal much about a population's health. Based on our expected lifespan, people who die before age 75 are now considered to have died prematurely.

Top 10 Leading Causes of Death and Premature Death LA County, 2005

Ca	uses of Death	Ca	uses of Premature Death
1.	Coronary Heart Disease	1.	Coronary Heart Disease
2.	Stroke	2.	Homicide
3.	Lung Cancer	3.	Motor Vehicle Crash
4.	Emphysema/COPD	4.	Suicide
5.	Pneumonia/Influenza	5.	Lung Cancer
6.	Diabetes	6.	Liver Disease
7.	Alzheimer's Disease	7.	Diabetes
8.	Colorectal Cancer	8.	Stroke

9. Drug Overdose

10. Breast Cancer

Many of the key indicators described in this report are related to the leading causes of death and premature death in LA County. The following tables describe trends in these indicators with 95% confidence intervals (CIs) for LA County and the 8 Service Planning Areas from 1997 through 2007. Data are not available for every year for every indicator, due to variations in data collection. The 95% CIs represent the variability in the estimate due to sampling; the actual prevalence in the population, 95 out of 100 times sampled, would fall within the range provided.

9. Breast Cancer

10. Homicide



LA COUNTY

7	1997 (%)	1999 (%)	2002-03	2005 (%)	2007 (%)
Adults ever diagnosed with hypertension	15.8 (15.0-16.7)	19.1 (18.1-20.1)	20.1 (19.1-21.1)	23.4 (22.3-24.4)	24.7 (23.5-25.8)
Adults ever diagnosed with high cholesterol	N/A	16.1 (15.2-17.0)	N/A	23.7 (22.7-24.8)	29.1 (27.8-30.3)
Children grades 5, 7, & 9 who are <i>obese</i>	N/A	18.9	21.9	23.3	22.9
Adults who are obese	14.3 (13.5-15.1)	16.7 (15.8-17.7)	18.9 (17.9-19.9)	20.9 (19.8-22.0)	22.2 (20.9-23.5)
Adults who are overweight	34.4 (33.3-35.6)	35.6 (34.3-36.8)	35.4 (34.2-36.6)	35.5 (34.2-36.8)	35.9 (34.4-37.4)
Adults who smoke cigarettes	N/A	N/A	14.3 (13.5-15.2)	13.9 (12.9-14.8)	14.3 (13.2-15.4)
Adults who obtain recommended amount of exercise each week	N/A	N/A	48.0 (46.8-49.2)	51.8 (50.6-53.1)	53.2 (51.7-54.6)
Adults who are <i>minimally active</i> or <i>inactive</i>	N/A	N/A	41.8 (40.7-43.0)	37.5 (36.3-38.7)	36.2 (34.8-37.6)
Children ages 0-17 years with current asthma	N/A	N/A	8.1 (7.4-8.9)	8.8 (8.0-9.6)	7.9 (7.0-8.7)
Adults ever diagnosed with depression	N/A	8.8 (8.1-9.5)	9.7 (9.0-10.4)	12.9 (12.0-13.8)	13.6 (12.5-14.6)
Adults ever diagnosed with <i>diabetes</i>	5.7 (5.1-6.2)	6.7 (6.0-7.3)	7.0 (6.4-7.7)	8.1 (7.4-8.7)	8.7 (8.0-9.4)
Adults who binge drink	N/A	15.7 (14.7-16.6)	17.0 (16.1-18.0)	17.3 (16.3-18.4)	16.2 (15.0-17.3)
Adults who consume 5+ servings of fruits/vegetables a day	N/A	11.6 (10.9-12.4)	12.3 (11.5-13.1)	14.6 (13.7-15.5)	15.1 (14.1-16.1)
Women (40+ yrs) who had a mammogram <2 years ago	70.6 (68.8-72.5)	73.7 (71.7-75.6)	73.5 (71.5-75.5)	70.6 (68.6-72.6)	73.7 (71.8-75.7)
Adults (50+ yrs) vaccinated for influenza in the past year	N/A	N/A	N/A	40.7 (38.8-42.6)	51.9 (50.1-53.8)
Adults (65+ yrs) ever vaccinated for pneumonia	N/A	54.9 (51.6-58.2)	55.7 (52.2-59.2)	57.7 (54.7-60.7)	60.5 (57.6-63.3)

ANTELOPE VALLEY

7	1997 (%)	1999 (%)	2002-03	2005 (%)	2007 (%)
Adults ever diagnosed with HYPERTENSION	9.9* (5.0-14.8)	23.1 (18.7-27.4)	23.1 (18.9-27.3)	26.7 (23.7-29.7)	28.5 (23.6-33.5)
Adults ever diagnosed with HIGH CHOLESTEROL	N/A	17.0 (13.2-20.9)	N/A	22.9 (20.1-25.6)	25.6 (21.1-30.1)
Children grades 5,7, & 9 who are OBESE	N/A	13.9	17.7	20.1	21.1
Adults who are OBESE	12.8 * (7.1-18.5)	21.5 (17.1-25.9)	25.2 (20.8-29.7)	24.4 (21.3-27.5)	28.0 (22.8-33.3)
Adults who are OVERWEIGHT	36.0 (27.7-44.4)	36.9 (31.6-42.2)	39.0 (34.0-44.1)	39.4 (35.7-43.1)	35.8 (30.0-41.6)
Adults who SMOKE CIGARETTES	N/A	N/A	19.2 (15.3-23.1)	19.8 (16.9-22.7)	20.4 (15.2-25.5)
Adults who obtain RECOMMENDED amount of EXERCISE each week	N/A	N/A	45.5 (40.6-50.4)	52.0 (48.4-55.6)	51.5 (45.7-57.3)
Adults who are MINIMALLY ACTIVE or INACTIVE	N/A	N/A	44.2 (39.4-49.1)	37.2 (33.8-40.6)	40.7 (34.9-46.4)
Children ages 0-17 years with current ASTHMA	N/A	N/A	11.4 (8.0-14.9)	15.8 (11.8-19.7)	9.7 (6.7-12.7)
Adults ever diagnosed with DEPRESSION	N/A	9.7 (6.5-12.9)	9.2 (6.3-12.1)	15.7 (13.2-18.3)	17.1 (12.4-21.9)
Adults ever diagnosed with DIABETES	5.4 * (2.1-8.8)	6.4 (4.0-8.7)	7.0 (4.5-9.5)	8.6 (6.8-10.5)	8.7 (6.1-11.2)
Adults who BINGE DRINK	N/A	10.2 (6.9-13.4)	15.7 (12.0-19.4)	16.7 (13.9-19.5)	15.6 (10.8-20.4)
Adults who consume 5+ servings of FRUITS/VEGETABLES a day	N/A	10.4 (7.3-13.4)	13.3 (9.9-16.7)	12.5 (10.2-14.9)	14.7 (10.7-18.7)
Women (40+ yrs) who had a MAMMOGRAM <2 years ago	62.4 (48.6-76.2)	68.5 (60.7-76.3)	76.4 (69.2-83.6)	69.3 (63.7-75.0)	70.9 (62.9-79.0)
Adults (50+ yrs) vaccinated for INFLUENZA in the past year	N/A	N/A	N/A	40.5 (35.4-45.7)	52.4 (45.3-59.6)
Adults (65+ yrs) ever vaccinated for PNEUMONIA	N/A	65.4 (52.6-78.1)	58.4 (42.2-72.6)	59.3 (50.8-67.7)	65.0 (53.6-76.4)

^{*} The estimate is statistically unstable (relative standard error $\geq 23\%$)



1997 (%)	1999 (%)	2002-03 (%)	2005 (%)	2007 (%)
14.5 (12.7-16.3	18.9 (16.7-21.0)	18.6 (16.4-20.7)	21.4 (19.2-23.7	23.7 (21.2-26.1)
N/A	18.0 (15.9-20.1)	N/A	26.4 (24.1-28.7)	29.1 (26.5-31.7)
N/A	16.9	19.2	20.9	20.4
11.4 (9.8-13.1	13.9 (12.0-15.9)	15.5 (13.5-17.4)	17.0 (14.8-19.2)	17.1 (14.6-19.6)
34.1 (31.6-36.7	34.6 7) (31.9-37.3)	36.7 (34.0-39.3)	34.2 (31.4-37.0)	38.8 (35.6-42.0)
N/A	N/A	13.9 (12.1-15.7)	13.9 (11.8-16.0)	13.3 (11.2-15.4)
N/A	N/A	48.2 (45.6-50.9)	50.1 (47.3-53.0)	55.3 (52.1-58.4)
N/A	N/A	41.5 (38.9-44.1)	39.2 (36.4-42.1)	34.6 (31.5-37.6)
N/A	N/A	8.7 (7.0-10.4)	7.9 (6.3-9.6)	8.0 (619.8)
N/A	9.7 (8.0-11.4)	10.4 (8.8-12.0)	12.8 (10.9-14.7)	13.5 (11.2-15.7)
4.9 (3.8-6.0)	5.7 (4.5-6.9)	6.1 (4.9-7.4)	6.1 (4.9-7.3)	7.0 (5.6-8.4)
N/A	15.6 (13.5-17.8)	16.0 (14.0-18.0)	18.3 (16.0-20.7)	16.2 (13.7-18.7)
N/A	13.1 (11.3-14.9)	13.2 (11.4-15.1)	13.0 (11.3-14.8)	17.0 (14.8-19.2)
68.3 (64.1-72.6	73.9 (69.7-78.1)	73.4 (69.4-77.5)	69.7 (65.3-74.1)	75.4 (71.5-79.4)
N/A	N/A	N/A	41.9 (37.9-45.9)	54.4 (50.7-58.2)
N/A	58.6 (51.9-65.4)	61.7 (54.6-68.8)	61.0 (54.9-67.2)	67.6 (62.4-72.9)

SAN GABRIEL

Adults ever diagnosed with

Adults ever diagnosed with HIGH CHOLESTEROL

Adults who are OVERWEIGHT

Children ages 0-17 years with

Adults ever diagnosed with

Adults ever diagnosed with

Adults who BINGE DRINK

Adults who consume 5+ servings of FRUITS/VEGETABLES a day

Women (40+ yrs) who had a MAMMOGRAM <2 years ago

Adults (50+ yrs) vaccinated for INFLUENZA in the past year

Adults (65+ yrs) ever vaccinated for

Adults who SMOKE CIGARETTES

Adults who obtain RECOMMENDED amount of EXERCISE each week

Adults who are MINIMALLY ACTIVE

Adults who are OBESE

or INACTIVE

DEPRESSION

DIABETES

PNEUMONIA

current ASTHMA

Children grades 5,7, & 9 who are OBESE

HYPERTENSION

19		1999 (%)	2002-03 (%)	2005 (%)	2007 (%)
17 (15.6-		19.8 (17.5-22.1)	19.7 (17.4-21.9)	24.5 (21.9-27.2)	24.2 (21.6-26.9)
N/	/A	18.3 (16.0-20.5)	N/A	23.0 (20.6-25.5)	31.5 (28.4-34.6)
N/	/A	16.9	20.9	22.1	20.9
14 (12.1-		15.3 (13.2-17.5)	17.6 (15.4-19.8)	20.0 (17.2-22.7)	22.2 (19.2-25.2)
34 (32.2-		34.7 (31.9-37.6)	34.9 (32.1-37.7)	34.0 (31.1-36.8)	32.4 (29.2-35.7)
N/	/A	N/A	13.2 (11.3-15.1)	11.9 (9.9-13.9)	11.9 (9.7-14.0)
N/	/A	N/A	44.6 (41.8-47.5)	51.4 (48.3-54.4)	50.4 (47.0-53.7)
N/	/A	N/A	43.5 (40.6-46.3)	37.1 (34.1-40.0)	39.4 (36.1-42.6)
N/	/A	N/A	8.4 (6.6-10.1)	8.3 (6.4-10.1)	7.6 (5.6-9.6)
N/	/A	7.2 (5.7-8.8)	9.0 (7.4-10.6)	11.2 (9.3-13.2)	12.4 (10.2-14.6)
6. (5.1-		6.8 (5.3-8.4)	6.5 (5.1-7.8)	7.3 (5.9-8.8)	8.2 (6.7-9.6)
N/	/A	13.9 (11.9-16.0)	14.8 (12.8-16.8)	16.1 (13.6-18.7)	13.8 (11.4-16.2)
N/	/A	11.9 (10.1-13.7)	12.2 (10.3-14.0)	15.3 (13.2-17.4)	13.5 (11.3-15.7)
76 (72.0-		72.5 (67.7-77.2)	74.5 (70.1-78.9)	72.4 (67.8-77.0)	72.4 (67.9-76.8)
N/	'A	N/A	N/A	41.3 (36.9-45.6)	49.5 (45.3-53.6)
N/	/A	53.8 (46.6-61.0)	56.5 (48.5-64.4)	61.4 (54.9-67.9)	54.1 (47.7-60.5)



METRO

	1997 (%)	1999 (%)	2002-03 (%)	2005 (%)	2007 (%)
٦	13.8 (11.5-16.1)	19.0 (16.1-21.9)	18.1 (15.2-21.0)	22.1 (19.1-25.0)	24.8 (21.3-28.3)
	N/A	15.3 (12.8-17.8)	N/A	21.5 (18.7-24.3)	26.0 (22.7-29.3)
	N/A	20.5	25.0	26.1	26.0
	12.9 (10.5-15.3)	14.9 (12.3-17.6)	16.4 (13.6-19.1)	19.1 (16.1-22.1)	20.4 (16.7-24.1)
	29.8 (26.5-33.2)	34.5 (30.9-38.1)	34.8 (31.1-38.4)	35.3 (31.5-39.0)	31.6 (27.7-35.6)
	N/A	N/A	15.8 (13.1-18.4)	15.5 (12.8-18.3)	15.7 (12.4-18.9)
	N/A	N/A	52.9 (49.3-56.5)	53.6 (50.0-57.2)	53.7 (49.6-57.7)
	N/A	N/A	38.1 (34.6-41.5)	35.7 (32.3-39.1)	35.1 (31.1-38.9)
	N/A	N/A	5.6 (3.4-7.5)	6.7 (4.4-9.0)	4.1 (2.3-5.8)
	N/A	9.6 (7.5-11.6)	11.0 (8.9-13.2)	11.9 (9.7-14.2)	14.6 (11.8-17.4)
	5.9 (4.3-7.4)	6.7 (4.9-8.6)	6.6 (4.8-8.5)	10.0 (7.7-12.3)	9.5 (7.4-11.7)
	N/A	18.5 (15.6-21.5)	19.8 (17.0-22.7)	19.2 (16.1-22.4)	18.3 (14.8-21.7)
	N/A	11.0 (8.8-13.2)	12.1 (9.9-14.4)	15.0 (12.4-17.6)	15.3 (12.4-18.1)
	67.9 (61.7-74.0)	70.8 (64.4-77.2)	70.1 (63.1-77.1)	64.9 (58.5-71.4)	68.5 (62.1-74.9)
	N/A	N/A	N/A	45.3 (39.4-51.3)	56.9 (51.1-62.7)
	N/A	46.6 (36.5-56.8)	50.4 (38.5-62.3)	51.4 (41.6-61.2)	54.6 (44.8-64.4)

WEST

7	1997 (%)	1999 (%)	2002-03 (%)	2005 (%)	2007
Adults ever diagnosed with HYPERTENSION	13.2 (10.5-16.0)	15.0 (12.0-18.0)	16.5 (13.3-19.7)	16.8 (13.8-19.8)	19.3 (15.8-22.9)
Adults ever diagnosed with HIGH CHOLESTEROL	N/A	13.5 (10.6-16.4)	N/A	21.8 (18.3-25.3)	30.6 (25.9-35.3)
Children grades 5,7, & 9 who are OBESE	N/A	15.1	19.1	17.6	16.6
Adults who are OBESE	8.5 (6.2-10.8)	10.9 (8.0-13.8)	10.3 (7.7-12.9)	14.1 (10.1-18.1)	10.0 (7.0-13.0)
Adults who are OVERWEIGHT	30.1 (26.2-34.1)	31.1 (27.1-35.0)	26.2 (22.4-30.0)	28.4 (24.3-32.6)	32.8 (27.5-38.1)
Adults who SMOKE CIGARETTES	N/A	N/A	13.1 (10.1-16.2)	13.1 (9.1-17.1)	9.7 (6.3-13.2)
Adults who obtain RECOMMENDED amount of EXERCISE each week	N/A	N/A	56.3 (52.0-60.6)	61.9 (57.4-66.5)	57.3 (51.7-63.0)
Adults who are MINIMALLY ACTIVE or INACTIVE	N/A	N/A	32.4 (28.4-36.5)	26.8 (22.8-30.8)	31.4 (26.0-36.9)
Children ages 0-17 years with current ASTHMA	N/A	N/A	13.0 (8.7-17.2)	4.9* (2.1-7.6)	7.6 (4.9-10.4)
Adults ever diagnosed with DEPRESSION	N/A	8.8 (6.2-11.3)	11.7 (9.0-14.4)	16.6 (13.0-20.1)	13.2 (9.5-16.8)
Adults ever diagnosed with DIABETES	4.8 (3.0-6.5)	4.7 (2.9-6.6)	4.1 (2.5-5.7)	4.5 (2.8-6.1)	4.8 (3.1-6.5)
Adults who BINGE DRINK	N/A	20.3 (16.7-23.9)	18.2 (14.7-21.7)	17.4 (13.1-21.8)	12.8 (9.0-16.6)
Adults who consume 5+ servings of FRUITS/VEGETABLES a day	N/A	13.2 (10.4-15.9)	17.8 (14.5-21.2)	19.4 (15.8-22.9)	22.7 (18.3-27.0)
Women (40+ yrs) who had a MAMMOGRAM <2 years ago	74.4 (68.5-80.3)	76.1 (69.4-82.9)	73.7 (66.3-81.1)	71.7 (65.2-78.2)	78.5 (72.2-84.7)
Adults (50+ yrs) vaccinated for INFLUENZA in the past year	N/A	N/A	N/A	42.6 (36.5-48.7)	57.3 (51.2-63.5)
Adults (65+ yrs) ever vaccinated for PNEUMONIA	N/A	60.1 (48.8-71.5)	54.6 (42.6-66.7)	57.4 (47.9-66.9)	71.5 (62.8-80.2)

^{*} The estimate is statistically unstable (relative standard error $\geq 23\%$)

SOUTH

	1997 (%)	1999 (%)	2002-03 (%)	2005 (%)	2007 (%)
٦	22.1 (18.9-25.3)	20.1 (16.8-23.4)	25.1 (21.7-28.6)	29.0 (25.2-32.8)	29.0 (24.3-33.6)
	N/A	11.0 (8.6-13.4)	N/A	18.3 (15.4-21.2)	25.5 (21.0-29.9)
١	N/A	23.0	26.8	29.0	28.9
	25.3 (21.7-28.8)	23.9 (20.2-27.6)	29.9 (26.0-33.9)	30.0 (26.0-34.0)	35.4 (30.2-40.7)
	35.9 (31.9-40.0)	38.6 (34.4-42.9)	34.8 (30.8-39.2)	38.7 (34.4-42.9)	38.0 (32.4-43.7)
	N/A	N/A	13.9 (11.1-16.7)	16.1 (12.8-19.4)	19.7 (14.9-24.5)
	N/A	N/A	45.4 (41.4-49.5)	45.6 (41.5-49.7)	51.6 (46.5-56.6)
	N/A	N/A	46.7 (42.6-50.7)	44.5 (40.4-48.6)	38.9 (34.1-43.7)
	N/A	N/A	6.0 (4.1-7.9)	9.0 (6.6-11.4)	7.8 (5.5-10.1)
	N/A	6.9 (4.8-9.0)	7.0 (5.0-9.1)	12.2 (9.3-15.2)	13.6 (9.7-17.5)
	8.6 (6.5-10.6)	7.6 (5.5-9.8)	9.1 (6.6-11.5)	11.7 (9.2-14.2)	12.3 (9.3-15.2)
	N/A	14.5 (11.4-17.7)	16.4 (13.2-19.6)	13.7 (10.6-16.8)	17.9 (13.1-22.7)
	N/A	9.9 (7.5-12.3)	8.9 (6.6-11.2)	10.7 (8.2-13.3)	12.7 (9.2-16.1)
	70.2 (64.1-76.3)	73.0 (66.4-79.7)	71.6 (64.8-78.3)	69.1 (62.5-75.8)	72.0 (64.4-79.6)
	N/A	N/A	N/A	32.4 (25.9-39.0)	43.9 (36.3-51.6)
	N/A	46.8 (34.8-58.7)	44.2 (32.0-56.5)	49.5 (38.2-60.7)	51.1 (39.7-62.5)

EAST

Adults ever diagnosed with

Adults ever diagnosed with HIGH CHOLESTEROL

Adults who are OBESE

or INACTIVE

DEPRESSION

PNEUMONIA

DIABETES

current ASTHMA

Adults who are OVERWEIGHT

Adults who SMOKE CIGARETTES

Children ages 0-17 years with

Adults ever diagnosed with

Adults ever diagnosed with

Adults who BINGE DRINK

Adults who consume 5+ servings of FRUITS/VEGETABLES a day

Women (40+ yrs) who had a MAMMOGRAM <2 years ago

Adults (50+ yrs) vaccinated for INFLUENZA in the past year

Adults (65+ yrs) ever vaccinated for

Adults who obtain RECOMMENDED amount of EXERCISE each week

Adults who are MINIMALLY ACTIVE

Children grades 5,7, & 9 who are OBESE

HYPERTENSION

1997 (%)	1999 (%)	2002-03 (%)	2005 (%)	2007 (%)
16.0 (13.6-18.3)	17.9 (15.2-20.6)	19.9 (17.1-22.7)	23.9 (20.8-26.9)	25.3 (22.0-28.5)
N/A	14.4 (12.0-16.8)	N/A	27.1 (23.8-30.3)	30.5 (26.7-34.2)
N/A	21.8	24.5	26.5	26.0
17.8 (15.3-20.4)	19.8 (17.1-22.6)	23.1 (20.1-26.1)	27.3 (23.8-30.8)	26.6 (22.5-30.6)
39.0 (35.7-42.3)	40.5 (36.9-44.1)	41.0 (37.4-44.6)	37.7 (34.0-41.3)	39.4 (35.1-43.7)
N/A	N/A	13.2 (10.8-15.7)	10.0 (7.9-12.1)	13.8 (10.7-16.9)
N/A	N/A	48.3 (44.8-51.8)	51.5 (47.8-55.1)	51.9 (47.7-56.1)
N/A	N/A	43.7 (40.2-47.1)	38.3 (34.8-41.9)	36.0 (32.0-40.1)
N/A	N/A	7.7 (5.8-9.6)	8.8 (6.5-11.1)	8.8 (6.1-11.4)
N/A	8.7 (6.8-10.6)	9.7 (7.6-11.9)	13.2 (10.5-15.8)	13.4 (10.4-16.5)
4.8 (3.4-6.1)	8.3 (6.2-10.4)	9.0 (7.0-11.1)	9.7 (7.7-11.8)	11.0 (8.8-13.3)
N/A	15.7 (13.0-18.3)	19.1 (16.3-21.9)	17.8 (14.7-20.9)	18.5 (15.0-22.0)
N/A	9.8 (7.8-11.8)	11.4 (9.1-13.7)	13.9 (11.3-16.4)	13.8 (10.7-16.9)
65.3 (59.7-70.9)	73.6 (67.9-79.3)	73.2 (67.6-78.7)	74.6 (68.8-80.3)	77.0 (71.5-82.4)
N/A	N/A	N/A	41.8 (35.9-47.7)	50.4 (47.7-56.0)
N/A	51.0 (41.3-60.7)	56.1 (45.8-66.5)	55.6 (46.2-65.0)	56.6 (48.2-64.9)



SOUTH BAY

1997 (%)	1999 (%)	2002-03 (%)	2005 (%)	2007 (%)
15.5 (13.5-17.5)	20.4 (17.8-23.0)	22.6 (20.1-25.2)	24.5 (21.6-27.4)	25.0 (22.1-28.0)
N/A	17.2 (14.8-19.5)	N/A	24.3 (21.5-27.0)	29.6 (26.4-32.8)
N/A	17.5	21.1	21.7	21.3
13.3 (11.4-15.3)	18.9 (16.3-21.4)	20.5 (18.0-23.0)	21.0 (18.2-23.8)	24.4 (20.7-28.2)
34.9 (32.1-37.7)	34.9 (31.7-38.1)	34.5 (31.5-37.5)	38.7 (35.3-42.2)	36.8 (32.9-40.7)
N/A	N/A	15.9 (13.7-18.2)	15.9 (13.4-18.4)	15.5 (12.7-18.3)
N/A	N/A	45.7 (42.7-48.8)	52.5 (49.1-55.8)	53.7 (49.8-57.5)
N/A	N/A	43.1 (40.1-46.1)	37.5 (34.3-40.7)	35.0 (31.4-38.6)
N/A	N/A	8.8 (6.9-10.8)	11.0 (8.6-13.4)	9.5 (7.2-11.9)
N/A	9.8 (7.9-11.8)	9.4 (7.6-11.1)	13.7 (11.4-16.0)	13.8 (11.0-16.5)
5.0 (3.8-6.2)	6.8 (5.1-8.5)	7.8 (6.1-9.5)	8.3 (6.6-10.0)	8.8 (6.9-10.7)
N/A	15.1 (12.7-17.5)	17.2 (14.8-19.5)	17.6 (15.0-20.3)	15.9 (12.9-18.9)
N/A	11.9 (9.8-13.9)	11.3 (9.4-13.3)	16.6 (14.1-19.1)	13.6 (11.0-16.1)
72.5 (68.1-76.9)	77.2 (72.3-82.2)	75.4 (70.8-80.0)	71.0 (65.9-76.1)	73.3 (68.4-78.1)
N/A	N/A	N/A	37.5 (32.9-42.2)	50.2 (45.5-54.8)
N/A	60.6 (52.1-69.1)	55.0 (46.4-63.5)	57.1 (49.8-64.5)	63.9 (57.1-70.6)

LOCAL DATA SOURCES & NOTES

- 1 July 1, 2006 Population and Poverty Estimates, prepared by Walter R. McDonald & Associates, Inc. (WRMA) for Urban Research, LA County CAO, released 5/18/2007.
- 2 2007 Los Angeles County Health Survey; Office of Health Assessment and Epidemiology, Los Angeles County Department of Public Health. Estimates are based on self-reported data by a random sample of 7,200 Los Angeles County adults and 5,728 parents/guardians, representative of the population in Los Angeles County.
 - **a**. For language used most often at home, Asian includes: Burmese, Cantonese, Chinese unspecified, Filipino, Indian languages, Indonesian, Japanese, Korean, Mandarin, Philippine languages, Tagalog, Thai, and Vietnamese; Other includes Other European (Armenian, Dutch, French, German, Greek, Hungarian, Italian, Polish, Portugese, Russian, Romanian, Serbian, and Swedish), Middle Eastern (Arabic, Farsi/Persian, Hebrew, and Turkish),
 - **b**. Disability was defined as a positive response to any of the following questions: Are you limited in any way in any activities because of a physical, mental or emotional problem?; Do you now have any health problem that requires you to use special equipment, such as a cane, wheelchair, a special bed or special telephone?; Do you consider yourself a person with a disability?

and Other (American Indian, Creole, Mayan, and Sign Language).

- **c**. In 2007, new methods were utilized to determine children's exposure to smoke in the home, so 2007 data are not comparable to previously published estimates of smoke exposure.
- d. American Academy of Pediatrics: AAP policy statement: Children, Adolescents, and Television (RE0043). PEDIATRICS. February 2001; 107:2 (423-426) http://aappolicy.aappublications.org/cgi/reprint/pediatrics;107/2/423.pdf.
- **e**. Unhealthy days refers to a composite of the number of reported poor physical and/or mental health days in the past month. [REFERENCE: Centers for Disease Control and Prevention. Measuring Healthy Days. Atlanta, Georgia: CDC, November 2000. http://www.cdc.gov/hrqol/pdfs/mhd.pdf; http://www.cdc.gov/hrqol/methods.htm.]
- **f**. Prevalence of current cigarette smoking in the 2007 LA County Health Survey is based on a new definition; participants must have smoked at least 100 cigarettes in their entire life and now smoke cigarettes every day or some days. The definition used to estimate current smoking prevalence in previous LA County Health Survey reports included adults who smoked fewer than 100 cigarettes in their lifetime, so the prevalence of cigarette smoking may have been overestimated.
- 3 South Coast Air Quality Management District, 2007 data.
- 4 Growing up in Los Angeles, Los Angeles County 2008 Children's ScoreCard. The Children's Council. Los Angeles County. http://thechildrenscouncil.net/Scorecards.html.
- 5 2005 Los Angeles County Health Survey; Office of Health Assessment and Epidemiology, Los Angeles County Department of Public Health. The information presented is based on self-reported data from a randomly-selected, representative sample of 6,032 Los Angeles County parents/guardians.

- **a**. Children with Special Health Care Needs (CSHCN) Screening Tool from the FACCT Foundation for Accountability. The CSHCN screener has three "definitional domains." These are: (1) Dependency on prescription medications; (2) Service use above that considered usual or routine; and (3) Functional limitations. The definitional domains are not mutually exclusive categories. A child meeting the CSHCN screener criteria for having a chronic condition may qualify for one or more definitional domains. [REFERENCE: FACCT: Foundation for Accountability. The Children with Special Health Care Needs (CSHCN) Screener. http://www.markle.org/resources/facct/doclibFiles/documentFile_446.pdf.]
 - **6** Los Angeles County Department of Public Health, Maternal, Child, and Adolescent Health Program; 2006 birth and death record data obtained from the California Department of Public Health, Center for Health Statistics, OHIR Vital Statistics Section.
 - 7 2007 California Health Interview Survey, UCLA Center for Health Policy Research.
 - **8** Los Angeles County Department of Public Health, Immunization Program, National Immunization Survey, 2007 data. 4:3:1:3:3 = 4 or more doses of DTP, 3 or more doses of poliovirus vaccine, 1 or more doses of any measles containing vaccine, 3 or more doses of Hib, plus 3 or more doses of HepB.
 - **9** Centers for Disease Control and Prevention. Youth Risk Behavior Surveillance United States, 2007. Surveillance Summaries, June 6, 2008. MMWR 2008;57(No.SS-4). http://www.cdc.gov/mmwr/PDF/ss/ss5704.pdf.
- 10 Los Angeles County public school children, grades 5, 7, and 9. Prepared by the Los Angeles County Department of Public Health, Office of Health Assessment and Epidemiology, Epidemiology Unit; Data obtained from the 2007 California Physical Fitness Testing Program, California Department of Education.
- 11 Los Angeles County Department of Public Health, Office of Health Assessment and Epidemiology, Data Collection and Analysis Unit, LAC 2006 data, National 2005 data.
- **12** Los Angeles County Department of Public Health, HIV Epidemiology, 2007 AIDS surveillance data as of December 31, 2008. Data are provisional due to reporting delay. http://publichealth.lacounty.gov/wwwfiles/ph/hae/hiv/January2009SemiannualSurveillanceSummary.pdf.
- **13** Los Angeles County Department of Public Health, Sexually Transmitted Disease Program, 2007 data; excludes cases from Long Beach and Pasadena. http://www.cdc.gov/mmwr/PDF/ss/ss5704.pdf.
- 14 Los Angeles County Department of Public Health, Tuberculosis Control Program, 2007 data. TB Cases in Pasadena and Long Beach are not included in the report because these two cities have their own TB Control Programs.

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