

## What are Mental Health Services for PLWH?

Mental Health Services for persons living with HIV (PLWH) are designed to assist people living with HIV who are also experiencing mental health challenges that interfere with their everyday functioning. These services are coordinated with a client’s specialty HIV health care provider.

## What are the goals of these services?

These services seek to improve the mental and physical health status of people living with HIV by addressing mental health stressors and challenges.

## What types of assistance can I access through these services?

- ✓ Individual Counseling
- ✓ Family Counseling
- ✓ Group Counseling
- ✓ Multi-Family Counseling
- ✓ Medical Management
- ✓ Crisis Intervention

## Where can I access these services?

AIDS Healthcare Foundation	(818) 380-2626 ext. 5733
AltaMed Health Services	(323) 869-5408
Los Angeles County Department of Mental Health	(213) 738-4717
Wesley Health Centers	(323) 201-4516 x 3040
LAC+USC Medical Center	(323) 409-8258
Northeast Valley Health Corporation	(818) 988-6335
Special Services for Groups	(213) 375-3830
St. John Well Child & Family Center	(323) 541-1411
Tarzana Treatment Centers	(818) 342-5897 x2195
Venice Family Clinic	(310) 664-7613
Being Alive	(323) 874-4322

## How do I access these services?

You can access these services by contacting the providers listed above. It is important to note that you do not need to receive mental health services in the same clinic where you access your HIV medical care. If you are not already receiving services at one of the providers above, they may need to confirm that you are Ryan White Program-eligible and they may ask you to provide documentation confirming your HIV diagnosis, current income (if any), health insurance (if any), and that you live in Los Angeles County

