

# Perinatal HIV Specialty Center Requirements

For Healthcare Administrators and Perinatal Providers



Ending  
the  
HIV  
Epidemic

HIV infection is a complex disease that affects all organ systems. Therefore, all patients with HIV must be referred to centers with expertise in treating HIV. This high level of clinical expertise is necessary due to the increased complexity of the management of HIV care, specifically during pregnancy and neonatal care.

A Perinatal Specialized HIV Care Center includes the following ***minimum*** requirements:

## A Multidisciplinary Care Model that includes the following:



- **Obstetricians with expertise in Maternal-Fetal Medicine** and the care of pregnant people with HIV, and **gynecologists with knowledge of HIV-related gynecologic abnormalities**.
- **Adult and Pediatric Infectious Disease physicians with expertise in HIV care** who are available 24 hours a day for consultation and follow-up.
- **Pediatric HIV Care** that is part of the state-approved California Children's Services HIV Specialty Care Centers (Infectious Disease and Immunology Centers).
- **Case Managers** (social workers or other care management professionals) to ensure coordination of services, access to free or affordable outpatient HIV medications, and active linkages to specialized perinatal/pediatric HIV outpatient services and community resources, including but not limited to housing services, mental health providers, transportation, and drug and alcohol treatment programs as needed.
- **Culturally competent and bilingual staff** as needed.

## A Medical Center with the following resources in place:



- Access to **state-of-the-art HIV-specific laboratory testing**, including HIV DNA and RNA PCR monitoring, diagnostic and resistance testing.
- **A Level III nursery**.
- **On-site pharmacy with 24-hour availability for all antiretroviral agents necessary** for HIV prophylaxis during pregnancy, in labor, at delivery and postpartum for the parent and neonate as well as other medications necessary to treat acute HIV complications and opportunistic infections.
- **Access to the State AIDS Drug Assistance Program (ADAP)** for outpatient medication coverage.
- **Fully developed and distributed protocols for routine and urgent implementation of preventative perinatal HIV interventions** as outlined in DHHS Guidelines and updated annually.

For questions related to Perinatal HIV Surveillance and Prevention Activities, contact Azita Naghdi at (323) 893-9095 or [anaghdi@ph.lacounty.gov](mailto:anaghdi@ph.lacounty.gov).

