



“It wasn’t easy hearing about this, but I’m glad I got treated right away.”

Learn more about Chlamydia:

- Call toll free 1-800-758-0880
- Or visit publichealth.lacounty.gov/dhsp

Chlamydia:

What You Should Do Now

Your sex partner has chlamydia (kla-MID-ee-a).

This is a curable infection people can get from having sex. You may have chlamydia, too.

Your partner has taken medication to cure chlamydia. You must take the same kind of medication as soon as you can.

Here’s what you need to know:

- Chlamydia is easy to cure. But both you and your partner(s) must take all the medicine right away.
- You can get chlamydia by having sex with the penis, vagina, or anus. You can also get it by having oral sex (mouth on penis or vagina).
- Many people have chlamydia and don’t know it.
- Some people have pain or a discharge (drip).
- If you don’t get treated, you can get very sick or you may not be able to have children.
- For women who don’t get treated and later get pregnant, chlamydia can hurt their babies.

Take the pills your partner brings you.

Your partner may bring you pills or a prescription to get them. Either way, it is important to take them as soon as you can.



Here's how to take the pills:

Azithromycin (1 gram):

Take all of the medicine at once, as soon as you get it.

- Do NOT take antacids (like Tums or Rolaids) for one hour before or two hours after you take the pills.
- Do NOT share or give these pills to anyone else!

Most people do not have problems after they take these pills.

- Some people may feel dizzy or have an upset stomach or diarrhea.
- Some women may have itching and a discharge from the vagina.

These common problems will go away on their own in a couple of days. If they don't, talk to your doctor.

The pills are very safe for most people.

- If you are pregnant, it is safe to take the pills, but you should still get a full check-up.

Talk to your doctor if:

- You have ever had a bad reaction, rash, or allergy to antibiotics.
- You have a serious illness such as kidney, heart, or liver disease.
- You are currently taking another prescribed medication.

Get a chlamydia test now.

- The test doesn't hurt. You only have to urinate (pee) in a cup.
- Anyone you've had sex with in the last 60 days should also get tested.
- Get another test in 3 months to make sure you didn't get chlamydia again.

How long does it take for the infection to go away?

It takes 7 days.

For 7 days after you take the pills:

- It is best not to have sex at all with the vagina, penis, mouth, or anus.
- If you do have sex, you must use a condom or else you could get chlamydia again.

Go to a doctor, clinic, or emergency room right away:

If you are a woman and:

- Have lower belly pain.
- Have pain with sex.
- Are vomiting.
- Have a rash or fever.

If you are a man and:

- Have pain or swelling in your testicles (balls).
- Have a rash or fever.

This may mean you may need stronger medicine. The medicine given to you MAY NOT be enough to cure the infection.

Find a clinic near you:

- Ask your partner where he or she got tested.
- Visit gettested.cdc.org or call the CDC hotline at 800-CDC-INFO or 800-232-4636
- Get tested for other STDs including syphilis and HIV.
- Protect yourself from HIV with PrEP or pre-exposure prophylaxis, a daily pill that helps you stay HIV negative.