

# Post-Exposure Prophylaxis Triage Protocol



## STEP 1 – Evaluate Exposure: Is PEP Indicated?

Was patient exposed to bodily fluid of unknown HIV status via puncture, mucous membrane, or sexual act?

NO

PEP Not Indicated

YES

Is patient presenting within 36-72 hours of exposure?

NO

Decision to initiate should be individualized. Assess for Hep B and C. Offer serial HIV testing (0, 4, and 12 weeks) and provide risk-reduction counseling.

YES

## STEP 2 – Initiate First Dose of PEP Regimen

Refer to regimens on the other side of this card.

(next step)

## STEP 3 – Perform Baseline Testing and Offer Vaccines

- **HIV test** (antibody/antigen) plus HIV RNA, if available and covered
- **Pregnancy test**, if applicable
- **GC/CT NAAT** at all sites of sexual exposure, including pharynx, rectum, and urine)
- **Syphilis testing**
- **Hep B and C serologies**

**Vaccines** recommended by LA County DPH for patients who identify as men who have sex with men (MSM) or transgender women:

- Hepatitis A/B vaccine series
- MPOX (Jynneos) vaccine
- Meningococcal conjugate vaccine
- HPV vaccine

(next step)

## STEP 4 – Provide Counseling and Referral

- Recommend transition to **PrEP** (after PEP course is complete) for persons at ongoing elevated risk for HIV transmission.
- Discuss risk-reduction strategies such as condom use, reducing the number of partners, and frequent testing for themselves and their partners.
- Refer for mental health and/or substance use programs when indicated.

# Recommended PEP Regimen for Exposed Patients $\geq 13$ Years Old

## 28-Day Regimen

Tenofovir 300mg + Emtricitabine 200mg PO qd

**PLUS**

Dolutegravir 50mg PO qd

OR

Raltegravir 400mg PO bid

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## Alternative Regimens

Tenofovir 300mg + Emtricitabine 200mg PO qd

**PLUS**

Darunavir 800mg bid **or** Atazanavir 300mg PO qd **or**  
Fosamprenavir 1400mg PO qd

**AND**

Ritonavir 100mg PO qd

**Speak with a clinician experienced in managing PEP if** exposed patient is < 13 years, pregnant, breast/chestfeeding, or requires an alternative regimen.

Call the **UCSF Clinician Consultation Center:**

**888 - 448 - 4911**

For more information regarding **PEP**, visit:

