

# CalFresh *Serving* DCFS *Children and Families*



SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP)

Need help buying food?  
CalFresh is here!

## What is CalFresh?

CalFresh, also known as the Supplemental Nutrition Assistance Program (SNAP), can add to your food budget by putting healthy food on the table. The amount you get depends on your income, expenses and household size. Most CalFresh households get more than \$200 a month. Eligible households can access their CalFresh benefits using an EBT (Electronic Benefit Transfer) card which works just like an ATM card, and it is accepted at most grocery stores and farmers' markets.

**How do you enroll?** You can apply for CalFresh online or in person:

### ONLINE

Go to [dpssbenefits.lacounty.gov](http://dpssbenefits.lacounty.gov) and click on "Your Benefits Now"

### IN PERSON

Find your local office: call **(866) 613-3777** or visit [dpssbenefits.lacounty.gov](http://dpssbenefits.lacounty.gov)

## Who qualifies for CalFresh?

- Depending on your income level, you may receive CalFresh benefits whether or not you are employed.
- Documented immigrants can also apply for CalFresh. Receiving CalFresh benefits will NOT affect recipients' current or future immigration status. Non-citizens can apply for other household members who are citizens or legal residents, such as children.

### Enrollment Tips:

**Required Documents:** Identification, Social Security Card, Proof of Income

**Medi-Cal Enrollment:** Ask about enrollment in Medi-Cal when enrolling in CalFresh

**Expedited CalFresh Services:** Typically, CalFresh applications will be processed within 30 days, but in some cases, you may receive your CalFresh benefits within three days or immediately in emergency situations. For more information on expedited services, visit [dpssbenefits.lacounty.gov](http://dpssbenefits.lacounty.gov) or call **(866) 613-3777**.

## ADDITIONAL INFORMATION

### FOR FOSTER AND RELATIVE CAREGIVERS

Families receiving foster care payments may be eligible to receive CalFresh benefits too! Talk to a CalFresh Outreach Specialist by calling **(866) 613-3777** to learn about the best option for you and your family.

### FOR TRANSITION AGE YOUTH (16-25)

Services are available to provide application assistance to former foster care youth aging-out or exiting DCFS services. Visit the "Youth" Portal on the Los Angeles County 211 website designated solely for foster youth to access an array of resources and services: [211la.org/youth-portal](http://211la.org/youth-portal).

# WIC + CalFresh = BETTER TOGETHER!

For more information on:

- WIC: visit [wicworks.ca.gov](http://wicworks.ca.gov)
- CalFresh: visit [dpssbenefits.lacounty.gov](http://dpssbenefits.lacounty.gov)

WIC and CalFresh are programs that help stretch your food dollars. If you qualify for both programs, you can get both at the same time.

