



Help Me Grow LA

PARENT AND FAMILY CAFÉ!

September 24th

October 22nd

November 19th

December 17th

All cafes will be held from
10am-11am

FREE: REGISTER HERE!



Join Us Virtually

Meetings will be held via
Microsoft Teams

[Click Here \(to join the meeting\)](#)

A safe space to gather, support other parents, share stories and experiences, plus learn about important resources for child development or special health care needs.