



# GENTLE YOGA & SOUND BATH

With Sasha & Briauna

EVERY WEDNESDAY 4PM

ALL LEVELS WELCOME

FREE TO JOIN & YOGA MAT PROVIDED



750 S PARK AVE  
POMONA, CA 91766  
UNITED STATES

*Creative Wellbeing is a strategic collaboration between the Los Angeles County Department of Arts and Culture, Office of Child Protection, Department of Mental Health, Department of Children and Family Services, the Arts for Healing and Justice Network, and Center for the Empowerment of Families as part of the LA County Arts Education Collective to advance the goals of Arts for All Children, Youth, & Families: Los Angeles County's New Regional Blueprint for Arts Education.*



**REGISTER: [tinyurl.com/PomonaYOGA](https://tinyurl.com/PomonaYOGA)**

