The Challenge: Food Insecurity and Chronic Disease

Los Angeles County is big. If it were a state, it would be the 7th most populous.

Children living in poverty:
1 in 3 Latinos
1 in 3 African Americans
1 in 10 Whites
1 in 10 Asians

Financial impact of obesity:
The obesity epidemic impacts the entire county. The total cost of overweight and obesity in LA County is estimated at $6 billion.

Food insecurity:
Approximately 1 out of every 3 households with incomes less than 300% FPL in Los Angeles County have food insecurity.

Los Angeles County is diverse.

1 out of every 2 adults are obese or overweight.

For 3.7 million low income residents, the problem is even worse.
The Approach: Empowering the Community

LOS ANGELES COUNTY DEPARTMENT OF PUBLIC HEALTH PARTNERS WITH COMMUNITY ORGANIZATIONS TO REACH PEOPLE WHERE THEY:

- Live
- Learn
- Play
- Work
- Pray

OUR EFFORTS ARE FOCUSED ON:

- Increasing consumption of fruits and vegetables
- Increasing opportunities for daily physical activity
- Decreasing sugary beverage consumption
- Increasing food security
- Decreasing risk of obesity and other chronic diseases

The Solution: Working Together

CHAMPIONS FOR CHANGE

The goal of the Champions for Change – Healthy Communities Initiative is to reduce the prevalence of obesity in low-income communities through a coordinated approach of nutrition education, physical activity promotion, community mobilization, and implementing strategies to increase access to healthy foods and opportunities for physical activity.

SPA 1
Antelope Valley Partners for Health

SPA 2
Northeast Valley Health Corporation
California State University, Northridge
- Marilyn Magaram Center
Adventist Health Glendale Foundation

SPA 3
Day One
Institute for Public Strategies

SPA 4
Occidental College – Urban & Environmental Policy Institute
Para Los Niños
Special Services for Groups
Youth Policy Institute
Episcopal Diocese

SPA 5
Children’s Hospital Los Angeles

SPA 6
Sustainable Economic Enterprises – Los Angeles
The Children’s Collective, Inc.
National Health Foundation
Los Angeles Trust for Children’s Health
Children’s Bureau of Southern California

SPA 7
YWCA of Greater Los Angeles
Human Services Association
AltaMed Health Services Corporation
The Whole Child – Mental Health & Housing

SPA 8
Social Justice Learning Institute
Lawndale Elementary School District
Office of Samoan Affairs

TARGETING SPECIFIC HEALTH NEEDS

Given the size of LA County (4,300 square miles), the Department of Public Health has divided the county into 8 geographic areas called service planning areas (SPA). This allows for more targeted public health and clinical services to meet the specific health needs of the residents in these different areas.

The Approach:

DECREASING RISK OF OBESITY AND OTHER CHRONIC DISEASES

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The Solution:

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