HEPATITIS, TYPE B, PERINATAL  (See also HEPATITIS, TYPE B)

1. **Agent**: Hepatitis B virus (HBV)

2. **Identification**: California law (Health and Safety Code, Sections 125080-125085) requires healthcare providers test all pregnant women for hepatitis B surface antigen (HBsAg) during each pregnancy even if they have been vaccinated or previously tested. All practitioners caring for pregnant women should use a standard prenatal/obstetrical panel that includes HBsAg testing. Repeat HBsAg testing on HBsAg-negative women at the time of delivery, if the woman has clinical hepatitis or is at risk for hepatitis B exposure during pregnancy. Risk factors include:
   a. recent intravenous drug use
   b. HBsAg-positive sex partner
   c. more than one sex partner in the past 6 months, or
   d. treatment for a sexually transmitted disease.

Hospitals should accept only original laboratory reports as documentation of mothers HBsAg status. Foreign lab reports are not acceptable. The Center for Disease Control and Prevention (CDC) also recommends testing all HBsAg–positive pregnant women for hepatitis B virus deoxyribonucleic acid (HBV DNA).

   a. **Symptoms**: While acute cases of hepatitis B can occur in the prenatal period, most HBsAg-positive prenatal patients are asymptomatic chronic carriers and identified by their laboratory test only. Infants infected are generally asymptomatic.

   b. **Differential Diagnosis**: Other viral, chemical, and other causes of hepatitis.

   c. **Diagnosis**: Positive confirmed HBsAg test. Infant's blood will contain maternal anti-HBc IgG, but does not indicate maternal-infant transmission.

3. **Incubation**: From 45-180 days.

4. **Reservoir**: Human.

5. **Source**: For infants, primarily maternal blood or body fluids.

6. **Transmission**: By parenteral inoculation or mucosal membrane exposure of infant to maternal blood or body fluid. Exposure usually occurs during the birth process, but transmission can occur in utero. Vaginal or caesarean deliveries have similar transmission risks.

7. **Communicability**: Maternal blood or body fluids are potentially infectious. Unless infected in utero, infants are usually non-infectious at birth since they are incubating the disease.

8. **Specific Treatment**: Treatment for chronic hepatitis B infection is available for some patients who meet clinical criteria.
   a. **Pregnant Women**:
      i. All HBsAg – positive pregnant women should be tested for HBV DNA to guide the use of maternal anti–viral therapy during pregnancy.
      ii. Pregnant women whose HBV DNA levels are above 20,000 IU/mL should be referred to a liver specialist or infectious disease specialist for evaluation. The American Association for the Study of Liver diseases recommends antiviral therapy for HBV DNA levels above 200,000 IU/mL.

   b. **Infants of HBsAg-positive mothers**: Timely administration of hepatitis B vaccine and hepatitis B immune globulin (HBIG) to infant is stressed to prevent maternal-infant transmission of hepatitis B virus.
      i. Infants should receive an intramuscular injection (IM) of hepatitis B vaccine and HBIG at different sites within 12 hours of birth. The effectiveness of HBIG more than 7 days after birth exposure is unknown; delay will compromise effectiveness.
      ii. Two additional doses of hepatitis B vaccine should be given at 1 – 2 months and 6 months of age.
iii. The initial hepatitis B vaccine does not count as part of the vaccine series for premature infants weighing less than 2,000 grams (4.4 pounds). Premature infants weighing less than 2,000 grams will need three additional doses starting at 1-2 months of age.

iv. Record the date and time of hepatitis B vaccine administration on the infant’s medication administration record and immunization record. Notify the infant’s pediatric healthcare provider of the need to provide follow up for vaccinations and post – vaccination serology testing.

v. If it is not possible to determine the mother’s HBsAg status (e.g. parent safely surrenders infant), the vaccine series should be completed according to the recommendations for infants born to HBsAg – positive mothers. Post – vaccination serology testing is recommended at 9 – 12 months of age and revaccination if necessary.

d. Infants Born to Mothers with a Negative HBsAg Status:
   i. Administer a dose of single-antigen hepatitis B vaccine to all full-term infants who are medically stable and weigh at least 2,000 grams (4.4 pounds) within 24 hours of birth. Only single – antigen Hepatitis B vaccine should be used for the birth dose.
   ii. Administer two additional doses of hepatitis B vaccine at 1-2 months and 6 months of age.
   iii. Infants weighing less than 2,000 grams should receive the first dose of hepatitis B vaccine 1 month after birth (even if weight is under 2000 gms) or at hospital discharge.

REPORTING PROCEDURES

1. Title 17, California Code of Regulations (CCR), Section 2500 requires healthcare providers to report HBsAg-positive results to the local health department within 7 days.

   CCR, Title 17, Section 2505 requires laboratories to report HBsAg-positive results (must specify gender) to the local health department within one (1) working day from the time that the laboratory notifies that healthcare provider or other person authorized to receive the report. If the laboratory that makes the positive finding received the specimen from another laboratory, the laboratory making the positive finding shall notify the local health officer of the jurisdiction in which the healthcare provider is located within the time specified above from the time the laboratory notifies the referring laboratory that submitted the specimen. If the laboratory is an out-of-state laboratory, the California laboratory that receives a report of such findings shall notify the local health officer in the same way as if the
finding had been made by the California laboratory.

2. Hospitals should report all births to women with a positive or unknown HBsAg status to the Perinatal Hepatitis B Prevention Unit (PHBPU) at the Los Angeles County Department of Public Health Immunization Program within 24 hours of birth. Fax the HOSPITAL REPORT, Perinatal Hepatitis B form to (213) 351-2781.

3. Hospitals should refer all HBsAg-positive women that delivered a baby to the PHBPU by instructing patients to call (213) 351-7400 within one week after discharge; document the referral to the PHBPU in the Discharge Summary.

   a. The PHBPU of the Vaccine Preventable Disease Control Program will case manage infants born to HBsAg-positive mothers, and sexual and household contacts of the women.

   b. Private and public providers will provide appropriate testing and hepatitis B vaccination.

Report Form:

1. PHBPU staff will complete the CONFIDENTIAL HBsAg+ CASE/HOUSEHOLD MANAGEMENT REPORT (CDPH 8546).

   2. If the patient is identified as an acute case of hepatitis B, the health district will conduct additional follow up as described in the Hepatitis B section.

Epidemiologic Data:

Many women identified as HBsAg-positive on their routine prenatal laboratory work-up are hepatitis B carriers. Obtain information to evaluate risk of transmission to infant and sexual and household contacts:

1. Estimated delivery date and anticipated hospital of delivery.

2. Anticipated provider of pediatric care.

3. Evaluate line list of contacts (sexual and/or household) for susceptibility and need for vaccination.

4. Obtain laboratory tests for all household and sexual contact:

   a. Household contact(s) – obtain the following tests to determine susceptibility to hepatitis B:

      i. Total hepatitis B core antibody (anti – Hbc)

      ii. Hepatitis B surface antigen (HBsAg)

CONTROL OF CASE, CONTACTS & CARRIERS

Investigate infant immediately to ensure receipt of HBIG and HBV vaccine.

CASE:

No restrictions. Follow-up of newborn is a public health priority. Without appropriate protection, up to 90% of newborns will be infected; if infected, 90% become carriers.

Post-Vaccination Serology Testing: Test all infants of HBsAg-positive mothers for both HBsAg and antibodies to HBsAg (anti-HBs) 1-2 months after vaccine series completion, but not before 9 months of age. Revaccinate HBsAg-negative infants with anti-HBs levels less than 10 mIU/mL with a single dose of hepatitis B vaccine and retest 1-2 months after later. If the infant’s anti – HBs levels remains less than 10mIU/mL, administer two additional doses of hepatitis B vaccine at the recommended intervals to complete the second series. Post – vaccination serology testing is recommended 1 – 2 months after the final dose.

Additional doses of hepatitis B vaccine are not recommended for infants who fail to seroconvert (anti – HBs less than 10 mIU/mL) after the completion of two three – dose series.

CONTACTS:

Investigate remaining contacts within 2 weeks (persons exposed to blood or body fluid of an infected person, regular sexual partners, and long-term household contacts to a carrier of
hepatitis B). "Long-term" contacts are defined as individuals with anticipated continuous household exposure for greater than one year (often limited to nuclear family only).

1. No restrictions.

2. Regular sexual partners are at increased risk. Obtain HBsAg and anti-HBc to evaluate susceptibility. If susceptible, administer hepatitis B vaccine to the contact.

3. Long-term household contacts of all ages are at increased risk. Obtain history of hepatitis B vaccination; if can't document vaccination, obtain serologic screening (anti-HBc and HBsAg) on all contacts, including children, to evaluate status and susceptibility. If susceptible, administer hepatitis B vaccine to the contact.

4. Vaccinate without screening regular sexual partners and long-term household contacts who firmly refuse screening for susceptibility.

5. Vaccine dosage depends on the age and vaccine manufacturer. Refer to the vaccine package insert or B 71 – Recommendations for Use and Storage of Common Immunobiologics and Other Prophylactic Agents (Hepatitis B Factsheet).

PREVENTION-EDUCATION

1. Advise HBsAg-positive prenatal patients to have additional testing (HBV DNA) during pregnancy. These patients should also be evaluated by a liver specialist or infectious disease specialist soon after infection is identified for possible liver disease and treatment.

2. Instruct HBsAg-positive prenatal patients on the importance of their newborns receiving hepatitis B vaccine and HBIG within 12 hours of birth for protection against the hepatitis B virus. Inform patient that the infant will need 2 or 3 subsequent doses of hepatitis B vaccine based on the vaccine used.

3. Instruct HBsAg-positive prenatal patients that the hepatitis B vaccine is a routine childhood immunization and that it is very important for infant to complete the full hepatitis B vaccination series.

4. The infant will need a HBsAg test and an anti-HBs test after completion of the vaccine series at age 9-18 months to ensure the effectiveness of the vaccine.

5. Breast-feeding is not contraindicated for infants undergoing hepatitis B vaccination.

6. Instruct HBsAg-positive patients on the sanitary disposal of blood and other body secretions. Advise the patient that shared articles contaminated with blood (e.g., needles, syringes, razors, toothbrushes and pedicure equipment) may transmit the disease.

7. Advise the patient that all sexual partners are at increased risk of infection; condoms may reduce their risk. Regular sexual contacts should be evaluated for susceptibility and vaccinated if susceptible.

8. Advise that long-term household contacts are at increased risk of infection. Contacts should be evaluated for susceptibility and vaccinated if susceptible.

9. Advise that a history of any viral hepatitis excludes participation in blood donor programs, under current State regulations.

DIAGNOSTIC PROCEDURES

Clinical and epidemiological history required to aid laboratory in test(s) selection.

Serology:

Container: VR serology contains a serum separator tube (SST, a red-gray top vacutainer tube) and a VIRAL, RICKETTSIAL AND CHLAMYDIAL DISEASE EXAMINATION FORM.

Examination Requested:

1. For prenatal patients: Clearly label the laboratory slip as a prenatal specimen. Test required: HBsAg.
2. **For sexual or household contacts:** Clearly label the laboratory slip “Hepatitis B Contact-Prenatal.” Perform the following tests on contacts: Anti HBc. If anti-HBc is positive, test for HBsAg.

3. **For post-vaccination of infants:** Clearly label the laboratory slip “Hepatitis B Post-Vaccination of Infant.” Perform the following tests: Anti-HBs; HBsAg.

   **Material:** Whole clotted blood.
   **Amount:** 5-7 ml.
   **Storage:** Refrigerate.