
Who Should Get the Flu Vaccine?

Even if you are healthy and don't get sick, you may need to get a flu vaccine every year. If you can check just one box below, you should get a flu vaccine this flu season! Getting a flu vaccine every year is the best way to protect yourself, your children, your family, and friends from getting sick with the flu.

Health experts recommend the following groups get a flu vaccine.

- children six months to four years of age (they are at higher risk)
- children aged six months up to their 19th birthday
- pregnant women
- people 50 years of age and older
- people of any age with certain chronic medical conditions
- people who live with or care for those at high risk for complications from flu
- people who care for children



Did you check at least one box?

Getting a flu vaccine will protect you and the people around you; including small children, seniors, and people with weakened immune systems.