

STOP

ALTO

Contact & Spore Precautions

Medidas de Precaución por Contacto y Esporas

See nurse before entering the room

Vea a la enfermera(o) antes de entrar al cuarto



**Clean hands
on room entry**
Lavese las manos
al entrar a la
habitacion



**Wear a gown
room entry**
Use una bata al
entrar al cuarto



**Wear gloves
on room entry**
Use guantes al
entrar al cuarto



**Clean hands
when exiting**
Lavese las manos
al salir

*Adapted from UCLA Health Infectious Disease Signs

Contact Precautions

Hand Hygiene

- Clean hands when entering the room and when leaving the room. Unless hands are visibly soiled and/or during care of patients with suspected or confirmed C.difficile or norovirus , the CDC recommends that Alcohol Based Hand Rub (ABHR) be preferred.
- Use soap and water as preferred method of hand hygiene for outbreaks of C. difficile and norovirus.

PPE

- Wear gown and gloves when entering the resident room.
- Dispose of PPE before leaving the room. PPE is single use.

Room Assignment

Use single-occupancy room. Cohort residents with the same organism in the same room if single-occupancy rooms not available. If resident must be placed in multi-occupancy room, separate resident beds by curtains.

Visitors

Visitors shall follow Contact/Spore Precautions as outlined above

Resident Transport

Resident hand hygiene before and after transporting the resident. Notify receiving department that Contact/Spore Precautions are required.

- Cover wounds and contain body fluids.
- Ensure residents wear clean clothes and clean their hands before leaving their room.
- When possible, transport a resident in a wheelchair or stretcher rather than in their bed.
- Cover the wheelchair or stretcher with clean linen before seating the resident.
- Wipe the wheelchair or stretcher with EPA-approved disinfectant wipes after transporting the resident.

Room Cleaning

- Use standard precautions when cleaning, including appropriate PPE use.
- Clean entire room with EPA-approved sporicidal disinfectant.
- Wipe high-touch surfaces (e.g., bedside table, doorknob, bed rails) with EPA-approved sporicidal disinfectant at minimum daily.
- Dedicate the use of equipment to a single resident.
- Use single-resident disposable items whenever possible.
- Disinfect reusable shared care equipment using the EPA-approved disinfectant before use on another resident.

Ambulation

- To ambulate the resident outside of room, ensure resident is clean, continent and cooperative.

Content adapted from UCLA Health Infectious Disease Signs

Los Angeles County Department of Public Health

publichealth.lacounty.gov/acd/SNF.htm

Airborne Precaution, Rev. 9-9-24

