

Contact Precautions

Hand Hygiene

- Clean hands when entering the room and when leaving the room.

PPE

- Wear gown and gloves on entry to resident room.
- Dispose of PPE before leaving the room. PPE is single use.

Room Assignment

Use single-occupancy room. Cohort residents with the same organism in the same room if single-occupancy rooms not available. If resident must be placed in multi-occupancy room, separate residents bed by curtain.

Visitors

Visitors shall follow Contact Precautions as outlined above

Resident Transport

Practice hand hygiene before and after transporting the resident. Notify receiving department that Contact Precautions are required.

- Cover wounds and contain body fluids.
- Ensure residents wear clean clothes and clean their hands before leaving their room.
- When possible, transport a resident in a wheelchair or stretcher rather than in their bed.
- Cover the wheelchair or stretcher with clean linen before seating the resident.
- Wipe the wheelchair or stretcher with EPA-approved disinfectant wipes after transporting the resident.

Room Cleaning

- Use standard precautions while cleaning, including appropriate PPE use.
- Dedicate the use of equipment to a single resident.
- Use single-resident disposable items whenever possible.
- Disinfect reusable shared care equipment using the EPA -approved disinfectant before use on another resident.

Ambulation

- To ambulate the resident outside of room, ensure resident is clean, continent and cooperative.

Content adapted from UCLA Health Infectious Disease Signs