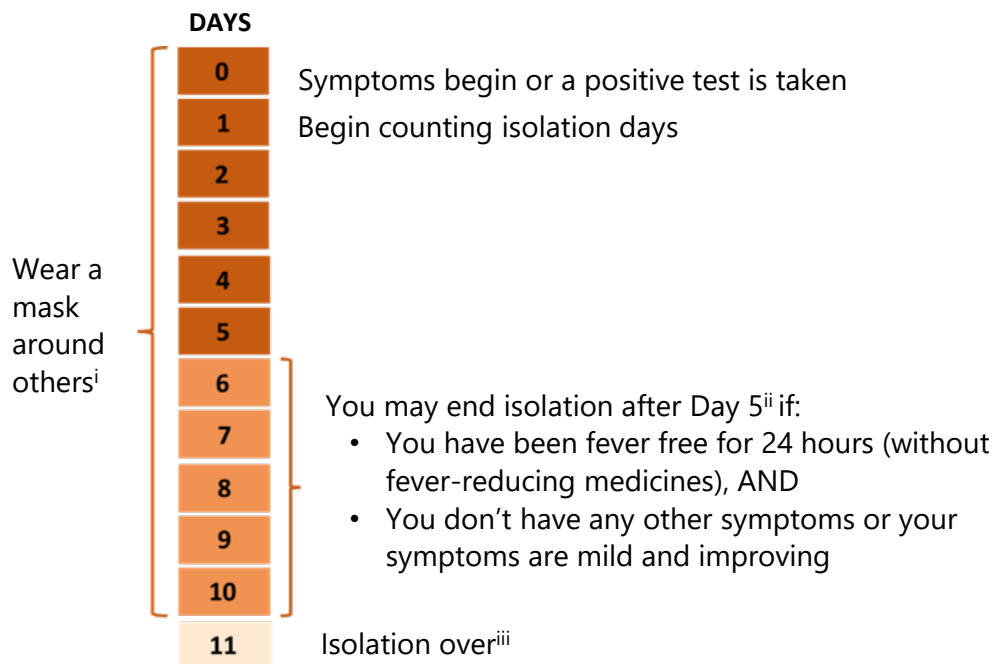# GUIDELINES FOR EDUCATION SETTINGS ISOLATION FLOW CHART

Have you tested positive for COVID-19?

yes

Stay home for at least 5 days, regardless of vaccination or symptom status.

ISOLATION

DAYS

0	Symptoms begin or a positive test is taken
1	Begin counting isolation days
2	
3	
4	
5	

Wear a mask around others[i]

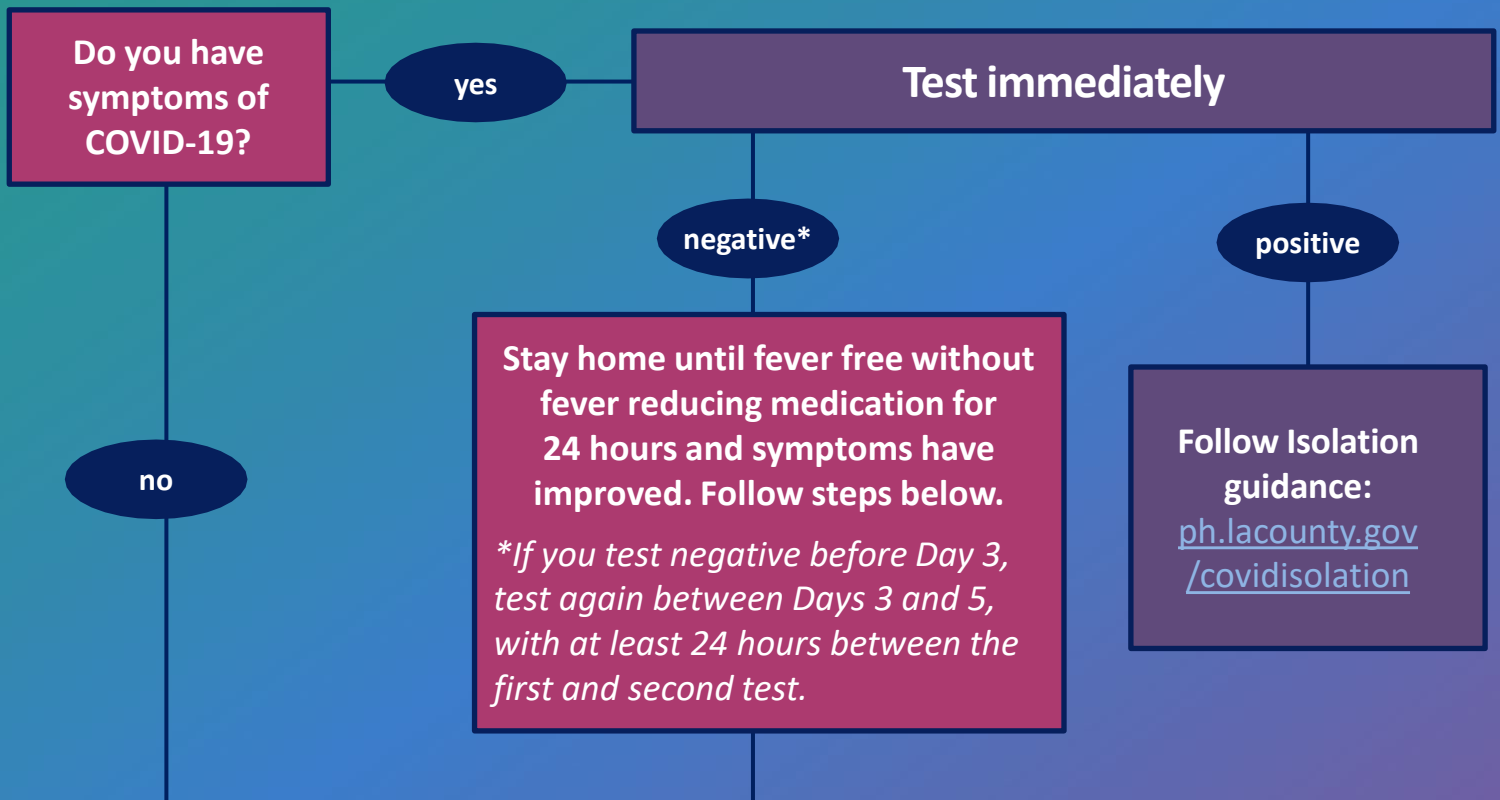|	
6	You may end isolation after Day 5[ii] if:
7	• You have been fever free for 24 hours (without fever-reducing medicines), AND
8	• You don't have any other symptoms or your symptoms are mild and improving
9	
10	
11	Isolation over[iii]

i. If you meet the criteria to end isolation after Day 5, you may stop wearing a mask if you have two negative COVID-19 tests in a row that were taken at least a day apart.

ii. LAC DPH *strongly recommends* that you get a negative test for COVID-19 before ending isolation between Day 6-10. If you do test, it is best to use antigen tests (including self-tests) to lower the risk of false positives.

iii. If you still have a fever, stay in isolation until 24 hours after your fever resolves. If you are immunocompromised or had severe COVID-19, talk with your doctor about when you can be around others.

• See full isolation instructions at ph.lacounty.gov/covidisolation. Staff who test positive for COVID-19 must follow Cal/OSHA COVID-19 Prevention Non-Emergency Regulations.

• Tell your close contacts they have been exposed and should follow the instructions for close contacts at ph.lacounty.gov/covidcontacts.

• You may be able to get free COVID-19 treatment, which can prevent you from getting very sick and help keep you out of the hospital. See ph.lacounty.gov/covidmedicines.

COUNTY OF LOS ANGELES Public Health

GUIDELINES FOR EDUCATION SETTINGS
CLOSE CONTACT FLOW CHART

You are a "close contact" if you shared the same indoor airspace with someone with COVID-19 for a total of 15 minutes or more over a 24-hour period while they were infectious.

Do you have symptoms of COVID-19?

— yes → **Test immediately**

— no

negative*

positive

Stay home until fever free without fever reducing medication for 24 hours and symptoms have improved. Follow steps below.

If you test negative before Day 3, test again between Days 3 and 5, with at least 24 hours between the first and second test.

Follow Isolation guidance:
ph.lacounty.gov/covidisolation

If you are a close contact and do not have symptoms, you should take the following steps to reduce the risk of spreading COVID-19 to others:

1. **Wear a well-fitting mask** around others especially indoors, except when eating or drinking, for 10 days after the last date of exposure.
   - Children less than 2 years old should not wear a mask. They may remain on site if they are monitored for symptoms and are tested, with an approved test for children less than 2 years old, within 3-5 days after the last date of exposure.
2. **Test for COVID-19** within 3-5 days after the last date of exposure.
   - If you or someone you live with is at higher risk for severe disease, test immediately after exposure. If you test negative before Day 3, retest during Days 3-5 after exposure, with at least 24 hours between the first and second test.
   - If you tested positive for COVID-19 within the last 30 days, testing is not recommended unless you develop symptoms.
3. **Monitor symptoms** for 10 days. If you develop symptoms, test immediately.

ph.lacounty.gov/covidcontacts