COVID-19 Vaccine Facts:
Pregnancy and Breastfeeding

WHY GET VACCINATED FOR COVID-19

- **Vaccination is the BEST way to protect your newborn** against serious health problems from COVID-19. When you are vaccinated, you pass protection against COVID-19 to your baby even before they are born.
- **Vaccination lowers your risk of getting very sick with COVID-19 while pregnant.** Pregnant people with COVID-19 are more likely to get very sick and be hospitalized or give birth earlier than those without COVID-19.
- **The COVID-19 vaccine has been updated to protect against current circulating strains of COVID-19**. The vaccine is recommended during pregnancy and breastfeeding by every major maternal health organization.

WHEN TO GET VACCINATED

It is important to stay up to date with your COVID-19 vaccine when you are pregnant.

- You can get the updated COVID-19 vaccine at **any stage of your pregnancy and when you are breastfeeding.**
- **You can get the COVID-19 vaccine at the same time as other vaccines** recommended during pregnancy, including flu, Tdap, and RSV.

VACCINES ARE SAFE FOR PREGNANT PEOPLE.

- Studies and safety monitoring of people who were vaccinated while they were pregnant showed no increased risk of pregnancy complications or birth defects.
- None of the COVID-19 vaccines contain the live virus. The vaccines cannot give COVID to you or your baby.

If you have questions, talk to your doctor. You can also call 1-866- 626-6847, text 855.999.8525, email ContactUs@mothertobaby.org or chat at mothertobaby.org/ask-an-expert.

Your medical insurance will cover the cost of your COVID-19 vaccine.

- If you do not have insurance or need assistance finding where to get your COVID-19 vaccine, visit **publichealth.lacounty.gov/vaccines** and click on GET VACCINATED or call **1-833-540-0473** between 8am - 8pm. You can also call 2-1-1 or ask your doctor.
- You will not be asked about your immigration status when you get vaccinated.
- In-home vaccination is also available. For more information visit VaccinateLACounty.com and click on In-Home Vaccines.

VaccinateLACounty.com

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COUNTY OF LOS ANGELES
Public Health